



# International Viewpoints



"May the **Tech** be with You!"

# The IVy Community in a Period of Change

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## Aims of IVy Magazine:

Updated September, 2008

"To provide an independent publication and forum to the meta-scientology community."

The meta-scientology community, sometimes called 'the Freezone' or 'the independent field', comprises people interested in the technology and philosophy of L. Ron Hubbard and the application thereof. A part of the community is working on new developments in this field of self-improvement and IVy covers that as well. We embrace Hubbard's original work, including the axioms, the basic teachings and the technology, but see the subject as a developing field of applied philosophy and spiritual technology.

IVy has no affiliation to the current CoS, nor has it any economical affiliations to any independent tech delivery group. IVy stands for freedom of speech and accurate, reflective reporting. Community members are free and most welcome to present their diverging views; that is part of the IVy mission. As long as a contribution is based on fact or personal experience, and likely to be of interest to the community, it will be considered for publication.

Our three main activities are:

- 1) The publication of the subscription magazine 'International Viewpoints' (IVy). This magazine will be in electronic form and appear at least 4 times a year.
- 2) maintaining the website IVyMag.org
- 3) Conducting online discussion forums – open to subscribers of IVy.



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## Our Second Regular CyberIVy

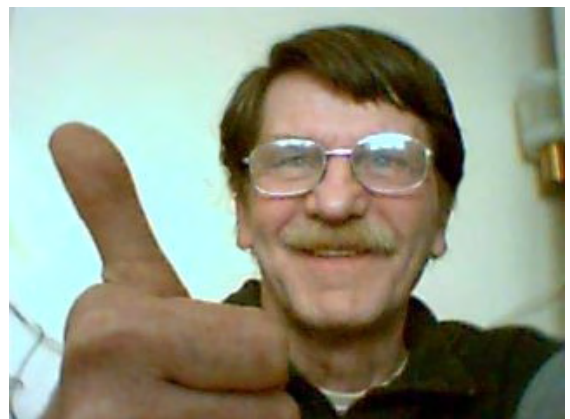
The past few months, since new years, have indeed been a period of change for IVY. The free issue, IVY 100 of November 2008, was published from USA. IVY 101, of February 2009, was published from Germany where we had planned to stay. This, however, did not work out, and instead we decided to move the place of publication to Copenhagen, Denmark – right back to the roots of IVY and from where the paper edition has been published since 1991. So this present IVY 102 is published from Copenhagen and we plan to stay here. This is where the Board of the publication is located and the writer of this is a Danish citizen that, for the last 20 years, lived abroad.

In the same period the paper edition of IVY will be published for the last time. It is expected to reach the subscribers in late May.

Let me use this opportunity to express a deep felt Thank You, to our retiring editor-in-chief, Antony Phillips, and at the same time wish him welcome in his new position as Chairman of the Board behind CyberIVy. As you may know, Antony will also continue as moderator of the many email lists and will thus have a significant presence in the IVY community in times to come.

The newly appointed  
Editor-in-Chief

Rolf Krause,  
Denmark



*Rolf K, the new editor-in-chief*

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# A Whole Track Story

*By Scott Douglas*

This story begins before time began...

I am viewing and being part of a universe without force, without space as we currently define it and without mass. The energy is what I will call "formed light." There is no word in English to describe it. It's a pleasant, aesthetic, and intense form of light or radiation. This is before time. The colors that we currently can experience in this universe do not even stand a comparison to what exists in this particular universe. The energy-level is the highest I have ever experienced; yet, it's the most comfortable in my experience.

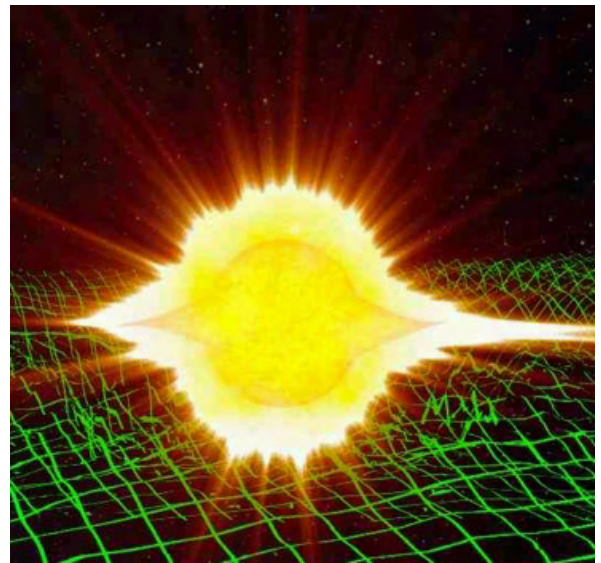
I have faint memories of passing through many, many universes. [I arrived at the point in time from which I'm describing this scene.](#) [Probably at the universe described above.](#) I became a part of a vast source of energy along with many other beings. I felt a wave and became aware of self and separation from [others than self.](#) I wandered away from the "Source" and was aware of only a very few others also doing so. I decided to begin exploring and became aware of another universe. I would pop partially out and look around and become an identity and then retreat. After doing this many times, I decided to enter this "thing", this new universe.

For the purpose of clarity, I use the word "I" in the description. The truth is that "I" as we know it doesn't really capture the experience as there wasn't an ego, an "I."

I existed as a whole being for many trillions of years. My tone was many, many harmonics above serenity. I decided to split (male and female?) to explore existence.

At some point, I remember being pulled into a massive implosion (maybe a black hole). I kept on trying to maintain a balance by throwing what I had created, as well as stealing what others had created, into the hole. I lost. I was helplessly drawn into the implosion.

I joined with two other beings (male and female) to create a single, unified universe which we ruled in



*"Formed light"*



harmony. I then split from the other two when I became bored with that game.

I was wandering between universes (galaxies?) and began playing with time, energy and space. I bent and reformed each of these elements individually and together in various combinations.

I was wandering in this universe when I was attacked by a pack of beings and was hurt by various energy forms: fine beamed, broad spectrum from multiple sites, slicing, smashing, imploding, exploding, crushing and disorienting. I escaped by pulling in my own space to my viewpoint and then uncreating that viewpoint. I recently approached this area with the assistance of my freezone auditor, who assisted me with great understanding.

I began to play with other beings. Nipping and flowing into their space; generally interacting as separate beings.

I began experimenting with covert and hidden control of other beings. This series of experiments began with simply touching their bodies with anchor points. I found that this created confusion and anger. This progressed to touching the control points established by the beings, ultimately what humans call the mind. This was accomplished over several billion years. Eventually I was able to project thoughts into the control centers without being detected.

### Implant Device

At one time, I was entrapped in a crude implant device created to control the population of beings in a civilization in this galaxy. The device consisted of a tube with various energy beams and flows that enticed beings into the tube. Once inside, numerous images were shown that instilled "correct thinking" into the core of a being. I went along with the implant and was incorporated into the culture it was supposed to impact.

