



International Viewpoints



“May the *Tech* be with You!”

May 2010 and Spring is Here!

– except in Australia, S. Africa and S. America

Editor-in-Chief: Rolf Krause
Webmasters: Angel Piercy,
Flemming Funch
Assistant editors: Judith Anderson,
Agnes Araujo,
Tom Feltz,
Conal Clynch.
Tony Geir.
Guest editors.

Board of directors:

Morten Lütken, Lars Peter Schultz.
Ole Gerstrom, Claus B. Hansen, Rolf Krause.
Patron: Antony Phillips.

Aims of IVy Magazine:

Updated September, 2008

"To provide an independent publication and forum to the meta-scientology community."

The meta-scientology community, sometimes called 'the Freezone' or 'the independent field', comprises people interested in the technology and philosophy of L. Ron Hubbard and the application thereof. A part of the community is working on new developments in this field of self-improvement and IVy covers that as well. We embrace Hubbard's original work, including the axioms, the basic teachings and the technology, but see the subject as a developing field of applied philosophy and spiritual technology.

IVy has no affiliation to the current CoS, nor has it any economical affiliations to any independent tech delivery group. IVy stands for freedom of speech and accurate, reflective reporting. Community members are free and most welcome to present their diverging views; that is part of the IVy mission. As long as a contribution is based on fact or personal experience, and likely to be of interest to the community, it will be considered for publication.

Our three main activities are:

- 1) The publication of the subscription magazine 'International Viewpoints' (IVy). This magazine will be in electronic form and appear at least 4 times a year.
- 2) maintaining the website IVyMag.org
- 3) Conducting online discussion forums – open to subscribers of IVy.



Contact Address: IVyMag@ivymag.org

Website: IVyMag.org

© Copyright 2009. All materials are copyrighted by the authors and artists or by IVy Magazine

Here is a little preview of IVy 106:

In this issue of IVY we have some interesting material on the person who first coined the word, "Scientologie". It was actually a German Argentinian, Dr. Nordenholz.

We also have two articles related to NOTs. First, Ken Urquhart weighs in on who originated this technology. Secondly, we have an article on what is dubbed the "File Clerk NOTs Technique" that some experienced Solo Nots Auditors may find interesting.

There are many interesting articles in this issue of philosophical and historical nature. I hope you will enjoy this the second issue of the second year of Cyber IVY.

Editor-in-Chief

Rolf Krause,
Denmark



Rolf K, Editor-in-Chief

Content of IVy 106

April, May 2010

Page 4: Everyday Miracles

by Agnes Araujo

The author works in adult education and tells here how she applies study tech and dianetics in her work. An amazing story from her work with Native Americans in British Columbia.

Page 8: Nordenholz's Scientologie

by Joachim Steingrubner, Brazil

The author has had unique access to sources in East Germany and elsewhere and suggests that Hubbard knew of Nordenholz's work as early as during world war II.

Page 15: Honesty

By Per Schiøttz, Denmark

Per explains how our emotions and our thoughts have to be in balance and harmony with each other before we can achieve honest communication and perfect relationships with spouse and friends.

Page 21: The NOTs Materials, Who Wrote Them?

by Ken Urquhart, USA

The author was LRHs personal communicator for years and has an intimate knowledge of LRHs writing style. What does he have to say about the question whether David Mayo or LRH authored NOTs?

Page 23: The "File Clerk" NOTs Technique

by Ed Marco, Australia

This article describes an experimental method of running NOTs. It is amazingly simple and has produced excellent TA for the author, whos is an experienced Class VI C/S.

Page 31: A Free Scientology Lunch

by Michel Moore, IFA

Scientology materials galore float on the internet and are free for the taking. Still, the author points out, one should keep in one's exchange. This can be done in various ways...

Page 33: The Real Opponent of Creativity

by Heidrun Beer, Austria

The author reflects on what's the real enemy of creativity. Is it the obvious and willful destruction caused by others? is it cut-throat competition? or is it something else? How do we optimize our creativity in a challenging environment?

Page 39: London Org in the Late 50s

By Antony Phillips

IVy's long time editor tells about an important part of Scientology history that he experienced first hand.

Everyday Miracles

By Agnes Araujo, Canada

WHAT FOLLOWS was precipitated by a chance-encounter this Christmas Eve which inspired me to write about my experiences with study tech when I was in Alert Bay located on Cormorant Island northeast of Vancouver Island, British Columbia, Canada.

I had gone to that tiny aboriginal village in 2000 to execute a special literacy project with the view of raising the reading and writing level of students to a sufficiently high level to make them employable. I was so successful and so persuasive, that I succeeded in extending the program from one year to two, to the delight of everyone concerned. What I am about to relate will be of particular interest to the readers of this magazine, but would definitely surprise my students who considered me just an ordinary teacher. One day during class, I noticed that a particular student was not moving in her studies. She also seemed eager not to make this obvious. I took her aside to a quiet spot where we could be alone and asked her how she was doing with the assignment I had given her.



"I was hoping you wouldn't notice, but I am totally blocked, and I cannot seem to go on." This interested me greatly. (She was 36 years old and a mother of two children.) After having done the standard checking of what might have been misunderstood, I decided to do something radical and more interesting to me. I wanted to find out whether she had had earlier similar experiences

with study. This young woman's reading level was at about Grade 4 [age 9 to 10], and she definitely had very rudimentary knowledge of the world and academics.

That was no deterrent to me. I moved her quickly into a past life, and sure enough there was a major incident there having to do with studies.

Earlier Stops

Here is her story. Her parents had both died in a car crash in New York.

She gave me their names, her name, and the date of the accident. I could go into the archives and verify the data, if I so wished. She was only six years old and was taken by her auntie who raised her in her mansion. The child spent many hours alone and had no friends other than the servants. Her auntie was a socialite and would dress her up for her social do's. Stephanie, my

student's name in that lifetime, had gorgeous long flowing blond hair and was always "all decked out," in her words.

Her auntie sent her to a prestigious school in New York to study agronomy. I asked my student for the name of the school. "I can't see the lettering too well because it is behind some trees, but it seems to be Jewish. Anyway, everybody there is obviously very, very wealthy."

She bought all the books and sat in class dutifully and smiled at the professors, but this one man really scared her. She was also quite unhappy because she was totally lost and didn't know why her auntie had sent her to that school.

She asked me: "Oh, by the way, Agnes, what does 'ecological' mean?" I told her.

She decided that she had had enough of her auntie and the school. So she saved her money, and when she thought she had enough saved, she ran away from home and checked into a hotel near Central Park. No luggage, no extra clothes. She had one friend, a black girl who often traveled on the bus with her who contacted her at the hotel. Stephanie advised her not to disclose her whereabouts, and her friend didn't.

When her money ran out, Stephanie sat on a bench in Central Park and was picked up by a pimp. "Oh, man, Agnes, I did the streets for two years!! I took a drug overdose and was rushed to hospital, and died there." Huge sigh.

The Blown Student

I ran the incident, and she exteriorized. Her face became very bright. I then asked her how she had come to Alert Bay so far away from New York. She replied, "I wanted to get away from that life and go as far away as possible."

She then described her birth in the village for me. Amazing! In the course of our conversation, she mentioned that one day her auntie had taken her to see a lawyer. As she looked at that man, she suddenly cried out in recognition: "That's my husband in this lifetime!"

That lawyer and her auntie, she realized, as I talked to her in present time, were cheating her of her inheritance. Her auntie could keep using Stephanie's money as long as she lived with her.

Ironically, that lawyer who became her husband in this lifetime is incarcerated in the jail I work in, believe it or not! He'll be there for a long time on a charge of second degree murder. Who would have thunk it? Truth is more interesting than fiction.

To continue the story, Pauline, my student, wanted to know about her falling sensation when she was

painting the roof of the village library. Pauline now knew she had found someone really useful to her! Well, we discovered that she had died by falling off a horse when she (he, at that time,) was fighting the British. I didn't bother with the



Traffic, NYC

details.

From an academic viewpoint, I also wanted to know whether she had ever studied for any extended time in the past. She looked this over, and realized that she has never studied anything for many, many centuries, and had only learned a few basics in order to survive, especially arithmetic. We located other lives which were quite ordinary. I have covered only the highlights of this story. I also had to clear up all sorts of upsets in her schooling this lifetime, one of which included having copied a whole article from an encyclopaedia and being totally mystified as to why the teacher was displeased with her and failed her in the assignment.

A Better Outcome

In our terms Pauline was ready "to blow" my class. She did tell me that if she did not complete the

course with me, she would never return to school again. Well, I absolutely was not going to allow that, but I did not tell her so. She did complete the intermediate level, but it was still not sufficient to obtain a position which paid well. However, Pauline is so full of life and 'heart' that she has not been unemployed since that program.

This is only one story among many, many stories, but since this story has become quite lengthy, I leave the other stories for another time.

Watch for the next installment.

P. S. I have changed the names of my student in the interests of privacy.



Change your postulates, change your Life.

If you would like to improve the Life you're living, clean up your postulates.

While doing that myself, I found some hidden postulates from my childhood, which were running my present Life.

I've changed some of those postulates, and thus my present Life is changing.

Contact me if you want sessions in Denmark.

Claus@Mostprivate.dk



Attend IVy's 2010 Scandinavian Conference

*See You in Copenhagen:
Saturday 28 and Sunday 29, August 2010*

The program is not yet ready and it also depends on You!
Part of the conference is "Open Space", which means that we're co-creating the conference. If there are subjects you would like to speak about or that you would like discussed, or an activity you would like to see happen, we invite you to take a lead and propose or lead them. An Open Space Conference means you can participate from a level of cause.

The price is 300 DKr. (or 40 Euro) including lunch and refreshments both days. You can pay on arrival.

For more info and reservation, email Ivy at: ivymag@ivymag.org

Some Black Humor



Nordenholz's Scientologie: Coincidence or Rip-Off?

A Controversy

By Joachim Steingrubner

The most remarkable thing about Scientologie by Nordenholz is that it exists at all. A certain organization we know, would like to maintain that the subject of "Scientology" was originated in 1954, and it would furthermore like to claim ownership to the word "Scientology" as a trademark and stop others from using it freely.

There could be arguments for and against that position. Personally, I think the word itself has served its use, and might no longer be needed. Nevertheless, I do not approve of anyone attempting to monopolize wisdom under any name. This book should surely be a thorn in the eye of anyone seeking to monopolize Scientology.

Scientologie was published in 1934, twenty years before Hubbard published anything with the title Scientology. The book bears sufficient semblance to Hubbard's subject to claim to be a precursor to it. Nordenholz was there first! He wrote a book about the science of knowing how to know, and he based it on axioms. He went down a number of the same avenues that Hubbard later would follow. Nordenholz did not trademark his subject and the copyrights of his book expired

years ago. Scientologie should therefore be in the public domain by now. If nothing else, it ought to be good material for legal protection for anyone being attacked for practicing Scientology.

The book was written and published in German. Little more is known about the author but that he was born in Argentina, that he was a doctor of law, and that he was a philosopher. The book was never published in English, but a translation published in 1968 is circulating. Nordenholz called his subject Scientologie which would be the proper German spelling. However, a couple

of pages in the book were written in English by the publisher. In these the subject is described as Scientology.

Nordenholz' book, Scientologie (1934), bears sufficient semblance to Hubbard's subject to claim to be a precursor to it. Nordenholz was there first! He wrote a book about the science of knowing how to know, and he based it on axioms.

Nordenholz wrote several other books on similar subjects. One of the titles that caught my attention was (translated) as World as Individuation: The

Design-plan of an Individuation Progression, written in 1927. Individuation progression? This sounds like a Grade Chart, does it not?

Content of Scientologie

Now, on to the actual contents of the book. First

of all, I really do not know if Hubbard knew of this book, or if it is just a coincidence that he named his subject Scientologie. There are some definite parallels but there is no clear indication that there should be a direct connection. Below is a comparison.

Nordenholz sets out to establish a theoretical system for the understanding consciousness and knowing. He says that one could easily argue in circles on such subjects without getting anywhere. To avoid that, he bases the study on certain postulated axioms that he then goes ahead and checks for validity. He makes sure to point out initially that they should not be accepted as truth. They are merely proposed principles, and he proceeds to exemplify them in a systematic, recursive(1) manner.

Comparison between Scientologie and Scientology

Three main axioms are proposed here. They are delivered in a very dense and formal language. After a bit of deciphering it becomes clear that his Axioms 1 and 2 are directly represented in Hubbard's Scientology Axioms 1 and 2. His Axiom 1 basically says that the basic nature of a being is as a detached, absolute source outside

the universe which manifests itself as a conscious Being inside the universe. Axiom 2 basically says that consciousness can imagine (consider) something and make it so, and that the world basically is formed as an agreed-upon collection of created pictures. Axiom 3 describes what is essentially the two-pole universe, how a wholeness (or wholes) can be split into parts and all sorts of phenomena come out of that. Nordenholz uses very specific words constructed from Greek and gets much more complex than Hubbard. Both seem to have had a fondness for the construction of new words.