After a period of time, I started to explore who (or what) was creating this device. I discovered a group of beings who thought, themselves, they were assisting the growth of the beings in the culture. The groups were called by various names depending on the culture they were impacting. The reputation and PR of each of these groups was excellent. Each was revered by most beings of the cultures they impacted.

I became involved with these groups of beings, conducting and participating in missions that shaped this and other cultures in this and other galaxies. The major impact of these activities over about 2 billion years of experiences was to shape and "evolve" well over 1,000 cultures spread out over some 34,500 planets, which involved a population well in excess of 600 trillion beings.

The group worked from an "overseer vantage point." We existed on a higher plane with a much broader viewpoint than those we were overseeing. Although we didn't have bodies, in the sense that humans do, we could create one if the situation called for one. A body is a great help in communicating.

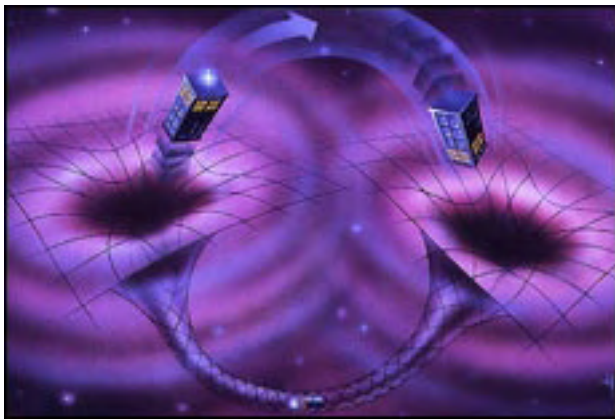
### Some Other Missions

Some of the missions I was involved in follow:

- 1) I was incorporated into a society on a planet that sustained a "cosmopolitan" multi-planet culture. After three generations of experience with this diverse culture, I was placed in a well-connected, wealthy family in the finance (banking) industry. After a normal childhood, I was

placed in a position within the industry and destined to become a leader of the industry. I began manipulating the ownership of various companies with the objective to reshape the entire economy of the culture. I did just that. I was driving many companies out of business and supporting many bankrupt industries. In essence, I was a "mover and a shaker" of this multi-planet culture.

- 2) I used my abilities to shape thoughts within other beings to obtain information and change information through other beings. I remember working through an honest, hard-working individual that had access to very secure information which was needed to expose a plot. This plot was suppressing information on 24 planets, and other orbital structures. It impacted 234 billion beings. After guiding this individual through otherwise impenetrable security procedures and other barriers, I was able to duplicate the information and models in his mind and instruct him to recreate it in his own laboratory, outside of the security parameters established to prevent its dissemination. Afterwards, the information was received by the proper beings and a major problem in the developmental cycle of the culture was averted.



*"Exit Worm Hole"*

- 3) At one point, I was in charge of a large military organization. The organization included planet-side [ground-based] installations, intelligence operations and "space opera" activities. I was very good in this role. I felt very comfortable working with massive operations and complex interactions. In one of my last operations, we were involved in stopping another military organization from invading a specific sector of this galaxy. Because of some crucial wrong judgments in use of intelligence information, I caused major damage. Among the mistakes was to selectively use intelligence to justify actions and ignore other advice and intelligence. This my lack of perfect judgment, resulted in the loss of a major battle, which

turned out to be the turning point in a war. We lost the battle and the war. Ultimately, I was responsible for a tremendous loss of life. After losing this battle, and before I could be captured, I escaped to a planet and took on the role of a hermit.

### Exit Worm Hole

After working with this group for over 2 billion years, I was very tired. This partially due to my own overts. I was ready to leave and looked for some sort of escape from the group and situation. I created a methodology (involved using what we call worm holes or black holes) to leave.

I discovered a fully integrated Whole overseeing a whole set of universes.

### Exploring New Dimensions

During the next 5 billion years, I was an intelligence agent for this very high-ranking group. The job description was actually very simple: enter a universe (or what we would call a dimension) for a billion years or so, make your observations and report back. At first, I would report back to a junior go-between. This being would synthesize my report with other reports and in turn submit his own report

uplines. As I became more accomplished, and my reports become more encompassing, I began to deliver my reports to higher and higher levels in the reporting structure. My final report was to the top of the house...the being or beings to which all of the reports were finally delivered. The reporting process itself was quite interesting. All I did was open up my torso to let out the "light of understanding" and the being or beings would understand what I had understood. No incomplete or false reports were possible.

### The Physical Universe and This Planet

During the last 5 billion years, I have been exploring the physical universe and the beings that exist in and around this universe. I have had many interesting but also many boring experiences. My experiences vary from heading a mining operation on an asteroid, and being a crew member on multiple space ships, to being an operative in the distribution of contraband (a smuggler) on a galactic scale. At one point, I became a rock. At another point, a family of deer-like creatures.

My recent experiences on this planet started about 12,000 years ago in Tibet. I have lived in Mu and Atlantis, Egypt, Africa, Europe, England, and North America. I have, as well, existed in the "spirit" world. I am talking about actual universes which coincide with this planet and planetary system that operate on a higher vibrational level than animals - and I include humans in the animals category. My job for about 600 years was to help beings to separate from their bodies and get on with their evolvement. In the last 200 years or so, I have been a pioneer in Western-Upstate New York. I can recall multiple incestuous relations, being a con-artist/silver miner. I had a mine in what is now Western Nevada near Carson City, and I died there in a mine shaft cave-in. I was a member of the Sioux tribe for about thirty years and died as a warrior. As a Negroid child, I died at the age of two (1894-1896). I was born in the Chicago area three times (last three lifetimes.) In the life at the turn of the century (1896-1924), I was a small time hood [criminal/crook]. I died when I was shot for squealing on [telling on] a buddy. In the next life (1924-1945), the most notable activity was my enlistment in the marines at the age of 15 in 1939. I died on a small island in the Pacific after my group was wiped out by the enemy.



*Tibetan Shepherd*

### The Continuum of Life

I understand that you may doubt these recollections—as I have at times. True or not, the lessons learned from them have been highly useful in this present lifetime. Life is not simply a series of lifetimes lived in this physical universe, but rather a continuum to be enjoyed. At times, experiences are simply to be lived. Pleasurable moments, as well as the pain of some experiences, provide a totality of experiences to be enjoyed. One of the lessons I am currently experiencing is that Life is a full spectrum of emotion, fulfillment and involvement.

Live Life!!!!



*If you have any interesting or fantastic track experiences as a time traveler, write them up and share them with us and other Ivy readers!*



# SOURCE – or Potential Sources of Troubles?

*By Rolf Krause, Denmark*

In the sleepy East German village of Biere, 150 km south west of Berlin, a torrent of events has of late attracted considerable attention in the Freezone. What happened to Muti Genius Technology? What happened to Caspar de Rijk? And who is now running the show and in what direction? The answers to these questions are at this time not quite clear. But we can give some details for your own assessment.