Dr. Anastasius Nordenholz

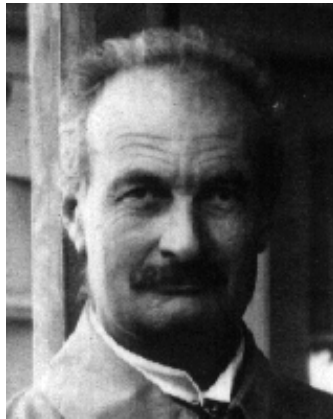
Parallel Concepts between Scientologie and Scientology

Let me briefly summarize some of the other concepts that might parallel Hubbard's works. Nordenholz asserts the rights to self-determination and freedom of choice for individuals (the rights of a thetan). Much of what he says involves ideas encompassing the dynamics, such as moving upwards towards "unity" and downwards towards "multiplicity". He presents it as an overall goal, to move towards unity through the integration of

(1) recursive: 1 : of, relating to, or involving recursion <a recursive function in a computer program>
2 : of, relating to, or constituting a procedure that can repeat itself indefinitely <a recursive rule in a grammar> Merriam-Webster Dictionary.

multiplicities. That is, reversing the fragmentation of beings and getting back towards absolute unity. He posits that a Being has the abilities of immanence (permeation) and transcendence (exteriorization). He describes life as a game, and defines a game as a playing space with borders and freedoms and self-assertion.

So, if we look carefully we can see roots of what later became basics in Hubbard's Scientology. That doesn't prove anything in itself, of course. We can find elements of Scientology principles in many philosophical or religious works, which is in part because some of them are actual universal principles which exist no matter what Hubbard, or Korzybsky, or Nordenholz, or whoever would say about them. Truth can not really be owned or trademarked. Words can sometimes, but not if somebody puts them in the public domain first, as it appears to be in this case.



Nordenholz

Nordenholz's Writing Style

Most of the philosophical models that Nordenholz presents seem fairly meaningful,

albeit rather overly minutely differentiated and hence difficult to comprehend. Therefore this book is strenuous to read and grasp. It is so abstract there is not a single example or a single reference to anything observable in the physical universe. Nordenholz seems to have belonged to a school of philosophy which privileged abstraction without examples. Nordenholz makes many references to the theories of Kant (2) and Schopenhauer (3).

A contemporary reader either of those two philosophers and Scientologie is likely to experience the lack of mass phenomena. (Lack of mass: Studying without mass will give you physical reactions. If you study with too little mass available you will feel squashed, dizzy, bored, or exasperated. You might even get sick.)

After reading a book like this one can really appreciate how stellar a communicator Hubbard was. It is interesting to study his sources, yet this does not really subtract much from his own accomplishments. Hubbard obviously succeeded in communicating these subjects in a far more understandable and inspiring way than most leading philosophers of his day. If it had been just up to Nordenholz, the word Scientologie would never have become a

(2) **Immanuel Kant:** (22 April 1724 – 12 February 1804) was an 18th-century German philosopher. Kant was the last influential philosopher of modern Europe in the classic sequence of the theory of knowledge during the Enlightenment, beginning with thinkers John Locke, George Berkeley, and David Hume.

(3) **Arthur Schopenhauer:** (22 February 1788 – 21 September 1860) was a German philosopher known for his atheistic pessimism and philosophical clarity. At age 25, he published his doctoral dissertation, *On the Fourfold Root of the Principle of Sufficient Reason*, which examined the fundamental question of whether reason alone can unlock answers about the world.

household word, and the ideas grouped under that heading would never have made it very far.

If you are practicing anything even remotely like Scientology, this is an important book, even if you are not planning on reading it. Its existence alone should justify your right to discuss and practice a like subject, and you should be able to call it Scientology.

Dr. Anastasius Nordenholz - His Life (© 1995 by Freie Zone e.V.)

"Dr. Anastasius Nordenholz was born on February 1st, 1862, in Buenos Aires, Argentina. He spent his early years in Argentina and came to Germany when he was 16. He qualified for entrance to a university in Berlin and began to study law, political economics, and philosophy. His studies led him from Berlin to Zurich and Jena, then on to Munich, where he remained until approximately 1905 in order to devote himself entirely to his studies as a private scholar.

"Economic problems stood in the foreground of his investigations. In 1904, his publication of political economics entitled *Allgemeine Theorie der gesellschaftlichen Produktion* (General Theory of the Production in Society) was published. In his philosophical thinking he was linked with Schopenhauer and he examined Kant's criticism. He focused his thoughts and examinations on the science of human thinking and knowledge.

"In 1927 his book *Welt als Individuation - Entwurf eines Individuationismus* (World as Individuation - Concept of an Individuationism) followed. A supplement of

the Publishing House Felix Meiner in Leipzig was added at that time:

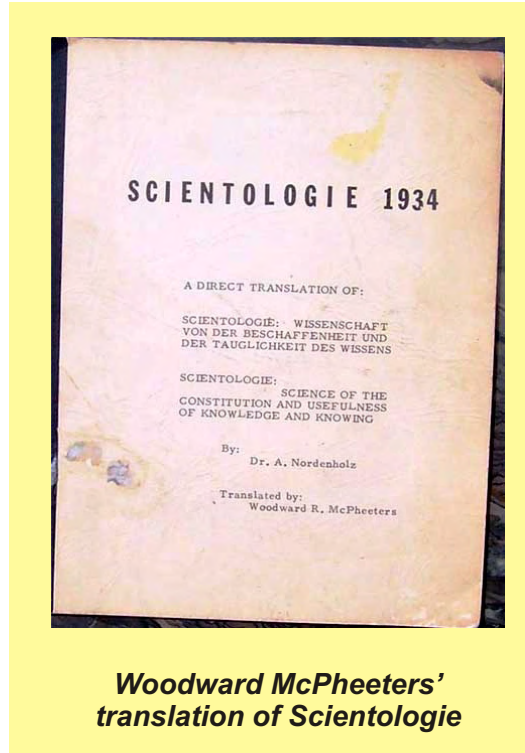
"The author wants to unify the two big tendencies of European Spirituality, namely Kant's criticism and Darwin's selectionism. He tries to place the means of thinking of both directions in a neutral conceptional system and therewith tries to obtain a starting point in order to actually establish a critical statement regarding our conceptual thinking. The new unification is called individuationism. Hence a methodology of thinking of the world is signified which is based on the assumption of a world creative role of individuation. Within individuation, the inner circle of the consciousness and the outer circle of the senses have one and the same denominator. Perhaps we find here the decisive word for a solution to the rational-irrational crisis from which our actual conceptual thinking suffers.

"In 1934 his work *Scientologie - Wissenschaft von der Beschaffenheit und Tauglichkeit des Wissens* (Scientology Science of the Constitution and Usefulness of Knowledge) was published.

"After World War I, Dr. A. Nordenholz returned to his home country, Argentina. There he spent the remainder of his life in Las Rosas, Santa Fe, and went to Germany only as a visitor. In the middle of this incomplete scientific work, Dr. Anastasius Nordenholz died on September 21st, 1953, at the age of 91 in Santa Fe, Argentina." (end of quote from the 1995 Freie Zone e.V. printing.)

The History of Scientologie within Scientology: Stranger than Fiction

The World War against Germany was at its height. The attack on Pearl Harbor had been a shock for the United States of America. A US Navy war transport on the way to the South Pacific had to change its destination and wait in Brisbane, Australia, for further commands. The Japanese had effectively cut off the sea route, far away from any action in battle. Some of its crew would have been ill-prepared anyway, at least for battle as we know it. But that was alright, as its purpose had nothing to do with conventional battle. On board was a strange mixture of wannabe philosophers, magicians, writers, and historians. Their goal was to investigate whatever esoteric roots there were in the Nazi-way of thinking that could be used against them and their propaganda.



Woodward McPheeters' translation of Scientologie

At that time, nobody would have thought that one member of that odd crew, would, many years later, call himself 'Commodore' and present humankind with humble gifts of wisdom, nor that another member would be the first in history to be declared a 'Suppressive Person (SP)'. Whatever they were doing at that time, nobody will ever come to know in full, not even if their 'work' had really been commissioned by the Office of Naval Intelligence or if it had been a self-assigned duty. Trouble-makers they were, at least some of them. But all that did not matter at the time, nor later. At stake was the future of humankind. This

odd crew, at least formally part of the Office of Naval Intelligence, (and that only for a short time), was determined to find the causes of the insanity of Hitler and all despots in general, and, even more importantly, how to defeat them. In their minds, they were the true heroes of the war, of all wars, makers of history, past, present, and future.

One of the books they laid their hands on was a book peddled to the Nazis a few years before the beginning of the war, written by an Argentinian of German heritage. Within its 137 pages, its Foreword proclaimed a universal truth about the way humans think and act was formulated, the ultimate answer of what science is all about: knowing how to know. However, its author had not been welcomed by the Nazi authorities, and he returned to his home in Argentina at the outset of the war. Neither was the book a bestseller. Only 300 copies of

both of its versions were printed, one in 1934 and a revision in 1937, and both runs were paid for by the author himself. One of the many remaining unanswered questions is: What was the fascination with that little book for the odd crew of members of the Office of Navy Intelligence?

As neither the ship nor its crew was able to do battle, so were the men not fit to translate a book written in the strange language of German philosophers of centuries past. As if this would not be already complex enough, new words, constructed from Greek, archaic expressions,

long-winded, complicated phrases, and there were strange tables explaining formulas which seemed to be of mathematical nature. But Woodward McPheeters, a son of an Irish immigrant, grew up in the German-speaking household of his mother and, equipped with some dictionaries, he explained to one of his partners, a certain Lafayette Ronald Hubbard, the philosophical ideas expressed in the little book of Anastasius Nordenholz, an Argentinian private scholar in Germany.

It comes therefore as quite a surprise that some of Scientologie became actually understood, and it is no surprise that a few things were totally misunderstood. Let's take the point of Nordenholz with whom he tried to please the Nazis: any group has the innate right to defend itself against its enemies, he explained. It is fair enough, after all, in the competition for survival. If necessary, in the very extreme, even the extinction of the enemy must be contemplated. McPheeters' translation of Nordenholz' justification of the holocaust thus became 'Fair Game'.

But, of course, 'Fair Game' (4) in English has a completely different meaning from the literal one used by Nordenholz. And 'Fair Game' as known in the English language, McPheeters would become himself only a few decades later. Meeting Hubbard again in the early 50s and having a copy of Nordenholz book along with a crude translation of parts thereof, McPheeters persuaded Hubbard to peruse what they had studied together during their brief encounter at

wartime. Hubbard did exactly that and swiftly forgot from where he drew it. 15 years had passed. McPheeters did not forget. When he pressured Hubbard to acknowledge Nordenholz' influence on his work, he was ousted.

Some think that it was at that point that 'Scientology' as an organization started to go downhill. The 'Suppressive Person tech' was created primarily to justify the violence with which McPheeters was driven out of Hubbard's kingdom. Once created, it took a life of its own, demonizing Hubbard's enemies even further and establishing an internal justification for criminal and harmful acts. McPheeters answered by publishing his translation of the Nordenholz book in 1968 in California, only to see himself running for his life, being hunted like 'Fair Game', and finally hiding-out in the wilderness of Montana, until not even his only remaining friends, themselves forced into the underground, received any signs of life from him anymore some time around the 80s.

Hubbard's dream ended right there and then, and a nightmare began. Yes, everything has a beginning, is changing, and finally comes to an end, an observation that Hubbard attributed to the Indian thinkers, even alluding himself to be the new Buddha. But it could have been straight from Nordenholz as well. It was the end of 'Scientology' as a dream: an answer not only to the insanity Nazi propaganda but to all the 'aberrations' in the world. This end was a sticky one.



(4) **Fair Game:** noun: a person who is the aim of an attack (especially a victim of ridicule or exploitation) by some hostile person or influence ("Everyone was fair game"). www.alphadictionary.com

About Joachim Steingrubner

Joachim Steingrubner, OT16 (CBR), Sea Org Member on a Leave of Absence for the last 25 years, once the owner of the only remaining copies of both the 1937 and 1934 of Nordenholz' book. Close friend of The Pilot before his identity was discovered by the "Church" and a partner of a number of illustrious persons who don't want their identities disclosed.

Joachim has for many years been a tech developer and claims to have developed the fastest and farthest-reaching Bridge. He has incorporated African and Indian elements in his spiritual technology. He is currently living in Brazil. Joachim studied Hegel, Schopenhauer, and Kant, etc. as a young man and attended some of the last classes of Theodor W. Adorno before Adorno's death in 1969. Joachim has studied Indian languages and philosophy which, according to Joachim, hold the key to the understanding of Nordenholz.