*Caspar de Rijk* left the Sea Org in 1997 after a 25 year tech career. In 2003, he started RONS Org in the Netherlands, delivering standard tech up to OT 3. Around 2006 he bought a big old house, “a fixer upper,” in Biere. Biere is a 900 years old village, streets paved with cobbler stone and brick, of 2.500 inhabitants. It is situated in East Germany, the former DDR. In 2007, Caspar was introduced to Spiritologie, a tech developed by Andreas Buttler. Caspar, who is an experienced Class 9 auditor and case supervisor, started to deliver Spiritologie rundowns as an alternative to standard scientology, and he now called his center for Multi Genius Technology, an umbrella organization for testing and delivering new technologies and developing new advanced services. As things developed he had more and more clients doing Spiritologie and the influx of preclears wanting standard technology dried up due to lack of promotion. He became heavily involved with Spiritologie and Andreas Buttler.

## Andreas Buttler

Apparently, what happened recently can be understood as a shake-up between Caspar de Rijk and Andreas Buttler. The contest was between doing the Multi Genius concept or only doing Spiritologie. Andreas Buttler is a Book One auditor who calls himself Source. Buttler, the developer of Spiritologie, now claims that this program is the new OT Levels. He has at several occasions stated that “the fourth dynamic engram” is now handled and therefore, the OT levels known as OT 1-3 are no longer needed; nor does there seem to be any room for NOTS or Solo



*Caspar de Rijk*

NOTS, etc. Captain Bill’s bridge is out. His efforts have been in direction of replacing the upper bridge with his Spiritologie rundowns.

Andreas Buttler claims to be the reincarnated L. Ron Hubbard. Since Buttler was born in 1966, when Hubbard (1911-86) was alive and well and just leaving Saint Hill Manor for Rhodesia and then form the Sea Organization, Buttler’s claim demands a new model for how this could happen. He claims in his book, “Spiritologie,” that a Being typically can run several bodies simultaneously and thus LRH, and many other Beings, can have several bodies at the same time. He claims to be such a clone of LRH. According to his book, Mr. Buttler entered several Scientology



organizations in Germany and Copenhagen and stated just that. He wanted to subject himself to a confidential test to prove his true identity. (In the book, he compares the test to what Tibetan Buddhists use to identify their Dalai Lama once the old Dalai Lama is dead.) At one occasion Buttler would only leave when the staff threatened with calling the police to get him removed. He claims to be Source and wants “to take back CoS” and steer it in a new direction, using this new Spiritologie tech. To do this, Buttler needed a credible tech terminal and that is where Caspar de Rijk comes in.

### The Shake-up

For about a week in late February, 2009, Caspar and company were working on getting back into the Sea Org. They were working on their so-called A-E steps (program intended to turn around declared suppressive persons.) They were apparently working under the orders of Mr. Buttler. The plan was to stage a takeover of CoS and “cram senior management.” Part of the A-E steps is to deliver a devastating blow to “the enemies of CoS.” Therefore, anyone in the Freezone was, according to their plan, Fair Game. The leaders of the Freezone were to be given a chance. They were to be called in, one by one. They should “report to Biere to get handled.” Ideally, this would mean that all key terminals in FZ would do steps A-E and support the effort of taking CoS back by joining Sea Org. They could join up or get “destroyed.”

It is, of course, a long running discussion whether those who actually apply LRH tech

faithfully in the free field are right target for such attacks. It seems more like a convenient target in absence of the needed confront of what is going on this planet and the ability to handle that. You can always blame any misfortune on well-behaved lame ducks that are in your cross hairs.

### Rejected by CoS

Andreas Buttler, Caspar de Rijk and company sought to reenter as staff of the Sea Organization in Copenhagen. The Center in Biere (the house) was to be sold. On their website, MGTconcepts.com, many different

conflicting messages would be posted, only to be gone the day after. What we can conclude is that the Spiritologie people apparently weren't accepted by the Sea Org. They seem to have had no luck with David Miscavige and company.

At this stage it had already been stated in press releases that Multi Genius Technology was cancelled and the only service delivered in Biere was Spiritologie. Only, Spiritologie as a separate subject from Scientology had also been canceled; it had reportedly been as-is-ed by

Buttler, and it was not to be delivered in Biere but through the CoS. This was an odd position as, as far as we know, there at no point was any interest in such a change on the side of CoS.

### Flag is Now “Here”

After the direct take-over attempt failed, the next move of the Spiritologie people was to announce that the Flag Service Organization no longer was the establishment in Clearwater, Florida. With immediate effect,



*Andres Buttler, German actor and rock singer, claims to be the reincarnated L. Ron Hubbard. Maybe that is what inspired him to color his hair red.*

The Birega Haus in Biere was now Flag Service Organization according to the Being calling himself Source. Also, Tom Cruise, the best known Scientologist, had to report in immediately for a cramming there. The topic was, to cram the Hollywood actor on how to speak about psychiatry in the media. He had received much opposition in attacking psychiatry publicly in a matter involving Brook Shields, a well known Hollywood actress.

### Birega Haus and Standard Tech

At the time where all this was in the making, a Class 8 resided in the house. That was the author of this article. I had an agreement with Caspar about setting up a standard tech HGC there as part of the Muti Genius Technology concept. I had had several discussions with Caspar before getting there and many more took place on the premises. It seemed to meet considerable resistance from Mr. Buttler who didn't reside there but was in daily long phone conversations with Caspar. Apparently there was considerable resistance, on Mr. Buttler's part, to have any activities besides Spiritologie at the location. Mr. Buttler was by Caspar described as a Book One auditor without any advanced tech experience. He had worked as a Book One auditor for a German CoS for a number of years. He had also had auditing and done several advanced levels at RONS Org in Munich. In present time he made his living as an actor and rock singer, being the fore-singer of the group, Stimmkraft (voice-power). He was not currently running a practice as an auditor but wanted to

concentrate on his artistic endeavors. Andreas Buttler had never been a Sea Org member.

### “Get Rid of Him”

At the time the handful of residents in the house were all doing Spiritologie as solo auditing. I had also expressed interest in doing so as solo to be able to form an opinion. Apparently it had long since been decided by the Being calling himself Source that the presence of an additional Scientology auditor would weaken his control of the location. Instead Mr. Buttler apparently conspired with Caspar to find a way to show what we know as standard tech the door.