A Comment by Antony Phillips

[This article was edited by Agnes Araujo in association with Antony Phillips. Sources for the data on Woodie McPheeters and his connection with Hubbard are known, but do not wish to be made public. Why? I guess partly because they want to live a quiet private life, and also the idea of "Fair Game" is not dead in the remnants of Hubbard's organisation. Personally I think the reader's attention could well be better placed on speculating on the effect of having such a withhold could have had on Hubbard's case progress and life, together with the possibility that the Intelligence service Hubbard worked for might have their own idea of "Fair Game" for some one if they disclosed at a later date involvement in secret work. There are copies available of the 1995 printing of the 1934 edition, both in German and an English translation, write for example to: ant.phillips@post8.tele.dk <mailto:ant.phillips@post8.tele.dk> In 1996-8 C.B.Willis wrote five articles in IVy on Nordenholz' book Scientologie and back numbers are available. We expect a follow up article in the next IVy. Antony Phillips, former IVy editor.]

So You Think LRH Was a Fraud, Eh? by Agnes Araujo, Canada

Scientologie by Nordenholz and Science and Sanity by Alfred Korzybsky are works which LRH knew. What these authors and others wrote, such as Plato and Aristotle, fell short in Ron's eyes. Although Ron does not say it outright, as far as I know, their omissions were not to push their theories into ACTION, i.e. practical application. In other words, they wrote theory but did not develop the technology by which their theories could be used by human beings. They did not specify the nuts and bolts of their theories so that others could use their jewels of genius. Such omissions are omissions in scientological thinking.

To accuse LRH of plagiarism is nonsensical and laughable. As I hear, LRH turned a deaf ear to any suggestions by others and even discounted them not without reason. If all those great thinkers had defaulted, why should he listen to anyone? He might LOOK though, to see whether anything worthwhile was there to apply. Isn't looking one of the fundamental tenets of good study and observation to test knowledge? He taught us that.

The scope of LRH's contribution to the advancement of knowledge is astronomical, literally out of this world. To fault him in any way is at best discourteous and unappreciative, and at worst nasty and brutish.



Honesty

By Per Schjøttz, Denmark

Honesty "Sigh - again?" Yes, I have said and written a lot about honesty in lectures and articles and felt that this subject was finished for my part, but it isn't by a long shot. I find something new about honesty every day and enough has piled up for a new article. New viewpoints and new examples show up every week from my clients. I can also test and learn new things about honesty every day in my relationship to my partner. I would like to share some of these new viewpoints and examples with you.

Honesty, understanding, empathy and love are all expressions of the same. You can feel them when you are in balance. When your honesty is in balance there will be harmony between your thoughts and feelings.

Thoughts can be shared by people by means of communication. The thoughts are communicated by means of words or pictures. Written, spoken or drawn or by other means. The thoughts can give an emotional response within ourselves and in others they are communicated to.

This way feelings can also be communicated from one person to another or many others. They are a bit more difficult to get to grips with than thoughts. They are more "airy". They have a finer wavelength. They are vibrated between persons. Feelings vibrated between persons can have different qualities. For example love and hate. Understanding and love have very different qualities when they are vibrated than hate and hostility. I am sure you have felt this.



Unbalanced communication (there is a difference between what is said and what is vibrated) often causes disagreement and upsets, fights and hostility between the partners.

Empathy (emotional closeness) and trust are also qualities in the same category as understanding and love. If you listen to a person saying something, then he/she will simultaneously vibrate something which you perceive with your feelings.

Maybe you feel what he/she says does not feel right, and then you lose confidence in the other person. He or she says one thing and vibrates something else. This creates mistrust and is a sign of imbalance in the

person.

Unbalanced communication (there is a difference between what is said and what is vibrated) often causes disagreement and upsets, fights and hostility between the partners. Balanced or creative communication, where there is balance between what is said and what is vibrated, will cause agreement, peace, trust, acceptance and love.

If you say: "I understand you" and at the same time vibrate anger, antagonism and hostility, then it will not be received as true honesty and the person you are communicating with will not really feel your understanding and will have a hard time believing what you are saying, that you really understand. It indicates im-balance and is a typical kind of communication after an argument where you haven't really gotten your feelings fully aired yet. So there is still some honesty missing.

But if, on the other hand, you say: "I understand you" and at the same time vibrate love, trust, and empathy then it will be perceived as honesty and the one you are talking to will feel your understanding and trust that what you say is honestly meant and your relation will improve. It is an expression of balance and is the kind of communication which will end an argument, disagreement or upset between you. This way honesty can improve the relationship between you and your fellow Beings. By honesty you can build trust and good relationships. Honesty is actually the only way you can make love grow. But this is wonderful. This means that there really is a way to make love grow!

When Changing One's Ways

If you decide to get more honesty in your relationship to others and to yourself, then you have made a decision which is not very easy to carry out in life 100% right away. This is not

because it is hard to practice honesty or because "truth is hard to confront" as some say. It is solely and only because when you start being more honest, then old dishonesties will come up. It is very important to accept this, otherwise you will not get far with more honesty.

Here is an example from my own practice. A clients parents got divorced (because of dishonesties). She knew about the father's relationships to other women during the last part of the marriage, but she also knew that her mother didn't know. We were talking about bettering her relationship to her mother by means of more honesty. But she didn't feel that it would be a good idea at all to tell her mother about the father's other women. She felt it would hurt her even more and make it harder for her to accept the situation. We studied the theory about honesty as described above more closely with some more examples and finally she found her courage and decided to talk to the mother about it.

When we met again at the next appointment she had changed her view a lot and the relationship to her mother had become a lot better, warmer and closer. Her mother felt a lot better too. She had told her mother what she knew about the fathers sidesteps and it was a great relief for the mother to hear about it. She had felt it herself - you know - women's sixth sense (the ability to perceive vibrations). The mother was very much relieved. She had asked the father many, many times if there was another, but he had denied every time and not been honest about it. Now her perceptions, mistrust and sixth sense were acknowledged. Suddenly her situation perception was correct and not made wrong all the time. Now she could again trust her intuition and sense of honesty. Since then the relationship between the mother and the daughter has only grown tighter, stronger and with a lot of understanding and accept.

Another client had a harder time understanding

the scope of honesty and how far it can reach. But he wanted to try in the week which would go by, till our next appointment. He was a more unbalanced person who to a larger degree played out his masculine sides of his personality in his relationships to others. To my question he answered "Yes" he had been a lot more honest since we met last. He had, for instance, been out a trip with his wife who was driving. In his opinion she had been overtaking several cars in a very hazardous way and been driving too close to other cars. So he had been "honest" and told her that she was driving like a crazy maniac and would she please stop and leave the driving to him. She felt very offended and they were upset with each other for several days. There was not a very nice atmosphere between them especially when they were away in the car together. They were kind of sitting on a time bomb of unreleased feelings.

Reviewing What Had Happened

We looked over this incident and it dawned on him that he hadn't been honest at all. He had had absolutely no contact to his feelings during the incident. He had felt insecure and scared because of the hazardous overtakings. He went home and told her that he had felt insecure and scared that day in the car and had reacted to these feelings by scolding her. Aha! Now she could suddenly understand what had happened. She could accept his emotional response and that he had reacted to feelings he did not want to have and therefore he had suppressed them. Now they came out and she could in her turn respond to them. The disagreement was communicated out and the true and honest feelings came forth for her to respond to. This created a final relief and their usual good relationship stabilized itself again.

Honesty in Love

Another example is a young girl who didn't dare

communicate her true feelings to a young man she liked very much and was very much in love with. She thought that he would not accept and respond to her feelings. She threw an enormously big party for all her friends, and he was also invited. The sole purpose with the party was to "catch" him in some way or another. She didn't succeed as there was no honesty. Several years after he was informed by others that the purpose of the party was for her to get in contact with him. He had secretly been as much in love with her as she was in him, but in the meantime they had both been engaged to other sides and had also both been divorced again.

This example shows that it's not only the unwanted feelings which need to be communicated and vibrated but also those we normally view as wanted or "good". But looking from a viewpoint of honesty, there are no good or bad feelings, really. If you communicate your thoughts and vibrate your corresponding feelings then you will always experience a change. The so-called bad feelings will change. But it takes that you *do* have some contact to your feelings and can perceive what they try to tell you. You will find that they always have some kind of message they try to communicate.

You can drill feeling your feelings and thereby get a much better contact to them. Next time you ride in a bus, a train or a car, then feel how it feels to sit there riding it. When you see a movie then check how the feelings respond to what you see. When you get a thought, any thought, then notice how your feelings respond to it. Express your feelings. Tell others what you feel. "Talking to you feels good". "I feel safe in your company". "I feel hurt when you do not have time to talk to me". "I get sad when you say that my new dress is awful". "I am happy when you call me". "I feel valuable when you confine in me". etc..

An Interesting Drill

If you would like to improve the relationship to your partner, a friend or a colleague and want your love or relation to grow, you can do this drill:

1. Sit face to face at a comfortable distance in a couple of good chairs. Confront each other by looking into each others eyes and train just being there in front of another person. Look the other into the eyes and drill just being there in front of the other. You shall not do anything at all except being there. Do not think about anything and do not do anything. When this is comfortable for both of you, you can go to the next step.

2. Keep sitting like in step one. You are now sitting there comfortably and relaxed. If a thought or a feeling appears *you communicate it to your partner in the drill*. The partner should acknowledge the communication and can respond to it too without getting away from the subject or dragging the communication out.

That's all there is to it. It should be kept simple and not made complicated. It's important to be honest and sincere, that's what it's all about. This means in the same split second a feeling or a thought appears it is instantly communicated. It is responded to as needed, acknowledged and the drill is continued until the next thought or feeling appears. It will usually be simple things that appear in the beginning. Things that are easy to confront and communicate. What seems more difficult to express becomes easier and easier and slowly will deeper and deeper thoughts and feelings surface and want to be expressed. Every time I have done this drill or supervised others doing it, the thoughts and the feelings become more and more happy, and often the two persons end up around each others neck kissing and hugging. It is a fantastic drill to build closeness. Do it every day to a good point. It usually takes about 15 – 30 minutes. You will reach a good point

faster and faster and can end off there. Maybe one of you will suddenly burst out in grief and tears. This is usually not because there is something sad about it. The feelings as such hate to be suppressed and held down and not be expressed, they cry "silently" over this. When a good contact to the feelings is obtained the tears come. It's expressed. It's the same kind of tears that you might have experienced when you saw or experienced something incredibly beautiful that almost took your breath away. Let the tears and "grief" run out and then continue the drill unless this is the good point to end off which it most often is.

Using It in Life

After some time you can start practicing honesty without needing to sit down on chairs but do it ambulant in life in your relationship. This means that when a thought or feeling appears, for instance when you eat dinner together, have a meeting of some sort or work together – be honest and communicate and vibrate the thoughts and feelings to the other in the same second they appear. After a while this will become a new life style and your relations to those you are with will become stronger, closer and filled with confidence, acceptance and love. Does this sound (too) simple? Well – it is !! We tend to complicate things and with considerations like this and that feeling is not OK and should not be communicated or at least not communicated 100 % as it is, but should be changed a little to be acceptable. These judgments of the feelings can be dispensed with by doing the drill.

A period might come where it is more difficult to be honest right there and then in your life, and then it can be expedient again to revert to the chairs and take the daily dose of honesty.

If you find yourself in a situation where you don't really know what to do, then you can use your honesty. Feel it out on yourself. "If I do or say this,

will I be able to be honest about it to my partner, boss, mother, son, the police etc.?" If you do not feel that you can, then I guarantee, what you intend to do is not the right thing for you. Find something else to do and feel again your honesty. Can you be 100 % honest about this to everybody, then this will be the right thing to do and you will never be in doubt, have a bad conscience, misemotions or other discomfort because of what you said or did..

In general, it is a big misunderstood to believe that the truth can harm anyone. It can only help. It can have consequences – oh yes – but it is better to know the exact viewpoints and feelings then, as it's a lot easier to handle the consequences. If you are not sure of the others' thoughts and feelings then it is a lot more difficult to handle the consequences in the best way...

Have fun and enjoy it !

Can the True Feelings Do Harm?