*Birega Haus, situated in a sleepy East German village, looks and feels like the castle of the fairy tale “Sleeping Beauty.”*

I first received a metered interview from Caspar. As it developed, it was a rather bizarre affair. First, it wasn't a D of P interview as first announced. It developed into what could be called a philosophical discussion about the tech, the axioms, and this universe. Caspar wanted to stress his views on the axioms

and had little patience with anything else. The MEST universe was all our own creation in present time. “Reality” was only what we postulated here and now. It had no existence outside our own considerations. I mentioned that there possibly was a creator, whether it was “the theta body” or a higher Being. This turned the interview into a grueling attack on the presumed preclear. At one point I put down the cans but willingly continued the session as a theoretical discussion. The idea of an

exterior Creator turned on what I would describe as a fanatic look on Caspar's face. Later I called it the look of an inquisitor. Again later, Caspar rebutted this and said he was being invalidated by his preclear. What I stated was that through the ages, the origin of this universe had never been determined in any conclusive way. Personally, I saw it as bad philosophy to simply exclude a creator without proof. The is-ness of things is that there is an infinity of creations, many of which I don't understand and haven't made. So who had created them? Each religion and major philosophy has their own views on this. Scientists, again, has other ideas. It could be said to be unknowable. Again, this word "unknowable" apparently was too much for Caspar to deal with as it appears at the bottom

of the know-mystery scale and his expressed conclusion was that the preclear in front of him, me, was very low on the scales. The discussion about, if there was any objective reality and who was responsible for this universe went on and on.

Was it our own creations we paid for in the supermarket or did we sometimes benefit from other beings' creations? All such objections were swept aside. At the end, it was clear that Caspar had "won" by his uncompromising attitude. Apparently, that was what this interview was about. It appeared that anyone walking in the door of Birega Haus who believed in an objective reality had no business there or in Spiritologie. This conviction, that reality is only a product of our imagination and present time postulates could also explain why a house that for 2 years had served as the home of MGT and Spiritologie was in such miserable disrepair. Several rooms had blankets as doors. Windows had holes and big leaks or were left permanently partly open, even in minus 15

degrees Celcius. A hole in the wall to an occupied bedroom, where a fan once had been, was left open for the frosty winds to blow through. Many walls in public areas had big holes and were left unpainted. These were all inexpensive things to fix. Besides that there were many other problems that were expensive and more complicated to repair and fix and I won't list those as that would be unfair.

### **A "Memorable" Session**

I was still interested in trying Spiritologie, solo. After all, there were some interesting points in that tech and people doing it seemed to have good wins. One simply finds the postulates and fixed ideas behind any

unwanted condition and handles them with creative processing. Postulates formulated as timeless decisions or attitudes were of special interest, such as, "I am always late for work," "I will never succeed," "You always put me down," etc. as they tend

to float in time and have a continuous effect. If the complaint was, "I hate my mother-in-law!" Run the postulate, "I hate my mother-in-law," (and of course a multitude of related postulates, such as, "She is a mean bitch," "She wants to put me down in my marriage," etc.) Run flow one: "Imagine another causing you 'I hate my mother-in-law'." This may bring up incidents that will have to be flattened before it can go into imagination and its end phenomena. This is run on four flows. It has some workability and is quite similar to "Get the idea of..."

A Saturday afternoon, Caspar was to give his new preclear a groove-in session. He had no other session appointments that day. After

**"The is-ness of things is  
that there is an infinity  
of creations, many of  
which I don't understand  
and haven't made.  
So who had created them?"**

letting me sit and wait for 7 hours, the time had come. The metabolism test on the meter, that is supposed to give a long fall, gave only a reported tick. The session was started anyway. The process was: "Imagine something you don't want others to know about you." In other words, it asks for withholds, and misses many more, without pulling them. The session went on and on without producing a Floating Needle to the auditor's satisfaction. Caspar is a supporter of the current definition of F/Ns: It has to swing 4 times at least. When the preclear, me, would start to bring up a real withhold, the auditor would break me off and stress that I should only imagine things. He wanted no withhold details whatsoever. It should be no mystery why this session didn't go anywhere. The approach is described in an HCOB of 8, March, 1962, called "The Bad Auditor," and in HCOB of 15 Marts, 1962, called "Suppressors." The HCOBs describe the auditor that misses withholds because he doesn't want to know. He is afraid of finding out what really happened as it could be embarrassing. He is afraid of the naked truth and of reality. Knowingly missing withholds on a preclear is also listed as a technical crime in LRH's justice codes.

Later on, Caspar would even state in some detail what his intent was. Since it was meant as an additional invalidation of the preclear's case, we will not quote it in full. But it is available to anyone who visits our office. The last line is in quote: "I WAS KNOWINGLY SUPPRESSIVE ACTING TOWARDS YOU AND NOW YOU KNOW IT!!!"

Elsewhere Caspar stated that he missed withholds on purpose "to teach me a lesson."

### **Suppressive Person Declare**

Sunday morning, the first thing the following day, I was woken up by someone, a messenger, knocking on the door. The message was from the Being calling himself Source. I had to leave the premises immediately, "Because you are not FNing." I demanded an explanation from Caspar and got one about an hour later. Caspar had made a long list of

issues I wanted to do something about, including unhandled things from past auditing, a past relationship, etc., etc. To that was added that the preclear believed in a Creator and similar theological and

philosophical points. It was mainly a list of "wants to handle," items. Nothing unusual, perverted, or criminal in any way. Anyway, based on this list originated in session, D of P interviews, and informal discussions, Caspar declared me for a suppressive person and told me I had to leave immediately. Being one person against a determined and angry group, I realized I had no business there anymore – regardless of what agreements had existed.

### **Tech and Intention**

I never got to try Spiritologie. I was given a choice after all the above. I could join the group doing the A-E steps, intended to turn around an SP declared person, and rejoin the Sea Org with the rest of them – or I would be "forever out." In other words, "Stay where you are (in the Freezone), or join us in our attempt to commit professional suicide."

**"When the preclear, me, would start to bring up a real withhold, the auditor would break me off and stress that I should only imagine things. He wanted no withhold details whatsoever. It should be no mystery why this session didn't go anywhere."**



Any tech is only valid if it is delivered with sincere intention. Unfortunately, that wasn't the case here. It could, on the contrary, be seen as "Black Scientology" as it, according to the auditor's own admission, was delivered to do the preclear in.

There may be some workability to the basic process of Spiritologie. It could be compared to Emotional Freedom Technique, EFT, where the elements and considerations behind a condition that is bothering the client are sought to be duplicated and thus as-is-ed. Only, Spiritologie is done on a meter while EFT is done with a ritual of tapping with the fingers on important acupuncture points of the body. EFT's basic thesis is that any unwanted condition is due to disturbances in the body's energy systems. These "energy systems" could roughly be translated to "the bank."