Balance between spoken words and vibrated feelings = Honesty

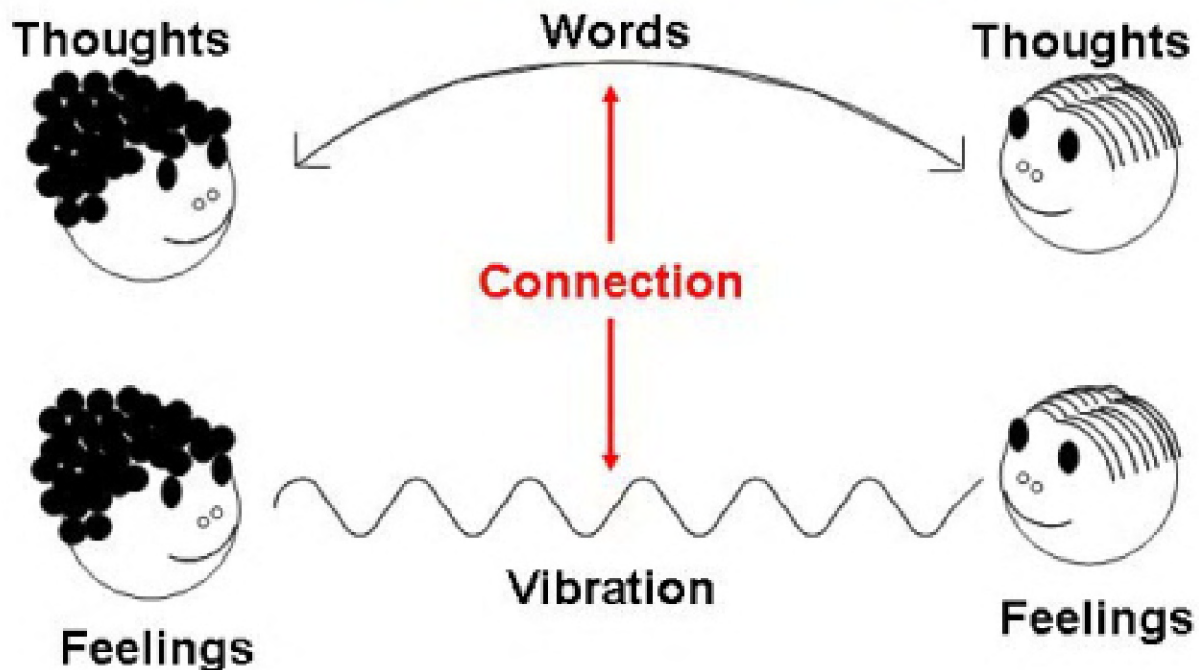


Illustration by author



Get the IVy Back Issues! a Treasure of Knowledge and Freezone History

IVy has been issued as a black and white, on paper magazine from 1991 to 2008, usually five issues a year, and in slightly smaller format than this present one, so it is easy to carry around and read in an arm chair (or in bed) There is much interesting material in these back issues.

We have available, to be sent by post, all issues Write to ivy@post8.tele.dk for details, saying which years you would like and your country. We usually sell a minimum of 2 years.

SPECIAL OFFER!

Some of our readers are completely new to IVy. To give a background as to what has been going on in IVy we make a special offer of all the issues for the last two years (2007, 2008) of IVy for \$80 (US dollars) or 400 Danish Kroner. Write to ivy@post8.tele.dk for payment details.

Amongst the many articles in these ten issues here are a few of the titles:

Ant's Scientology Story (number 4 entitled London Org in the Late 50s)

Occasional Sex series 7 Pornography

Forgotten Scientology Gems series 1: Group Processing

Do You Have a Hard Time Understanding Your Feelings?

What Does General Semantics Have To Do with Scientology?

Group Minds and the Origin of Apparent Reality

Types of Auditor Organisations

The Dilemma of Organized Counseling
in the UK

My Scientology Story 9 (Rolf Krause):

Flag and Solo NOTs

The Clearing Help Bracket

Book News: What Makes U Tick?

The Rise and Fall of Ron's Org
Netherlands

Ant's Scientology Story 2: Early London
Years

Zen Scientology Series: (in four issues)

EFT - a New Approach to Charge?

CONTACT:

ANTONY PHILLIPS

AT:

IVY@POST8.TELE.DK

AND GET DETAILS



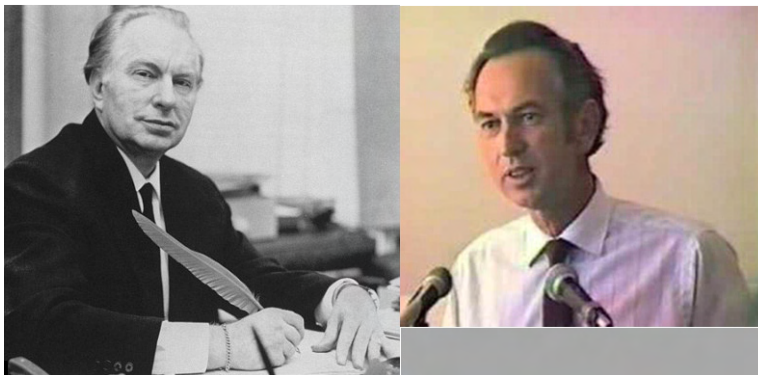
The NOTs Materials

Who Wrote them?

By Ken Urquhart, USA

To claim that David Mayo "wrote NOTs" – and to declare that, this being the case, NOTs is inherently flawed, and so had to be replaced with something that REALLY works – is to obfuscate some truth.

I was not present when LRH and David Mayo were working on NOTs. I did not discuss the development of NOTs with David Mayo. Nonetheless, I have a valid basis for a viewpoint on the subject. For some years I was very close to LRH as his personal communicator and I observed him as he performed many different kinds of functions, amongst which was the development of new tech.



I see in the NOTs HCOBs all the hallmarks of LRH's usual methods in developing new tech, even though this development involved his own auditing as a pre-OT, and not the auditing of others by staff auditors. It's obvious that the first few NOTs HCOBs, the "indoctrination" issues, are transcripts of taped briefings in which LRH spoke, and Mayo mostly – or perhaps only – listened. Other issues are most likely by LRH, many are evidently written by Mayo (I was familiar with the writing styles of both). Those that Mayo wrote he would have written mainly on LRH's order, and often, if not always or mostly, putting into HCOB form what LRH told him to put in it. If Mayo

originated an issue, he would not have dared to issue it without LRH's full approval. If LRH felt that Mayo was capable of writing the issue, he'd have Mayo write it, in order to save himself (LRH) the work of doing it. If he, LRH, wanted to write it himself, he wrote it himself. If an issue was written by Mayo but issued over LRH's name, you may be completely sure that LRH examined it closely before giving it his approval. It's highly unlikely that any issue not bearing LRH's signature (either as author or authorizer) would have

been typed up and issued over his name. [As far as I know, NO issue of any kind bearing any technical guidance or instruction was ever issued without his approval, no matter what anybody says.]

It's true that Mayo's lawyers made a case in court that Mayo had

"written NOTs." In a sense, he "wrote" much of it – but most of what he "wrote" he took from LRH briefings, despatches, c/ses, or notes. Mayo may well have suggested actions or approaches to LRH for consideration but would not have published anything that LRH would have disapproved of. NOTs is most definitely NOT an origination of David Mayo's, in my opinion.

The Court Case

What was said in court does not necessarily have to do with the truth: it has to do with winning cases, or not

losing cases, in courts of law. The C of S sought to destroy Mayo utterly through the medium of the courts; Mayo had to defend himself as best he could. The pressure on him from the C of S was devastating. With regard to the claim in court that Mayo authored the NOTs materials, both he and his lawyer knew exactly what they were doing – if they did indeed claim that. In my dim recollection of the time, I believe they claimed that Mayo was a co-author. But I'm not sure about that. What they were doing had to do with how they saw their defense against the C of S's suit, and how they saw their management of their counter-suit against the C of S. It had nothing to do with maintaining strict historical accuracy for its own sake.

"It's Not LRH Tech..."

Invalidation of NOTs by invalidating Mayo as its author doesn't wash. It invalidates LRH, whether that is intended or not.

So much for what i see as the obfuscation of truth. What follows is possibly about obfuscation of truth mixed up with opinion.

The claim that NOTs is unworkable is an opinion and does not parallel all truth. Undoubtedly, NOTs has produced less than acceptable results for some. Over the years, I have seen a number of claims that NOTs "doesn't work." I have never seen a competent analysis that backs up the assertion. Omitted are the reasons why it didn't work on those whom it failed to interest and advance. There are numerous technical possibilities. Have all been eliminated as possible reasons for failure of NOTs to help those who say it hasn't, doesn't, and won't help? There are some ethical reasons also: since the NOTs materials are available for all who want them, any fool can claim to deliver the level, not knowing what he is doing; the recipient may be dumb enough to think he/she is receiving NOTs, and as a result "know" that "NOTs" doesn't work, as a "fact." In any event, as I said, no competent analysis exists that I know of.

Is NOTs for All Cases?

I would myself not argue that NOTs is potentially right for all persons even if we assumed that all persons audited on NOTs were correctly set up for it, correctly indoctrinated on it, and run on it by competent auditors with good TRs, Auditor's code, and presence, and as well under skilled c/sing. Even in such ideal conditions, I don't say it's impossible that someone should not find NOTs very helpful. I don't know why I'd want to shove NOTs down another's throat if the other had no interest in it, nor a belief that it would be good to run.

Others want to go in other directions for their case advancement. I have no quarrel with that at all. If the material reads, is real, is of interest, if it gets TA, cognitions, VGIs, and stable rises on the tone scale – go for it.

Those who go for some other way than NOTs don't **have** to put down the old when the old has worked for others in the past, is working for others in the present, and will in all likelihood continue to work for others in the future. Who's to get upset because someone is getting case gain?

There is, unfortunately, a residue of personal and group politics remaining from the period preceding and during the break-up of the C of S in the early 80's. I won't go into who is responsible for what (I've forgotten a lot of what I saw, not bothering with it much), but I will note that David Mayo was never slow to ridicule an exec on the admin side of the org. I hope that we can all let go of those games and their residues.

Lastly, I have nothing but respect and admiration for the energy, work, and production that has gone into the creation of the RO network in Europe and Russia. I am particularly impressed and (speaking just for myself) gratified that so much training of auditors is taking place there.

With best wishes to all,
Ken Urquhart



The “File Clerk” NOTs Technique

An Alternative Approach to NOTs

By Ed Marco, Australia

NOTs, for a lot of people, is something they eventually come to grieve on. With those people in mind I present here an alternative approach which has good workability with good results, but without the frustrating complexity of the conventional Valence technique.

It may be something you wish to try, it may not. It depends really on how you are doing with the present system you are applying. If it's going alright for you, and by that I mean you are getting blows that are producing good TA and you also experience physiological and Psychological relief, then perhaps you should continue with what you are doing. If it is not going as well as you would like, for whatever reason, then what I have written below may be something to look into.

What is done here is so remarkably simple in its application that it actually sometimes is difficult to explain in such a way that it can be understood. You would, I expect, already have been on NOTs for a number of years and so should to a reasonable degree be able to get an understanding of what I describe here. I wouldn't even try to communicate this to somebody who was just starting out on NOTs. Even to newcomers, however, the question remains whether or not the person can translate the suggested technique into a workable result in his own auditing – I hope you can.

Ed Marco is Flag trained as a Class VI auditor and as a Senior C/S and CCRD C/S and worked for years as such in a Class V Organization.

He spent 18 years in Scientology of which 12 years on staff. He was declared in around 2002.

About the File Clerk NOTs Technique, Ed says the following in a letter:

“This NOTs approach worked so remarkably well for me and was such a relief from using LRHs approach so I wanted others to know about it. I really don't feel it is for everyone but I am sure there will be a percentage for whom it will work.

“It is actually an oddity I observed over the years that those who are complex in their ways as a result of over charge are also very fond of that complexity and consider it higher ability. While they need a light touch, they actually want and insist upon only the big gun processes. It is very difficult to get them to go back to more basic approaches where the TA would actually move.

“So for a lot of people I feel this alternative approach will, for the above reason, not run for them. They will see it as completely uninteresting as a form of solo auditing. Perhaps there will even be some criticism. Nevertheless, I hope there are some who find that this works for them.

“I feel a responsibility to communicate what I know to those who are looking and the IVy Magazine seems the right forum for this.”

Probably the biggest barrier you will encounter here is in getting past and letting go of the many, many years of indoctrinated "now I'm suppose to..." that the valence technique has left us with.

My Experiences with Standard NOTs

Let me begin by just laying out my experiences. This will slowly lead up to what I now do. You may possibly relate to some of those experiences and it also may help in explaining what approach I now take.

I began solo NOTs quite some years ago and coupled with my solid technical background ran it, I believe, quite standardly.

In the beginning I ran it quite easily as the case was pretty "meaty" and finding stuff to run wasn't a problem. Initially it was predominantly by inspection and I only needed to resort to the basic valence steps at odd times. As the easy stuff got resolved I then started to utilize the many misconception techniques as described in the NOTs material. Pretty much any technique would dig up something to run. I often encountered the phenomena that LRH described, where the Beings would hang up at some distance from the body like somewhere between 3 to 10 feet away. If normal running seems to slow up a bit it was only necessary to put my attention out into the surrounding space and find those that had hung up. They were usually there in great number. They

would often release very easily on just spotting and usually with that "crackling" sensation Ron mentions as the strings all disentangle as they blow off.

As time went by I noticed the pattern that LRH described. You would do a hard session, digging and probing and generally working at it to get some blows; then the next session (for me the next evening usually) would run very well usually blowing by inspection. Also I found as LRH said, that NOTs was not a big TA spinner, about 6 - 10 divisions for an hour if you went for the hour.