### Spiritologie

Spiritologie is based on a theory that seems to be consistent with the axioms, especially axioms 1-3. Any condition you are experiencing is basically due to your own postulation thereof. If your unwanted condition is "fear of cats," you find all the negative and charged (reading on meter) postulates you have made about cats and run them directly with creative processing. Time is an illusion and it is therefore not necessary to run timetrack incidents, unless the preclear brings them up. Anything that bothers the preclear IS in present time in some form. Each postulate is run on 4 flows: "Imagine another causing you fear of cats." Imagine you causing another fear of cats." Imagine others causing others fear of cats." Imagine you causing yourself fear of cats." Incidents may, as mentioned, come up and are itsa-ed (described/talked out) as hypothetical scenarios. When the preclear has regained the ability simply to make up postulates and incidents about cats, it's time to look for the floating needle and the end phenomena of the flow. This, in theory, sounds good and sound.

There seems, however, to be little understanding of the power of old agreements, called reality. Another weakness, it seems, is that one only runs what the preclear already knows about. From running chains, such as in Dianetics or Confessional processing, we know that the postulates behind a resistive condition, and all the charged details it is lodged into, can be more bizarre and surprising than anyone's imagination could come up with. Thus, it seems, the LRH maxim of "What the preclear already knows about it not aberrative" is violated. Also, only running significances out (postulates) violates the basic rule of addressing masses identified with blowdowns on the meter and let significances, lodged in these masses, take care of themselves (CS Series 6.) The general rule in Scientology tech is to take an unwanted condition and trace it back to old and hidden agreements, incidents, and postulates that were buried at the bottom of the pile of mental mass and charge. Once that is handled, the preclear will come up with the significances in form of cognitions.

### Don Quixote

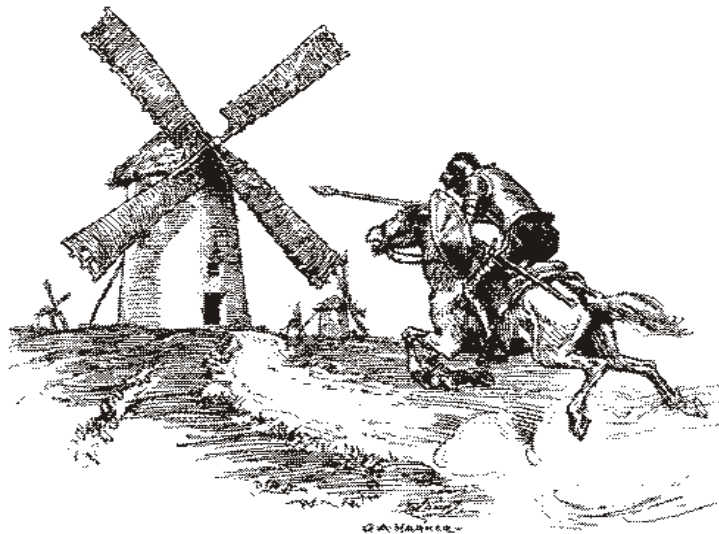
The idea that one can just postulate things into existence and as-is them (make them vanish) by handling the original postulate is upheld in Scientology when it comes to one's own universe. It is one of the basic laws that makes auditing work. It also accounts for the working ingredient of the basic Spiritologie process.

In groups and in the physical universe, controlled chaos rule. We have inherited an infinity of existing agreements and of physical debris. Who postulated what and why has usually long been lost. We are dealing with an is-ness (reality) brought about by countless steps of alter-is-ness and not-is-ness (change, efforts and counter-efforts, revised plans of action, wars, etc., etc.) It is well described in books and policies how to deal with realities of groups and the MEST universe. To get a result,

one has to complete cycles of action. To complete major cycles of action, correct and detailed data, including intelligence data, are needed. The planning and programming have to be well thought out, yet be flexible when surprises are encountered. The execution of the plans takes effort. To produce anything one has to do work – sometimes long and hard – to bring about the desired product. Only dreamers and criminals think that they can have anything they postulate just like that. The recent events out of Biere seem to indicate that the Green on White tech, as contained in policies, is not well understood nor considered necessary. They have issued orders and plans of action nilly wily, only to change it a few hours later. We hope they learn a lesson from

recent events.

To us, the Spiritologie group, Caspar de Rijk, Andraes Buttler and company, seems like a noble and tragic figure. The group as such acts and reacts much like the Don Quixote figure in Cervantes' famous novel. Reality no longer exists. Windmills are made into dragons and then attacked for the glory of it. Sancho Panza, Don Quixote's helper who tries to stay grounded and helpful, is in a blink of the eye seen as a devil as he painfully reminds the Spanish nobleman and crusader about reality.



*Don Quixote*



### Update:

A draft of this article was posted to various newsgroups and IVYs website. It earned the editor the coveted prize of a written SP declare from Caspar. Within a year, six FZ members have now been declared. Anything in the article is, however, either documented or personal experience. I asked Caspar repeatedly to correct any facts that were incorrect but have received nothing except a belated written SP declare. There he said he never attacked anyone in the FZ. Yet, he threatened me over the phone to sue me where ever I would live for having been involved with the Clearbird website.

"Clearbird" is a text that covers standard tech in detail without copyright violations. Apparently, this was an infringement on Andreas Buttler's ego. Caspar also explained how Freezone leaders were to be ordered to Biere to either be converted to Sea Org members or be declared SPs. So I will take the SP Prize and remain your dedicated investigative journalist when it comes to atrocities done in whatever name. IVY has always advocated truth in reporting and freedom of speech. No twisted organization or person will sway this dedication.



# The Dichotomies of Scientology™

## Notes on Main Reasons for the Degeneration of Scientology™

By Ken Urquhart, USA

*In this second article of a series, Ken Urquhart discusses what elements have lead to the current state of affairs in established Scientology™. He seeks answers to the question, "How did the Church's situation deteriorate as far as it has?"*

The nub of conflict here is the dichotomy enshrined within Scientology™. I will expand on that statement at some length in this article. I'll begin with what I found as I examined the official Church of Scientology web pages.

As I take a swift review (on March 2nd 2008) of the Scientology™ website and of what it reports about the organization's activities over the world (I looked at all of them), I have to weigh three things in my mind:

The tendency of this organization to do and say anything that will make it look good and acceptable to the society it exists in. I know from direct experience that this organization had a history of contempt for human society certainly up to 1982. So far as I know, this contempt was common amongst those who took over its management in 1982, some of whom are still in place). Thus nothing that the site says is fully trustworthy. I take it that at least half of what I see and read is spin.

It comes over to me as an inescapable truth that large numbers of ordinary people are having, or have been having, wonderful gains from basic scientology actions. If this is so, then a large number of people have been delivering very good scientology technology to them. The people having the wins are happy to have them (I'm sure the Scientologists delivering to them are happy too). These are ordinary people leading "ordinary" lives but there are also people in trouble from crime, drugs, abuse, and injustice. They are all growing in self-respect, self-determination, resourcefulness, and helpfulness.

*Note: THIS IS A HIGHLY DESIRABLE AND EXTREMELY IMPORTANT FLOW. It is just as important and perhaps far more important than the delivery of very expensive advanced auditing to the rich. The power base of scientology in any struggle with opposition will be amongst the great numbers of ordinary people who will stand up and will communicate with great effect as a body, when doing so makes the essential difference. Those with the money will generally want to protect their assets first and last. The 'ordinary' people with the wins will know exactly what the real assets are in life.*

## The Work of Many Good People

There must be a very large number of people on staff in Scientology™ and its related groups that are both dedicated and effective in addressing some of the problems that society faces. We can't confidently tell from the websites just how effective they are, but we can see that they seem to be still there and working; many of the "success stories" ring very true and some are very moving.

Something here just doesn't make sense. I am going to assume that where things are going very right, the people working on them are at least somewhat free from interference of Scientology™ management or are very skilled at magically transforming or deflecting management's energies.

If this is true, does it lead us towards resolution? I believe it does. It tells us that there are people delivering entry-level services who are not substantially affected by the turmoil at the top of the organization. They are therefore closer to the spirit of scientology than their top managers. Since they are delivering at the entry level, they are working to help make ordinary people's lives better rather than making rich people pay ridiculous sums for the spiritual equivalent of the massage parlor. In other words, these 'lowly' Scientologists are acting out of kindness. This is very important. Kindness is, in fact, central in the delivery and helpfulness of Scientology service – despite the very hard work by the Church of Scientology™ over many years and over many broken lives, to prove otherwise. I know from personal experience reaching back to 1957 that although the professional Scientologists of that day were dedicated to the exactitude of their practice of Scientology, they were in general an extremely kind bunch of people. Some of them I recall with great affection for their genuine caring for others.

*Note: I am using the word "kind" in the senses of "1. Of a friendly, generous, or warmhearted nature. 2. Showing.....understanding; charitable. 3. Humane, considerate. 4. Forbearing, tolerant. 5. Generous, liberal. 6. Agreeable, beneficial." [Am.Her.Dctnry.]*

## Kindness Vs Correction

What I say here is in the context that scientology has a discipline of application, a discipline that is difficult for most people unaccustomed to it to conceive of; a discipline that is taught and applied with kindness only when it is taught and applied correctly. The discipline includes the correction of deviation. Correct correction of teaching and application may have to be direct, immediate, and apparently harsh -- but it will never be unkind in intent. On the contrary, failure to correct deviation from the basic discipline is extremely unkind to the student and to all whom the student will subsequently affect adversely by reason of his/her deviation.

Scientology™ is an institution originally designed to carry a technology and to deliver it to the world. Also to protect that technology from degradation by those misled by the uninformed and the muddled. And to protect the delivery structure from interference so it can keep its purpose clear and clean, free from counter-intention (that is, intention harmful to the largest number) and from other-intentionedness (that is, intention that seeks to veer away from the stated and already-agreed-upon goal and purpose and that would reduce the effectiveness of the delivery structure's outflow).



The dichotomy is that the technologies are based on such things as kindness, a positive outlook, trust, hope, and determination; the protection aspect, however, invites reactivity and becomes, on the whole, cruel, arrogant, insensitive, and out-of-present-time. The Scientology™ reactive protection aspect is a clear manifestation of counter-intention and of other-intentionedness. It has acted as a STOP on the theta flow of kindness, positive outlook, trust, hope, and d e t e r m i n a t i o n .

Therefore, it must go.

I believe, as I look back at what I lived through when in Scientology™, that an identification arose between (on the one hand) the exactness of the discipline of application of auditing technology, which usually requires that deviation receive immediate and direct intervention, and (on the other) the application of ethics technology. Those applying the latter had

misunderstandings about the application of the former. The misunderstandings arose out of the failure of all to recognize that the application of ethics technology requires, for full justice to occur, the same discipline of self-control as the auditor must practice when delivering auditing. In other words, and to use technical jargon, he that would apply ethics tech to another must do so with TRs fully in on the other and on the other's scene. And that includes above all a very skillful TR4. In practice, people seemed to think that the appropriate attitude in which to apply ethics was forceful severity.



*The uniforms of the Sea Org seem to have inspired many to enforce ethics in a militant manner rather than consider the greater good.*

### Is Ethics Practiced Ethically?

It goes deeper than that; the very basis of auditing delivery is that the auditor has his or her attention fully on the recipient of the auditing, not on whatever the happenings in the session might bring up for the auditor within him- or herself. Thus, for the duration of the session, the auditor must put the entirety of his or her attention on the preclear (even under the unusual situation in which the preclear might rebel or attack the auditor due to some over-restimulation). No Scientologist, when not in session, is bound to follow the full discipline of auditing. However, the basic attitude in auditing, that one observes the totality of what is going on in front of one, and acts to bring what is going on to the best possible conclusion, does translate into everyday life. There's every reason why that attitude should translate over into the application of ethics. How else can it be valid? In my experience, ethics was applied on staff, for the vast majority of the time, so that the person applying it wouldn't get 'hit' himself. I know I have done that myself. I have seen more nonsense involving ethics than anything else within the organization, and I have manifested my share of ethics bullshit. When ethics is applied without the personal discipline

necessary for full group justice, it is misapplied and soon becomes abusive. Its result, when misapplied, is degradation and humiliation of sanity, intelligence, and co-operative energy. [One of the great personal happinesses of leaving the organization was the freedom from the enforcement of unethical "ethics" -- both giving it and receiving it.]

### Phantom Sps

Extend this scene to Scientology™'s perceived necessity to protect the technology and the organization from "suppressives." In the presence of perceived threat from perceived suppressives, according to usual 'ethics' practice in Scientology™, no TRs are necessary, or, apparently, possible. There is only one solution for a suppressive: he/she must fully capitulate to the absolute enforcement of something supposed to be "ethics" but isn't, or he/she must undergo death in the form of "SP Declare" and being subject to absolutely enforced disconnection and to 'Fair Game.'

The nightmare of Scientology™ management, under this fear of the "Suppressive Person" is that there are actually "SP's" on staff, right now, undetected. Thus, these executives are constantly suppressing themselves with their own fears. Eventually, everybody becomes either an SP or potentially so.

*Note: Fair Game was officially repudiated by L. Ron Hubbard in order to appease the New Zealand Government, but the act was a sham, a lie, a piece of paper which he had no intention of honoring in deed. I know that because he announced as much right in front of me when the news came that he needed to issue the cancellation of Fair Game policy. His evident intention was to suppress the overt practice of Fair Game for a while but to continue the practice when he felt it was needed, but not get caught at it.*

Consider the consequence if an auditor in session attempts to address a difference with the preclear by enforcing some viewpoint that invalidates the preclear's upsetness. All the auditor gets for his trouble is increased upsetness. Now he has two upsets to handle, and goodness knows how much charge he bypassed in creating them. The auditor has violated the code which guarantees the preclear that he shall have full self-determination over what he emanates in a session. Now, if the preclear erupts into open rebellion in the session, and, for example, makes for the door, the auditor is fully obliged to exercise his self-determination as the auditor but to do it in a way that returns the preclear as smoothly as possible to the chair and to the session.