Things Slowing Down

However, after about 2 years or so of this I found that getting stuff to run was becoming more difficult. Sometimes I would slug away for an hour with very little TA to show for it and often over a high TA. It seemed I had reached the bedrock so to speak, no longer could I get easy results by inspection or simple valence techniques.

Increasingly I was drawing on my earlier auditing skills to handle Beings. They were definitely there and reading but were heavy in "temperament" and required specific address of their case before they would release. This was more demanding as it took time and I had to keep that narrowed beam of attention precisely on them diligently throughout. It often happened, though, that I would flub in some regard and they would then submerge without blowing. Then I wouldn't be able to find them and the bypassed charge would be left there. There are many specific

"after about 2 years or so of this I found that getting stuff to run was becoming more difficult. Sometimes I would slug away for an hour with very little TA to show for it and often over a high TA. I seemed to have reached the bedrock so to speak, no longer could I get easy results by inspection or simple valence techniques."

auditing actions that can be done on a being that will get them in communication and raise their tone enough to blow but the specific technique I found myself using repeatedly was False Purpose Rundown. Lots of these guys were pretty low on the scale and were heavily withholdy and wouldn't respond to anything else. I saw a lot of rock slams and often got heavy grief charges off them before they suddenly would cognite and move away from the body. It was really quite amazing to experience their high ARC as they left.

Still, as time went by it became increasingly more difficult to find and get stuff to run. Pulling an overt chain for 40 minutes and then find the evil purpose to get a blow and its floating needle without much TA was becoming unsatisfying. Sometimes I couldn't find anything to run and the TA would just go up and up. The correction list helped a lot but didn't give any long term resolution on the situation. I certainly didn't need to use the correction list before but now I seemed to have to pull it out all the time.

Am I Done?

It became a bit of a pain at this point and I considered that I must have finished the level and perhaps was overrunning it. Maybe I was trying to put something there to run which simply wasn't there anymore. It sure looked that way. "Overrun" would often read but this invariably turned out to be on a single Being rather than on the action itself. So cleaning up the overrun didn't really resolve the overall poor scene. So yes, slowly I

began to convince myself that for practical purposes this action was maybe complete. I had after all put in a solid amount of hours. I had run a lot in the beginning to very good result so it was reasonable to assume the level was finished. There were only bits and pieces showing up now and it seemed too much work to mess around with. Although I wasn't completely happy with this as the end result, there seemed little point in continuing with it, it was more of a grind than rewarding. So I ended on NOTs.

I moved on to other things of which there is much to play around with and explored on other facets of the case. During the course of this dabbling I got, however, tied up with another girlfriend and thus found myself for long periods not doing anything at all auditing-wise or even thinking about the subject. I had slipped back into woggy ways and the safe social veneer of life.

Getting Back to Auditing

In time, though, I got over this, including the girlfriend and went back to my spiritual explorations. My dabblings were wide and varied covering actions mainly intended to key out such as the Clearing Course, R6EW and even TROM. It was in the doing of this I realized slowly that the NOTs case was very definitely still there and in abundance. I would sometimes pick up the cans and for no reason I could then understand there would be these sudden massive blows just by inspection. It's as if picking up the cans and bringing the needle on to the dial was opening a door to a crowded room; suddenly everybody

rushes out and the room is suddenly just as empty. The experience with this was substantial I would get good TA and wonderful feelings of physiological and Psychological relief. I would of course immediately go into my NOTs procedure and start prodding and probing to see if I could get more big blows but oddly enough while I might get a little action, it would all go quiet again suddenly, and no matter what I did nothing seemed to run in the same rewarding way.

This odd behavior, if it was going to happen, would usually only occur once in the evening. I thought, it must be somehow related to the other things I had been doing - maybe I had loosened up charge that had been pinning them down but in reality I couldn't see the correlation there. This, then, became a frequent thing. I would usually experience once in the evening having these numerous blows over a couple of minutes and then nothing. So that's what I began to explore. I would pick up the cans after dinner, sit there for a moment and then these surging blows would happen and then it would stop. Evening after evening I would experience the same thing and I had no idea why. Sometimes, if nothing seemed to happen, I could initiate it by just saying in repeater style "BT" (probably one of the few things you can say that is not a wrong item for others) and watch the needle give a kick. That sometimes would open this brief flood gate but I had learned earlier not to throw too many questions or commands around as it can totally stop the flow also.

Odd Observations and a Bright Idea

This went on for some months and slowly one day when in a reflective mood it suddenly clicked

what was going on and, more importantly, how to keep the flow going.

The problem with NOTs is the obsessive duplication character it has. This obsessive duplication factor can be quite subtle and unobserved, yet destructive to the flow of the process and perhaps even fatal in the extreme. When you ask any question of the NOTs case, no matter how focused your point of address is, there will always be some cross-restimulation. While you might have achieved a blow by using the right technique you have none the less restimulated half a dozen others without blowing them. So if you are doing this every session three times a day for years you are going to end up in a very restimulated situation at which point it is also very difficult to get anything to run. This condition is characterized by a high TA and difficulty in getting anything to run. As for how that feels, I am sure you already have a good idea by reading the stories of people who have blown from the level. Overrestimulation is not pleasant. Before I describe this simpler technique that gets around this problem of bypassing charge on "others" it's important that you have had a good reality on what a Being blowing feels like. I am sure that you probably already have a good idea but to be sure we are on the same page I will outline it here.

Psychologically there is a distinct unmistakable something moving away from you with a great sense of accompanying relief. At its end there is a beautiful stillness and tranquility of mind. There is also a momentary exteriorization phenomena, a kind of double vision as you briefly see the environment from the perspective of the departing Being as well as through your own eyes. Physically there is a kick back that will make you move in some small way, probably different for different people. I noticed in my own

case there would often be some spontaneous sweat forming on the forehead when I had a big blow.

On the meter there is always an accompanying blowdown of minimally one quarter of a division, usually much more with a very loose needle at the end.

The File Clerk NOTs Technique

Before you approach this technique you will need a good reality on these phenomena as they are the gauge by which you will run it. If this phenomena is not happening for you then it is a serious question as to whether you are even running NOTs.

This technique is simple in the extreme. There are no commands at all. There is no directing or focusing of attention at all. It is those two actions that bypass charge on the Beings in the immediate area. Once you start bypassing charge on others and continually do so the facility with which you get blows greatly diminishes. By omitting those two actions we eliminate a large amount of cross restimulation and copying.

The basic idea here is that the mind will present what needs to be run in the proper sequence that it can be run. Do you remember the file clerk, the old book one idea? You yourself don't really have to do any analysis and in fact the workability of the process is best when you don't "add" to it or decide yourself what needs to be run next.

The hardest thing you are going to run into with this technique is its simplicity. For most I think it will be too simple and they will not get any result from it. So if you find that you have lots of

questions about "how this or why that?" and "where's the correction list?" etc., then it is probably not going to be for you. The more conventional approach with its many handlings is probably the better gradient to remain with.

Summary of technique:

- 1. Start session, and while thinking about nothing, let TA rise to highest point.*
- 2. Realize that a Being has completely expanded and is filling your space.*
- 3. Be aware of the Being existing and of your own space existing together.*
- 4. Let the Being blow.*
- 5. Observe the TA come down and needle go loose.*
- 6. Think of nothing or something else.*
- 7. TA will slowly rise as another Being becomes alive and aware and begins to expand out into your space.*
- 8. Return to 2.*

This is all that is required.

Some Tips

Do not fly ruds.

Do not worry about TA position.

Do not apply hand cream.

Make sure you are sessionable, comfortable and warm.

Do not check any questions or put in other additives.

Do half hour sessions.

Ensure session is thoroughly ended.

At first you will have difficulty getting anything to run and the temptation to explore with questions and meter reads, etc. will be strong. Don't do it!

To start the ball rolling you may wish to dramatize the three phenomena above. This should give you at least a one eighth division blow down and brief floating needle. Let the TA rise again (try not to introvert on the meter as that will stop the rise. OK, try in fact to think about something else entirely). Once the TA has risen to its highest point you think it will achieve, again dramatize the blow, and so on repeating this for 10 to 20 minutes or so. In effect this is undoing the indoctrination that the Beings have been getting from your former approach. They are expecting you to start prodding and probing and so it will take them a little while to see this is no longer going to happen and will begin to respond to this different approach. You are giving them a new kind of model session and session predictability.

After a while you will notice that the blows become significant and the phenomena is there without any need to dramatize it. The process has become self running. You may need to work on the technique for a week or so to get it to run for you. The hardest part will be to let go of the "techniques" you presently use. Any additive to this procedure will slow down the TA or stop the cycle entirely.

Point #2 above (the Being having expanded) is something you will become familiar with after a while on this process. There is a definite feeling that goes with this but only experience will teach

you.

You Need to Be Patient

The whole key to this technique is the waiting. Ordinarily in conventional NOTs one does something to find what next to run and then having established a reading area tries to release the Being by various questions of which there are many approaches. Once a release is achieved conventional NOTs then pretty much immediately goes into scanning the body for other areas of pressures, etc. But here in this technique we are doing nothing. If a Being has just blown, the TA will have come down and perhaps you also have a floating needle. At this point you do nothing. Ideally you will not have any attention on what is happening in your space at this moment (difficult to achieve when first learning this). As you sit there the floating needle will die and the TA will slowly rise. This rise is caused by a new being coming out of unconsciousness and gradually expanding out to fill the space of the just departed – and of course your own space. This is the mind's own mechanism of presenting the next area of charge to be handled. There is no need to concern yourself where this being is coming from – he will come no matter what. To not recognize this and start prodding and probing for pressure areas invalidates this mechanism and bypasses charge on it. Furthermore, you may then be dealing with a charged area you found which is not ready for release. Further, other Beings will experience by-passed charge by cross copying this.

So the key point to this technique is waiting and let that TA rise without putting your attention on the "who, what, where" behind the rise.

You may half way through this rise start to get a bit of an active needle and some small blowdowns. This can pull your attention onto your space and further promote the loosening of the needle. After a big blow your inner space can feel quite electrified and heavily draw your attention. As best you can keep your attention off going onto your space and the needle will resume its rise. At some point the TA will have reached its highest point and you may even notice that the needle has a slight stiff jerky-ness to it. This is the Being's case and he is right in your face, so to speak. At this point you can just sit there and wait for him to cognite and blow, or you can just decide to "be" him and have him surge out and up from your body. Once you master this point of recognizing the Being is ready and fully expanded; you are on your way and the blows will be quite spectacular with great TA.

Give It Time to Come Out

This is the deviation made away from conventional NOTs. It takes a little bit of TIME for the Being to come out of his unconscious state and expand up to full size where he has enough power to cognite and to separate. Secondly, you let the mind itself decide what Being that will be. If you interrupt this expansion with prodding and probing of questions or invalidate it entirely by focusing your attention onto small areas of your space, the Being will become stuck at a half way point and be merged with you. Other Beings also get pulled up and merged and the whole process becomes gummy. They won't then blow without a lot of work and that work, then, only further mishandles other Beings and thus compounding the situation.

Initially at start of session you may only get small

one eighth or quarter division blows. As you continue, you will find the blows become more and more substantial and self running with good physical and psychological reality attending them. Once rolling, do not be too concerned that there is no floating needle at the bottom of the blowdown. You can, if you wish, focus on the relief of the blow having just occurred and this will definitely produce a floating needle but really, it is not necessary. Usually the next Being starts to expand as soon as the last one blew and it's this that is killing the floating needle. Generally, though, you will see floating needles and floating TAs in abundance in doing this.

When running well, you will be getting in a half hour session about 20 to 30 blows of minimally 3/4 division each. You will minimally get 20 divisions of TA in the half hour.

Sometimes, though, you will run with 1.5 div blows continually. That can get you up around the 50-60 divisions of TA per hour of session. This can be rough on the body as it zaps havingness. How long it takes the TA to rise between blows is what will control the number of blows and amount of TA you get. This rise time can change a lot from session to session. A rise between blows can take anything from 20 seconds to more than 2 minutes.

Things to Watch Out For

There is something to watch out for here that is useful to know.

1) Out Int - The biggest case problem the BTs have is that they are out int – heavily interiorized. You, on the other hand, are trying to do the opposite – exteriorize them. So when you blow

lots of BTs to exterior, the other BTs get their collective interiorization charge heavily beefed up and the result is that the case can become gummy. The blowing BTs are giving the others a wrong item. All you observe though is that it's hard to get satisfying blows. A way to solve this is, at the point you would normally promote a Being to blow you instead promote him to interiorize. With your full intention on him have him go deep into the body interiorized again. This is easy to do as that is what he wants to do. You will get a surprising amount of TA doing this. This is because you are duplicating the charge they have built up on their Int case "going in" and blowing it. You only need to do this a couple of times to clean up the charge and then you go back to the normal auditing to a blow. Now things will go much smoother. Incidentally Int is rarely a wrong item as they are all out-int.

2) A Being holding the others in. It sometimes happens that the case gums up with "choked" blows that does not appear to be int but is actually being caused by another Being holding the others in. What has happened here is that you have freed a Being into a wider space but who hasn't blown and who is dramatizing the overt of holding others in. Because he is right in your face doing this (and unseen) it is only necessary to yourself "be" him and take on a very strong intention of "holding the others in". Again, you will get surprising TA if this is the why. After that the case should run well again. While this handling is only necessary when you have some "able" Being that is strong enough to do it, it is never the less an overt they all have or are capable of, even you. (It's the hierarchy system of prison life, hold the other inmates down so you have more space). So again, not much chance of it being a wrong indication to others as they all have done it or are doing it.

Audit minimally one half hour session every evening and you should have no problem running good TA off the case and find it very therapeutic.

As I said, though, it's pretty simple, perhaps too simple. If you can't get results with it, then perhaps its not for you.

I feel that this "File Clerk" technique will only run for those who have already done extensive NOTs and who have good reality on what a Being blowing is all about. It is for these people that may no longer find the conventional valence technique satisfying I present this.

I have introduced this technique to one other person who was struggling with the Valence technique and not enjoying it. His TA action was in the vicinity of 4 - 6 divisions.

After a long email exchange he is now using the File Clerk approach and getting 30 divisions per hour and really winning. A remarkable improvement which showed me it was possible in others and therefore ready for a more broad release.

I hope you also find some workability in it.

Clarifications, questions, suggestions should be directed to

macroed@yahoo.com

*Regards,
Ed Marco*

A Free Scientology Lunch

By Michael Moore, IFA Chair

What is a free scientology lunch? Is there such a thing as free scientology material?

It has been said that in life nothing is free. Anything you want will have to be paid for in one form or another, somewhere along the line.

In scientology this principle is well understood. It is interpreted as the principle of exchange. This principle of course applies in any direction. It is a matter of flows. To receive is an inflow. To give is an outflow. A person can have a stuck flow by having a flow too long in one direction without a proper balance. Especially when it comes to inflow. Many people like to inflow without balancing this with an outflow. Money, possessions, knowledge attention etc. This creates an imbalance resulting in many problems including a stuck flow and increased mass.

If you receive, for example, a service or product from another, there should be an exchange, a payment if you will, some sort of barter even for that service or product. The principle is not so much a moral one as an actual fact of life. If a person continually receives without balancing this by returning the flow in one way or another, then the principle is violated and the person will end up the worse for wear. This can be seen socially where a group of people are

continuously given money or funds and never have the opportunity of exchanging for that flow. This leaves them feeling rather bad and they can and do deteriorate as a result. Criminals, robbers and thieves have the problem of enforcing out exchange. In this case it is the criminal that suffers most with all the attendant issues of continuous overts against a previously agreed upon moral code.

A fixed inflow will reduce an individuals ability and this is never more so observed that with TV. This is a continual inflow and reduces capability by inducing spectatorism in the watcher. The spectator then has a stuck flow and his ability to differentiate is reduced as is his level of participation and level of responsibility for himself and his own flows.



TV watching, often a stuck inflow

Children often want to contribute and when they are told they cannot they will tend to present themselves as a problem later in life. Having been denied the opportunity of exchanging their willingness to help the family for looking after them, they end up with a stuck flow of being contributed to and not contributing. Those children who are permitted to 'exchange' some work or willingness tend to be better balanced people in later life.

Demanding too Much

Of course the exchange can be out on either side. Demanding too much for a product or service is just as bad as not having any exchange at all. It also violates the exchange principle with an imbalance of exchange. So there can be an imbalance by either denying a persons ability to contribute, by enforcing an unwarranted contribution or by not contributing by violating the exchange principle.

This can apply to a group as well as an individual, also between a group and individual or individuals. In all cases where there is an imbalance of flows there will end up being a stuck flow. This stuck flow can apply to both participating parties of course.

For example, the church of scientology leans in the direction of demanding too much for it's services and causes an imbalance thereby. Interestingly enough this has not occurred to them despite it being a main principle of the philosophy that Lafayette Ron Hubbard developed and

which one expects them to follow. Demanding a higher contribution than is warranted, especially when a product is either poorly or not delivered, will cause a problem not just for the student or preclear but also for the church itself. Coupled with the refusal to deliver the technology and the resistance to others using and applying the technology, it is no surprise that the church is slowly disappearing and subject to attacks by others. It is a natural law in fact. The church, as a group, is subject to the same laws as anyone else and this includes the laws and principles of flows.

But to return to the point in question. There is not that one way to provide an exchange. It can be in the form of money, time, effort but always what the individual or group ethically understands is a fair contribution for the goods or services rendered. In terms of the propagation of the philosophy and technology of freeing individuals, an exchange, on a higher dynamic than the first, may be to introduce more people to the technology so that they, in turn, may progress up the bridge to freedom and may also introduce others and so on. There is no reason why a balance of exchange cannot cross dynamics. Ron Hubbard

introduced policies offering people who work in the church, staff, first dynamic auditing and training as part of the exchange for volunteering their time and effort to the third dynamic. So, an exchange for providing the technology in the form of training and auditing to an individual the exchange might be for that individual to go out and promote the technology to others if he or she cannot afford to pay with money. But, for the flow to be effective, there must be an exchange somewhere along the line, otherwise one or both parties to the exchange, or rather non exchange or inappropriate and not agreed upon exchange are going to have issues.

So on the subject of 'free scientology material' there really is not. Payment of some sort must be exacted somewhere along the line. True one can find scientology material online perhaps if one looks hard enough but to download this and use it without an exchange of some form is going, at some point, to cause a problem for the downloader as there is an out exchange..



Out exchange has many forms, greed is one

So how can one "get ones exchange in?" The basic principle is one of flows. A flow IN should be balanced by a flow OUT that satisfies the exchange principle.

Some people understand this and will say, "I will help you but I don't want anything in return, instead pass along the help to another." This works very well also. One can exchange with, not just another person, but also with a group of people. One person in the group may flow to you and you can then flow, in return but to another individual within that group, or even another group and so on. There is an exchange, a balance and the bank does

not crowd in on one.

So, to end off, the basic principle that applies here is one of balancing one's flows and it is not a new principle particularly but it is one that is more understood by scientologists due to the extensive research on the subject carried out by Lafayette Ron Hubbard.

Oh ... and there is really no such thing as a free scientology lunch.



The Real Opponent Of Creativity

Or How to Grow into Artists of Living

By Heidrun Beer, Austria

When you were a child, did you ever proudly build a beautiful castle out of colorful building blocks? Then only to see your little brother destroy it by walking through it, or falling into it, or even deliberately knocking it over with this devilish grin on his rosy baby face?

If so, did you consider him your worst enemy? Let me tell you a secret: he wasn't – there is an even worse enemy to your creativity than such destruction – a much, much worse one.

Or were you running in a beauty contest as a teenage girl, and this detestable classmate of yours won and you ended up in second place, because her long black curls were so shiny and she had these endless legs and these incredibly white teeth and this dimpled smile? Yes? So, did you consider her your worst enemy? Let me tell you another secret – she wasn't! Such competition, or opposition, or counter-creations aren't so bad either – there is yet another more evil enemy – a much more evil one.

Silent Enemy

It is so evil because it doesn't make any noise. It is hidden, silent, doesn't engage our fighting instincts with spectacular collisions of intent or raw physical force – but ever so quietly it eats away at anything that we

create. And while it is so evil and so destructive, and such a big factor in our lives, it is nearly invisible to the unaided eye!

Flakes of dust on the shiny dining table, descending without a sound already five minutes after we went through the room with a duster, lovingly polishing every surface. Fillings falling out of our teeth. Plaque residues forming in our arteries so we have our pre-planned heart attack after a modest time of enjoying our retirement payments, and don't live forever. Dirt particles in our car's brake caliper, gradually building up enough blockage for the brake to suddenly fail in the wrongest moment imaginable – in a traffic jam while

trying to catch a plane that will not wait, or as we drive to the hospital to give birth.

Minuscule rust specks in a bridge's steel beams, one new speck a minute, or maybe one in five minutes, for 50, 100, 150 years – until the vibrations produced by one lonely car in the early hours of the morning cause the whole bridge to collapse. (This actually happened! In my own home town, Vienna, in 1976 – only 30 years after the "Reichsbrücke" had been built.) Not an enemy's attack, not a terrorist's bomb – no – "only" the corrosion built by design into all physical things, patiently adding up to deadly levels over decades in the most eerie silence.

A similar thing happens in cultures.

Nutritional stupidity raising its ugly head in national kitchen recipes. Ecological principles disappearing



***Overt destruction
- not the real enemy***

from city planning boards. Compassion fading away in the rulemaking - greed creeping in there instead. Political movements that were meant to improve a people's conditions ending up filling mass graves with corpses. Witch burning in the name of Jesus Christ, less than 2000 years after his revolutionary call to love and forgiveness. Religious philosophies turning into cults...!

Or between people: We start a relationship, get married, enjoy a glorious honeymoon, are busy for many years raising kids and earning the money for everything they need to impress their classmates at school - then they leave, and without any visible fights or open disagreements, our marriage quietly crumbles away to nothing. Lucky we are if we perceive at least that, and can dismantle it cleanly and completely, instead of being trapped in it for another robotic and lifeless decade or decades...

Cycle of Action

Hubbard knew all this when he wrote about the "Cycle of Action" in "Fundamentals of Thought". He described two possible endings for any such cycle: either it was the "Stop" part that followed "Start" and "Change" (just another word for "Maintain") - or it was "Decay", the process of a creation falling apart on its own.

Wait a moment. On its own? Does anything ever happen on its own, with no particular cause bringing it about? The dictionary defines "decay" as "the process of gradually becoming inferior", "a gradual

decrease; as of stored charge or current", or in organic matter "the phenomenon of rotting" (all definitions taken from the WordNet web dictionary). But that would be a rather materialistic view. If we look at the universe from a spiritual viewpoint, **everything**, no matter how small or short-lived, has a cause, and **nothing** happens on its own. So, who or what is the cause of decay?

One answer has already been given by Hubbard when he said that the real cycle of action is not Start-Change-Stop but Create-Create-Create. Ceasing to create is certainly the end of a cycle, but does it really equal decay? Shouldn't a thing that is no longer created simply disappear in the blink of an eye? Why is that not happening, at least not in the physical world? What are the additional factors involved?

How about this: while we perceive a certain process as decay, other viewpoints exist for whom it means something entirely different - something really very valuable - so that they work against our creativity with their own creativity, and we really don't have a

situation of decay, but one of two or more creations in collision. If we could locate and identify these viewpoints, which may be much bigger or very much smaller than our own, or much faster or much slower moving, we could perceive the decay of our cycle of action as the start or the maintenance of their own. And while for the self-determined viewpoints involved these different concepts look like a collision, for a more pan-determined viewpoint they interact in complete harmony, like the teeth of



Could it be that for other life forms the decay of our cycle of action is the start or the maintenance of their own?

two cogwheels.

Decay or Infinite Recycling?

Without planning it, I could watch an example of such a process in the spring of 2009. I had not only a new job for which I needed to learn a completely new software development system, also my cleaning lady had left for her home country where she wanted to take care of a dying cousin, so I was completely overwhelmed with work and could not properly take care of many things, mainly my physical environment.

One of my chickens died. I did not take the time to bury it. I did not even take the time to bring it to the compost heap and cover it with straw. First I just left it outside the chicken's den, deferring the burial from one day to the next, but then I got fascinated by what I saw, and gave up the plan of burying it: I had the chance to watch a complete cycle of new life growing out of the death of my sick and exhausted egg layer.

I saw the flies and brown bugs crawling all over it and trying to escape me as I approached. I saw their white egg arrays on the black feathers. I saw a whole crowd of hardworking grubs eating away at what must have appeared to them as a mountain of delicious food (the myriads of bacteria who were feeding on it also I didn't see, but I knew of their existence). So small, and so eager to live! Then I saw a new generation of flies and brown bugs swarm out into the world, leaving behind a now very flat heap of bones and feathers that were distributed throughout the meadow by the eager scratch-scratch-scratch of the surviving chickens. And finally I saw the grass in that spot growing in a much deeper green, higher and thicker than in the rest of the meadow.

Looking in Session Mode

So, what meant decay to the chicken's body, meant new growth and nourishment to the rest of the surrounding nature (and food to my curious observation). With the same inquiring mind we could run a session, or even a whole rundown of sessions,

tracing back all the individual elements of the apparent randomness in our lives to their no-longer-so-random actual sources. We could analyze their stages of growth, decay and the final transformation of their decay into new growth. We could slip into each of the viewpoints involved, the very small ones, the very large ones, the very old and the very new ones, and see the same picture from a myriad of different perspectives, which would finally add up to a complete understanding. And decay would be only one of these perspectives!