### Correct and Incorrect Ethics Application

No executive not well-trained as an auditor can possibly address the ethics of a staff member as quickly and as smoothly as an auditor handling a preclear in session. "Yes," you will say, "But the staff member has 'no case on post.'" You may also protest that a staff member has no right to have personal upsets. These things are not the point here. The point is that the executive applying ethics will only create further out-ethics if his application of ethics to the junior violates the junior's self-determinism as a being, through the executive's enforcement of out-TRs. Or, to put it another way, if the executive applying ethics has attention on anything other than the greatest good for the junior and the whole scene in which the two of them are operating. This is a level of

responsibility very few were trained to operate at.

To be technical about it and to beat the point to death: if the executive by-passes the staff member's self-determinism, he or she puts the staff member in a personal Danger condition. If neither the executive nor the staff member notice it and address this personal Danger condition, the staff member will go down in personal ethics condition to Non-Existence as a being, and further down to Liability, and so on. Thus we have what a part of the Church of Scientology has become: a collection of individuals many of whom have been driven down the Ethics conditions as beings by misguided people in management who have no clue as to what Scientology™ is about.

Thus, a very undesirable and self-defeating element has entered into the application of ethics and into the practice of management technology: unkindness. Is the level of unkindness "suppressive"? I think each individual affected has to answer that question for him or herself.

### On Bad Temper

Up until 1972, when LRH left the ship to spend a year in the US (so as to avoid extradition from Morocco to France for trial), I had known him as capable always of great kindness. On his return to the ship in 1973, a year later, he had changed substantially. He became more and more bitterly angry but still capable of occasional kindness. By early 1975, when I last saw him, he had become all but unbearable.

One could argue from this that one reason that Scientology™ deteriorated as it did is that LRH allowed too many people to become executives who were not trained auditors and who had not proved themselves willing and able (and courageous enough) to go into session with another human being and see the session through to a good result time and time again. I will go so far as to say that this is a major Why. There is nothing on earth to equal both the level of self-discipline and the level of self-respect that production as an auditor brings to the auditor as a person. For years I pined to complete my auditor training; when I finally got the opportunity I went through a certain amount of hell in proving myself, but in proving myself I grew and gained enormously and wondrously. I am eternally grateful to those who kept me going through that time; at least one of them is, as far as I know, a loyal member of Scientology™ to this day. This was an enormous kindness to me personally; my thanks have no bounds.

### Lack of Auditor Training

What is the training level of topmost management in Scientology™ today? I don't have the facts on that. But if you take a good look at a photo of David Miscavige, do you see a person with whom you would want for one second to be in session with as



*David Miscavige*

his preclear? Not on your life! He seems to have the presence of a hungry and very agitated alligator whose shoes are far too tight and whose lunch is late. I recall some of the executives I knew who are still there, perhaps in senior posts, or who have left not too long ago. Thinking of them sitting opposite me, and saying to me "This is the session" simply embarrasses me.

We have, in the directing of Scientology™, not a finely-disciplined practitioner of auditing technology who knows how to set an example in the application of ethics technology and of management technology, but a person of a certain cast of mind which has some fixation upon the destruction of "SPs." He is playing his game on the playing-field of Scientology™ his moves create some chaos and confusion; they tend to pervert scientology into something ridiculous, stupid, and undesirable to mankind - the complete opposite of what scientology actually is.

The game is an ALTERED IMPORTANCE and a WRONG TARGET. It's a game - and a perversion - of global proportions.

### **Like a Greek Tragedy**

Gee, Ron, thanks for fixing us up this way. Well, let's not be too unkind to you, Ron. I think you went past major unacknowledged wins in your work; then some things started going out of control, and you became a little desperate...things went more out of control...you became more and more desperate. Tragically, in a situation very like the climax of a classical Greek drama, you became deranged. The gods raised you up and then they destroyed you. Miscavige hooked into the derangement for his own purposes. I am really sorry that it turned out that way for you, Ron; I'm really sorry for what I contributed to that by commission and omission. You did some wonderful things that will forever redound through universes to your credit. You have earned several chances to come back and get it more right. Please do that!

Meanwhile, how do we show ourselves equal to the task at hand: the reformation of Scientology™? How do we support the people in Scientology™ who are both effective and kind in the delivery of scientology to others? How do we set up a relationship with the world in which established Scientology™ or scientology in the free field or both together manage themselves in the spirit of the hallowed Sufi tradition:

SAY (AND DO) ONLY THAT WHICH IS NECESSARY, TRUE, AND KIND.

To answer these questions, I think we must consider how Scientology™ / scientology can actually work in the world as a part of the Planet Earth community, and particularly how they can work very well with the part of the Earth community that is taking responsibility for Earth problems and seeking effective solutions thereto. This I will address in a later article.

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# Integrating Our Sexuality into Our Lives

By Heidrun Beer, Austria

It is not easy for young babies to learn to walk. They have to learn to coordinate the movements of the left and right legs – plus learn to balance the whole body without the help of the hands touching the floor. When they really have learned to walk, they have *integrated* all these component parts and the outcome is a balanced walk forward.

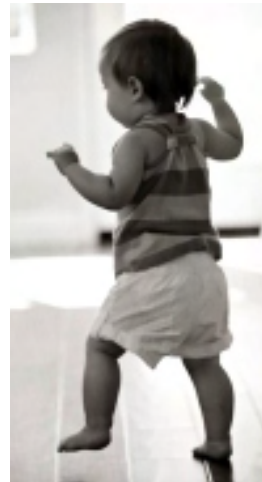
Integrating a new food means to evaluate its nutritional value as well as its entertainment (taste) value and give it a place between the other, already known and established foods.

Integrating the insights from processing into life, where a session win has opened the view onto an area where the necessity of physical action and changes suddenly become visible, could mean a whole program of re-inspecting established patterns and changing them – or stopping outdated patterns, or creating new ones.

Integrating a new language, a new partner, a new child into one's life is done by carefully aligning and merging separate parts into a whole. The result will be something different from what was there before – hopefully better and more complete.

## Integrating Sexuality

Now, *Integrating sexuality into our lives* is especially difficult if the surrounding culture tends to not-is sexuality – or there is a lot of ignorance on the subject (this could be called "subject illiteracy", a thing that also harms other areas, like for instance dietary habits).



*Integration: to make whole from its parts or components.*

We need to handle not only one of the human body's strongest urges and learn to live at peace with it; at the same time we have to break free from our culture's – often grossly destructive, spoken or unspoken – patterns of neglecting, not-ising and unmocking sexuality. We have to break free from the magnetic forces of its GROUP MIND. This mind forms a current

from which it is not easy to escape. (See Rupert Sheldrake's work on morphic fields - we live in a time where consciousness is already forming a new understanding of sexuality, but the "100th monkey phenomenon", where this new understanding would become mainstream, still hasn't happened.)