We could take an individual dust particle from our dining table and trace it back to the dust clouds travelling around the globe; to the erosion of Earth by water, wind and chemical processes; to the collision of planets; to the very first moments of the creation of matter; to the beginning of this universe; to the first expansion of space from a point of no dimensions at all; and even farther back to the planes on the "other side", where all these things are dreamed up and developed by non-physical, genius level designers.

We could trace the rust that caused the collapse of a bridge back to the moment where the idea of a reaction between oxygen and other elements was first conceived (the same principle that maintains your and my and everybody else's physical body by breathing), or even back to the moment where the conglomeration of protons and electrons was first conceived, so that the existence of elements like iron (part of the bridge's steel beams) became a possibility, and finally, after breeding for billions of years in the furnace of evolving stars, became a reality. We could spend weeks, months, years taking apart the principles of our physical existence in the finest detail, and could study the structure of decay in all its different aspects.

Cultural Patterns (Automaticities)

Now, while this would make us very rich in understanding, it would also make us very rich in dust and rust and rotting chickens, because while we are running all these sessions, nobody would be taking

care of the constant decay going on in our lives that asks for our constant alertness! But instead of repeating the same old robotic cultural patterns, instead of doing what we always have done, what Mummy has taught us so well, what makes us good citizens and what we see in the movies all the time: dusting off the books, sweeping and washing the floor, getting the car to the workshop and going to the doctor - we could as well throw away all these automaticities and start to be creative with a new kind of perception, the *perception of Entropy*.

Creation Versus Entropy

Entropy is the more scientific word for decay, or for order devolving back into chaos. The law of entropy (second law of thermodynamics, stating in many scientific terms "that the world acts spontaneously to minimize potentials" - quote from www.entropylaw.com) could also be called the "law of disorder".

For some funny reason, thermodynamics (one most fundamental chapter of physics) describes the decay of energy in its second law, and states that energy cannot be destroyed in its first law (it has only these two laws), but it has no concept of the *creation* of energy, no concept of creation at all. Obviously for energy to stay the same in amount (first law) and steadily move towards a state of inert equilibrium (second law) it has to exist first, or in other words: it has to be created. So, where does it come from?

Here we happily diagnose the inherent illness of traditional physics: it does not have a concept of creation, it does not have a concept of Spirit and its relationship to the universe or universes (as their creator), and while it is useful for the management of an already existing world of creations, it has nothing to say about the world of creating.

The Last Question

Now, as we walk this Earth as incarnated spiritual

beings, we have to deal with matter all the time, but we can do it in two ways. We can either be robots of our culture, obediently polishing and re-polishing what previous generations have built, just because this is the way that things always have been done, or we can joyously take the opportunity to act as conscious creators who open new perspectives, while dealing with entropy, our most ubiquitous adversary, with never tiring patience and skill.

Isaac Asimov in his famous 1956 short story "The Last Question" has the same question not-answered by countless generations of always more and more sophisticated computers: How to reverse the entropy of the universe? Not one of all these computers has sufficient information to answer the question - somewhere in their many databases they must have read about Sisypheus, who was condemned by the Gods to forever roll a boulder up to the top of a mountain, just to forever see it roll back down again, and realized the truth in this poignant old myth.

Only this one question is left, all other questions have been answered, when after an infinity of time, in a dark universe where all stars have burned out, the last and most advanced computer, who by that time has merged with all consciousness, answers the question by going full circle and saying: "Let there be light!" - and there is light!

It finally realized that the answer to the entropy of the universe is God's, or Spirit's, act of *creating from the void*, and demonstrated it by creating a new beginning of biblical proportions.

Perceiving (Sensing) Entropy

Now, we are not at a point in our history where all available energy has been used up by the entropy of the universe. There is still plenty of a very alive world around us with which we can play. So, how do we move out of the state of a culturally programmed robot, and transform ourselves into a creative spirit who is in an intimate dialogue with his environment and plays an active part in shaping it after his visions, instead of endlessly replaying old scripts?

One key ingredient is being mentioned a lot: it is the famous "being in the NOW" - having one's attention fully in present time, a condition that can be trained, but is also greatly assisted by clearing away old

accumulations of negative energy (in Scientologese: by auditing).

The other key ingredient is a specific perception that we need to develop, a *perception of entropy*. It is not sufficient to understand this concept on a cognitive level (with our mind). We need to be able to *sense* it (with our non-physical perceptions, or better energetic perceptions - that non-physical energetic "limb" that we use to reach out to permeate things and people in our environment and pick up their vibrational patterns).

It will probably be a very individually different perception for everybody. To me personally a very developed state of order (creation) appears "high", and disorder (chaos) appears "low", and the decay of a creation from perfect order to total chaos appears as "sinking" or "falling" (depending on the speed of decay). When I put more order back into the creation, I feel that I am "lifting it up"; when I have developed a good pattern to maintain something, I perceive it happily "hovering"; and when I do nothing and just watch it falling apart, I sense a huge gravitational force reaching for it from "below" (from this universe's basic framework of laws) that slowly but very powerfully "pulls it down".

This is how I have developed my own perception of entropy, and I have plenty of opportunities to train it (I just need to watch what my kids do with my kitchen after I have cleaned it up), but as I said, it will probably be different for each individual who is interested in developing this perception.

Juggling Creations

So, with this perception of entropy pulling away at my creations much like gravity pulls away at a circus artist's juggling balls, I have developed a symbolic picture of projects being held high by my creative energy, which is not directed *outward* against any opponent, but *upward* against the gravitational pull of

entropy that by its very design (yes, we created that too!) wants to turn them back into chaos.

I like to envision a creation as a ball dancing on a powerful geyser of water, with me being the source of this power, and the entropy of the universe being the gravity that pulls it down. I strive to put out enough creative energy to be stronger than entropy's pull. The art of living then, to me, is not a Darwinian "survival of the fittest" type of struggle against competitors, but the skill and finesse in juggling all my areas of interest in such a way that none of them "falls" out of my control. Visualized, it looks like a whole family of geysers with balls dancing on top of them.

This way, my daily routine is no longer a routine. I know the products that have to be complete by the end of the day, but beyond working on these, I walk through my life with curious eyes, touching, permeating and measuring things with my new energetic perception of entropy, and when I sense them sinking too fast or too low, I respond by giving them a quick push upwards - much like the circus artist pushes each of his juggling balls up at the exact moment where it comes down into his reach.

I will spontaneously paint the wall in some corner where moisture has caused it to crumble - or I will remove two months of spam e-mails from my inbox - or I will pluck away yellow leaves from my indoor plants - or I will upgrade my nutritional skills by reading a new book on green foods in the kitchen - or I will see the dentist or get

another series of chelation infusions to clean out my arteries in order to shoot the sinking juggling ball of my health up into the sky for another year - or I will get a session to counter-act the mind level entropy that pulls away at my peace of mind - or I will target the entropy in the wider environment by *giving* a session - or maybe by sending some money to Africa.

No more routine. Instead, an ongoing dialogue with my world to keep all of its juggling balls in the air. It's a



very non-routinized and exciting lifestyle.

An Improvised Scale of Entropy vs. Creation

Just recently I have adopted an improvised scale to determine where a life area is standing between total order (perfection) and total chaos. From bottom to top its levels are:

- **Dysfunctional:** total chaos, nothing works . Example: A garden has been turned into a junk yard of old cars, refrigerators and garbage, trees and other vegetation are damaged by the junk, maybe there is even oil and other toxic substances seeping into the soil.
- **Degenerated:** there is (or better has been) some function, but it has degenerated into a condition that is worse than nothing at all. Example: a vegetable garden where things still grow, but are overgrown by weeds so much that they suffer.
- **None:** the area either has never existed in my life, or I have closed it down with a thorough clean-up. Example: my meadow before it was ploughed and turned into a vegetable garden.
- **Bare minimum:** the area is just starting to work with first successes. Example: The garden yields first fruits but not really enough to feed anyone.
- **Fairly functioning:** The area works, but on a rather low level, compared with either the cultural standards

or with my own expectations. Example: the garden feeds the people, nobody starves, but it has only a small variety of vegetables and no fruits at all.

- **Good shape:** the area works to my satisfaction, I like it the way it is. Example: A garden which feeds the family all year round, there is a complete ecological circuit, and nobody is malnourished.
- **Professional:** the area works better than I need it just for myself, I am producing high quality and an abundance that I could sell to others. Example: a well established vegetable farm where I can sell enough produce to pay for everything that I am not growing myself.
- **Aesthetic:** the area works on a professional level plus having an extra level of beauty that could be called a luxury. Example: the same vegetable farm, but with a beautiful layout and additional flowers, and garden architecture principles applied.



Having my money-making job or my writing or my love life or my case or my health dancing at an optimum "height" on the geyser of my creative energy is quite a lovely sight. I'm not perfect at it yet, and some life area (currently it's my garden) always tends to sink badly before I realize it and balance the available time and energy better to pick it up again and keep it on top of its energy beam, but isn't it so that "practice makes perfect?"



London Org in the Late 50s and The ACCs (Part 2)

By Antony A. Phillips, Denmark

In *Ant's Scientology Story 5*, in IVy 104, page 8, we had a change from following my career step by step, and did a survey of the things which were the high point of Scientology life in the 50s: Congresses. So now lets get back to my chronological Scientology history. We left me (IVy 89, *Ant's Scientology Story 4*) as an HGC auditor (of very poor caliber, I would say).

At a point, there was a vacancy for the Director of the Personal Efficiency Foundation. This was the third delivery department on the Org board (the others being Hubbard Guidance Centre, handling auditing, and the Department of Training). I suppose I was chosen for this post because I had had experience in Dublin. On this post I worked from about midday until about 10 in the evening. Wages were quite tolerable, though we were now on the unit system. I had two courses running under me, the Personal Efficiency course, which was free, and taught things similar to what I had taught in Dublin, and the HAS course (standing for Hubbard Apprentice Scientologist) which on Mondays, Wednesdays, and Fridays practiced the Communication Trs (0 to 4) and after one had done this for a while, on Tuesdays and Thursdays the Upper Indoc Trs (6(a) to 9) were taught. I remember these as very lively courses, up tone and noisy. There was a quarter of an hour break where people had a cup of coffee in a plastic cup from a coffee machine there and chatted and joked. It was

in a not very "upstat" area: the entrance to 35 Fitzroy Street; our address was 37, and the top two floors of 35 were private dwellings.

I actually do not remember much of what I did. I had some idea of what an executive should do (not practical, picked up from Ron's writings), so sometimes I sat in the back of the PE course and observed. I felt it was very lifeless the way the South African instructor ran it. Ron had apparently forbidden the use of "teaching by agreement" (lively two way com between the instructor and each individual student) because he considered we could not do it (without invalidating and evaluating), and the instructor gave a rather lifeless lecture on the basics, which I noticed was the same lecture each time, by which I mean there was no attempt to reach the reality of each week's audience.

Association Secretary

When I came back from Dublin, the Association Secretary, head of the HASI, (HCO was a separate organisation) was still Jack Parkhouse. At a point Jack Parkhouse and his wife Alison, immigrated to South Africa, and a new Association Secretary, John Fudge, was sent from the USA. The name Fudge struck me as funny (peculiar). At one point when I was working in shipping, I felt really bad, told Fudge, and he sent Peter Hemery in to me in the shipping department to give me an assist. Peter came in with a small

table he put between me and him for his admin, and I felt ARC broken over this (though did not say so) because I consider it broke the communication line between us. Something I had read somewhere was "bad" to put barriers between auditor and preclear.

Sixth London ACC

Congresses and ACCs seemed to take place twice a year at that time. The 6th London ACC was booked for May 1959. At the time they ran what was called an extension course, which was a correspondence course in basic books like *DMSMH* and *Science of Survival*. Joan de Veuille was the instructor on that course, but she wanted to take the Sixth London ACC, so I agreed to take her post while she was doing it. This worked alright for the first week as there was an even number of students on the ACC, which there had to be, as a lot of most ACCs was co-auditing. However on the second Monday of the course, an auditor from Greece, Dimitri Chronis, turned up and demanded to come on the Advanced Clinical Course ACC. He was a week late, so he was refused. But he would not take no for an answer, and in the end, Nibs Hubbard called me in and asked if I would come on the course to make the numbers even, explaining that I would not have to audit with Dimitri. Nibs made it very clear to Dimitri, that I was a staff member who did not get a high wage, and would be missing what I normally got. He did this in my presence, and insisted that Dimitri pay me £3 a week, which Dimitri faithfully did. I cannot at the moment remember if I did the Extension Course instructor job in the evenings or not, but anyway I was on the ACC getting audited on experimental processes. So far as I can remember the experiment was aimed in the direction of trying out permissive overt withhold to see if it would lead the preclear

whole track (I think there has always been in Scientology curiosity over past lives).

The process we ran therefore was something in the direction of:

What might you have done to _____?

What might you have withheld from _____?

An assessment was done by one of the instructors, and I think it was Dick Halpern who assessed me. I can't remember what items came up, but I do remember that it ran back track what I might have done and withheld.

In one incident or life in England about 500 years ago, I was apparently a sort of outlaw or tramp, or penniless person, living in the woods with my mate. Another one was more interesting. I was a squire (Lord of the Manor sort of thing) in some village in England, having a reasonable situation, with a largish house, wife and two or three children, and servants. I imagine there was a good deal of land associated with my position, which gave a good income. The house was at one end of the village. At the other end of the village was another much more humble dwelling where my other wife lived with a baby and one or two chickens, in much more humble circumstances. This could have been fine, except that both women were jealous of the other, and both of them plagued me with their jealousy. Apparently I "solved" my problems by deciding that it was my duty to join in the Crusades to fight for my faith. I felt proud of myself! (I suppose third and eighth dynamic being more important than the second, or rather two second dynamics! It took many sessions for these lives to come up and develop.

The ACC being over, I went back to my Director of Personal Efficiency post. We were

at that time working on the unit pay system, where different jobs were assigned a different number of units and the unit represented a proportion of the previous week's income. When I took the post of Provisional Director of the PE Department on, Herbie told me that I would get an increase in units if I improved the Personal Efficiency Department. I asked for that increase in units. Herbie refused. I sent a dispatch to Ron (which I still have somewhere, a copy was in an earlier IVy) where Herbie remarked on it that he did not see why I was bothering Ron, and Ron wrote back (on the same piece of paper) that an auditor post was also important. The sequence of events is a little blurred in my mind now.

Private Practice and helping Ray Kemp

There were no statistics that showed things had improved under me, so it was perfectly logical that Herbie did not raise my units. However, I was not looking logically at it, was unhappy about it, you could say ARC broken, and I left the org staff. I also left teaching the weekend course where there a charming couple, Bert and Elsie Coleman, who lived out at Pinner (an outer London Suburb in the North). We came to an agreement that I would move out to them, and we would start a group together.

I would not say we were very successful. I gave a lecture to the local Rotary association, which resulted in my auditing for perhaps two sessions, the wife (I presume) of one of the members. Elsie somehow got a woman to have an intensive. The woman had had many electric shocks and was (so to speak) very much not there, and Elsie's auditing appeared not to help. It is not a good idea to leave a person unhelped, so I gave a free 25 hour intensive to the woman hoping to save the

day with no result. I know nothing of why the woman had had electric shock. Auditing her was not a pleasant experience.

To keep body and soul together, I got a part-time job at the local Post Office, on condition that I stayed until after the Christmas post. That meant getting up at four o'clock in the morning. I also had an arrangement with Ray Kemp, who lived with his wife Pam and their son nearer in to town, at Golders Green. Ray had a theory that Jews were more interested in their children than others, and Golders Green had a relatively large population of Jews. Ray also had some sort of agreement with Ron to run a research project on what was then called mentally handicapped children. I had a moped (pedal assisted cycle), and after my postal round (which finished about 9.30) I drove in to Golders Green and helped there. Amongst other things Ray had got a woman as a preclear, and somehow I got to audit her, and she had the idea that Ray would be there when I audited and supervise, and he was not. Good ground for an ARC break, and she was in an ARC break on it when I audited her, with Ray apparently having the idea that he had done nothing wrong. I think at that time there was not a routine method of handling ARC breaks the rudiments as we now know them came later.

The result of that project with the children was that we found that we improved the children in the day time when we had them, but they went back to their parents, and were treated as if nothing happened so they had lost their gains next day when they came. The conclusion was that to help such children, one would have to put them in an institution where they did not see their parents, and the staff had to all be trained Scientologists.

E-meters in the fridge

After Christmas, I left Pinner, and a man named Jim Pembry (who had been on the sixth London ACC) had moved into a basement flat in Swiss Cottage, near Hampstead. A fairly upstat area. I moved in there with Derek Field. At this time E-meters were being used, and something called the green and gold e-meter was sold by London Org. However there was no real policy stopping others making meters. In fact when meters started being used again, in about 58, the students on course turned up with all sorts of e-meters from the old days (about 1952, before they stopped using e meters). One I can remember was in two parts, one part being a mains transformer (it used valves, not transistors). Jim, apparently had a past in electricity (I think high voltage, perhaps to do with trains). He started making e-meters (transistor e-meters like the green and gold HASI sold). Transistors at that time were very new and not very stable, which is why they had a trim knob, as they would vary with temperature. This was something Jim was very keen on improving, and to test the stability of his meters with temperature changes, he would put them in the refrigerator, and I think the oven.

I think in all of the 50s I was very poor at communication, and quite incapable of talking to others about their getting auditing. I was thus not good at getting preclears. However, one of my students on the Day HPA course when I ran it had a mother who was a bit down-in-the-dumps, and I got her as a preclear. I just ran the standard stuff on her (CCHs probably) and ended off with some open air processes. We ended off with extroversion processes in a local café. However, I got to hear from the daughter that she was pleased with the result. Still at that

period I was pretty poor at observing as well as talking to people. Incidentally, someone else who had been on staff at HASI, kicked up a bit of a fuss, saying that he had been promised the preclear, and I had stolen his preclear, which bothered me (the thought of stealing a preclear), but the daughter assured me it was not so.

When I was at Swiss cottage I did run a Scientology group one evening a week, together with a friend, Bevan Preece. It really consisted of a few friends, covered basics, and did not increase in size. I think we ran Tuesdays at his flat near Notting Hill Gate, and on Thursdays at Jim Pembry's flat. I believe Bevan was a friend of Ken Urquhart, and it was there that I made my first acquaintance with Ken.

Another ACC

The time came round for another conference which I attended. As I have mentioned, ACCs were run for the six weeks following a conference, and the conference was the source of students for the ACC. I went to this conference eagerly. I was keen on Scientology and wanted all I could get, but I had no intention of going on the following ACC no money, no job. However, I changed my mind, partly because there was a special offer. One did not have to pay for this ACC in advance, like one usually did. This, we were told, was because Ron was looking for the worst cases to try his processes out on, and he reckoned to find them among those who could not afford an ACC. I booked for it, with Bevan Preece. It was originally to be called the 7th London ACC. However, Ron had settled into Saint Hill at that time, and I suspect he did not want to travel up to London each day. So we had to travel down to him, and it became the First (and only) Saint Hill

ACC.

There was a lady, who looked to me rather elderly, who sort of haunted HASI London premises and went to the free or cheap things (like group auditing, tape plays, Bevan played the Clearing Congress films for free at the HASI every Sunday for a period, and there were often a few people hanging around the reception area). This lady was not accepted for the ACC, I think because she had no prior auditor qualifications. We traveled down to Saint Hill from London every day in a hired bus, and on the first day she was sitting on the bus at the back when the rest of us arrived, and they could not get her off, despite the fact she had no business there. So she got on the ACC that way. We sat in two or three rows to hear Ron lecture, and for some reason we had to sit in alphabetical order of surname. Her surname was Russell, so she had to sit a little behind. She was deaf and made a big fuss about wanting to sit in the front row, but it was made very clear to her that could not be changed just because she had a hearing disability. But she solved that easily. Next day she came down to Saint Hill and said that she had changed her name to Eileen Russell Able. She could now sit in the front and do so for the rest of the LRH lectures.

At this moment I cannot remember who the instructors were. Nibs had vanished off the scene some time previously, and I don't remember the stalwart ACC instructors, Dick and Jan Halpern being there either.

The subject of the ACC turned out to be havingness and confront, with the idea (which I have not really come across since) that one should run alternately havingness and confront processes. There were loads of each type of process, and a method using can squeeze on the e-meter to find which worked

best. Looking in the red volumes you will find the many different havingness and confront processes we tried. We sat in what was called the Monkey Room. On the wall were painted many scenes with monkeys dressed as humans doing things humans do, young and old. As we spent quite a time traveling back and forth daily by bus, and got home in good time, the time spent on course was not so much.

Television Hire Service and supervised co-audit

About this time I got a job. A friend of mine, Alfred McConochie, ran a little shop in Clapham (south west suburbs of London) where he obtained old television sets and hired them out also we sold small electrical things. He offered me a job there, and I thought the idea was that I would handle the business, while he went on the Saint Hill Special Briefing Course, which was new at the time, and "all the rage". I moved down to Clapham, getting a reasonable room to live in on the Common (large flat grass area).

Alf let me use the room above the shop as an auditing room, and I did audit one preclear there, the only person who I ever brought into Scientology, and who left me enough money when she died to allow me to buy computer things for IVy when I lost my job and thereby the use of that firm's computer things. It was at this period that I went up to London HASI in the evenings to the co-audit I described on pages 46 and 47 of IVy 89. Those were invigorating evenings.

One thing I remember (to my shame) about that time was that I had the idea that I was relieving Alf so he could go and take the Saint Hill Special Briefing Course. He showed no signs of doing this, and I got sort of grumpy

and ARC broken about his not doing so but I guess my communication level was so low that I never got round to telling him. Communication is the universal solvent, but it is wise to take the cap off the solvent tube and use a bit of it! (Scientology only works if you use it!)

I suppose I am one of those people I have run across others who have a sort of compulsion to be on Scientology staff (I think I have run that compulsion out, by the way). Saint Hill was in action as Ron's home, the headquarters of Scientology, and the home of the Briefing Course. It was a target for keen Scientologists (Bevan went to Australia to earn the money to come on the newly started Briefing Course). One day when I was up at HASI for the co-audit, I saw a notice in the hall that there was a vacancy on the staff at Saint Hill Manor. *Wow!* I applied at once, had an interview by the then book manager Edgar Watson. I remember Edgar had a walking stick, a very friendly person, and later somehow got thrown out, and started with another person something called Amprinistics, which Ron was not pleased about. I believe Edgar audited privately, and amongst his preclears was Ken Urquhart, for whom he got the job of (as I understood it) Ron's Butler (see his story in IVy 2), so Ken was on staff before me. I do not know if there were other applicants to the job I applied for, but I got the job, earning £10 a week, which was £2 more than I was earning for more hours a week in a shop in the London Suburbs. (Saint Hill was not on the Unit wage system, and never was to my knowledge.)

My Scientology story was by no means over!

A little postscript

I told earlier of my six months in Dublin where

the organisation was in very bad shape, and I cried out for a replacement for me every time I sent my weekly reports to Jack Parkhouse and Ron. Although I did get some (apparently ineffectual) auditing in two intensives when I was there, the period was never looked at in auditing afterwards. That is to say until some months ago, when I was run on what was called R3X (extended form of Dianetics, incident running). That was a surprise. I realised two things which astonished me. The first was that Jack Parkhouse had hired me while I had absolutely no qualifications to do anything I was expected to do some hundreds of miles away from any help. I did have an idea of the theory of how you did teaching by agreement, and in six months, managed to refine that work to something quite satisfactory. But I had absolutely no management experience, or idea how to take an organisation that was more or less on the rocks and turn it round to a success. I also had no experience in handling juniors of whom I had two very faithful people. The other things I realised was my complete lack of curiosity, which was noticeable when I came back to London. I worked at HASI, which had direct control and contact with Dublin, but I never so much as thought of inquiring how things were going, and I have no idea whether the organisation finally folded up under Darrel Sykes, or under someone who followed him.

So next installment deals with my second time at a (relatively for that time) large Scientology organisation.]

[End]



Stimulate Your Spirit, Mind and Body!

Subscribe to International Viewpoints Magazine – Now CyberIVy

- * Only Freezone publication that covers it all – and since 1991:
- * News and “gossip”
- * Groups and services
- * L. Ron Hubbard’s technology
- * New technical developments
- * Philosophical points of view
- * Successes in application
- * What’s going on in CoS?
- * Book reviews
- * 4 issues a year, 40 pages, letter size.
- * Distributed via email (PDF).
- * Free membership to the exclusive online discussion forum for subscribers!
- * Only \$35 a year



To get a free copy: email us at IVyMag@ivymag.org and write “Free IVy, please!” in subject line

Website: IVyMag.org

Join the IVy Community!

Stock photo. Not actual members.



Our IVy community is most accessible through our online discussion forum. This is a private forum, consisting of very interesting and active individuals.

There are highly trained auditors. You will find some of the best standard tech auditors in the world online here. There are top trained case supervisors and solo auditing supervisors. There are leaders, from around the world, of different Freezone training and delivery centers: from Western and Eastern Europe, to Australia, USA, South America and elsewhere. There are active developers of Freezone technology, including tech finders coming up with new advanced levels or reevaluating older LRH tech. We have numerous members who are old-timers that knew Ron Hubbard up-close-and-personal as they worked with him or studied directly under him.

To become an IVy subscriber and forum member, send payment via Paypal. We accept credit cards, check-by-email, bank transfers, etc. Via this service. You log into this payment services website: www.Paypal.com You may have to register with them. It takes a few minutes. You send your payment to our designated account: IVyPay@ivymag.org That's right. The name of our Paypal account is our email address. Send US\$ 35 for one year subscription/membership to IVyPay@ivymag.org Contact us via email, IVyMag@ivymag.org if you need any assistance.

Website: IVyMag.org