The *wanted result* of integrating sexuality would be that sexual action or interaction is fitted into our lives so well that it feels seamless - part of one smooth whole - not sticking out too much and also not disappearing into the dark. It is neither seen as too important nor getting too little attention (the two possible sides of the coin of sex being not really integrated). We are at peace with it and enjoy it very much, without feeling trapped by our body's sensations, or overwhelmed or threatened by them to a degree that we have to shut down the whole area. And we certainly have cleanly severed all ties to any cultural forces who try to put "dirty", "low", "only physical" and similar labels onto this vital urge, source of life force and essential channel of expressing love.

### There are Many Pieces to Life

Any sign of compulsion, be it compulsive attraction to sex or compulsive rejection of sex, means that there is more to do to reach integration - in other words, to reach a point where our sexuality smoothly interacts with the rest of our lives.

This whole complex, again, needs to be embedded into the perception and certainty that our own - spiritual - self is *bigger* than both our body and this current lifetime.

As much as sexuality is just one puzzle piece of a human life, our current human life is only one puzzle piece of our spiritual

existence with all its incarnations and the equally important time between incarnations, where growth and evolution is happening as well, just on a different level (at least according to the newest generation of books written by out-of-body travelers).

So, even such a physical thing as sexuality can be truly understood and managed only from a fundamentally spiritual viewpoint.

### The Dynamics and Sex

Another level of integration - that of the second dynamic, of which sexuality is a central component - with the other dynamics, is not really the subject of this article, but here is a general outline anyway:



*Roman Fountain*

The dynamics could be seen like a Roman fountain. While life force streams up to the top from the root that we have in the 8th dynamic, the concentric bowls are filled, beginning with the most inner, the first dynamic, covering the immediate body survival with its basic needs of income, food, sleep, shelter,

health care etc. If the first dynamic is well taken care of and life force flows over from it, this life force can become active in the other dynamics. The first of these would be the second dynamic. But: the physical sexual urge as such, is still part of the first dynamic, much like hunger, thirst or the need to sleep. It is entirely self-centered and no partner is required to satisfy it. Therefore, integrating sexuality is not the same as integrating the second dynamic. As long as we are healthy

adults, we have a sexuality, no matter whether we have a partner or not, and taking care of it is a part of our responsibility toward our loyal working horse, the body.

### The Sexual Urge

One of the most widespread cultural misconceptions (solid group agreement) is to mix this first dynamic urge up with the second dynamic urge of co-creating sexuality - as well as all the other areas of private life - with a partner. They are *not* the same.

Myriads of women have suffered and are still suffering from being treated as objects used to satisfy the first dynamic sexual needs of men who have never been educated about these two separate forms of sexuality - and have never mastered the first, entirely self-centered stage, and have never reached the maturity of truly taking care of a woman. The other side - women using men for their first dynamic urges - probably exists too.

The point is: A partner comes only into the picture when, after caring for our own basic needs, there is *enough free life force left* to care for one or several more persons (spouse, children). If all life force is used up by difficult life circumstances, physical problems, or because it is frozen in chains of engrams or other case constructs, there is not enough energy for a second dynamic and it will either suffer or fail.

The second dynamic is the Roman fountain's second, next outer bowl, and sexuality is only one part of it, hopefully well integrated. I can speak only for myself here, not for other people, but I can sometimes nearly physically feel this "overflowing" of my life energy from myself into the people nearest and dearest to me. It literally "flows forth" from me when my own basic needs are taken care of. If the

second dynamic "bowl" is well filled and there is still more life force available, it can flow into the other dynamics. From here on, the configuration is more variable and mostly a matter of personal preferences, but the first and second dynamics cover our physical existence (body) and future physical existence (children, in other words future bodies), so their priority seems to be obvious: They guarantee the whole scenario of physical incarnations in times to come; and with it, all the abundance of future games in and with a body.

### Basic Needs and Excellence

Also, if the first and second dynamics are kept short of life force and resources (time, energy) - and sacrificed to the "higher" dynamics over a longer period of time, there is a risk of collapsing back into these lower dynamics without warning - and at inconvenient times. Because, they are essential in providing the stability and happiness for any higher organized activity.

We have all heard about collapsing with hunger or falling asleep at the steering wheel. A similar malfunction due to sexual deprivation, may not be so easy to detect or to prove, but haven't we also heard about "frustrated women" who make life hell for others? They are lacking the joyous attitude and the life force that comes from a healthy sexuality. And if we just look around, the same phenomenon can certainly also be found among men. "Make love, not war" - it would be interesting to investigate the love life of really hard-boiled warmongers. I bet it is rotten.

### Integrating Sexuality

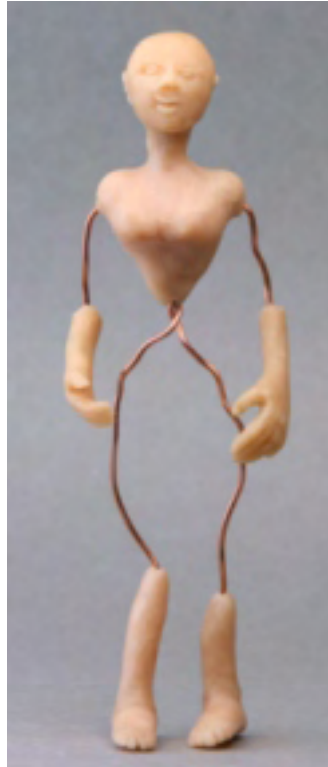
Here is a list of the component parts of integration - not necessarily complete:

### *Cultural Patterns - Group Mind:*

Excluding the genitals from the body and sexual touch and activity from human interaction is so common in our culture that it is necessary to single out these patterns and do a full rundown on them to de-attach our own consciousness from the surrounding culture's magnetic and trance-inducing group mind. The same is true for other insane group-agreements like materialism, a deadly diet or the negligence of ecological principles. Wherever there have been positive changes in such things, the first individuals who envisioned them, always had to break free from the group mind's mass hypnosis, and often quite violently.

Absurd precepts like "I will touch everything on your body except your genitals", or "I will take care of everything in your life except your sexuality" permeate our society and are so widespread that they are considered the norm and nearly never challenged. Even the tactile sense as such is sometimes already "outlawed" because it builds the way for sexuality: looking at, listening to, smelling one another is OK, but touching is already suspect, and heaven forbid that we would *taste* another person outside of the bedroom (animals do it all the time - licking each other's faces and bodies is a basic part of their social interaction)...

Newer approaches like sexual therapy or marriage consulting, are still not present in all mainstream education facilities, like schools or universities, nor in less progressive countries. One can only expect



good results if a person's or couple's awareness is already up to the realization that something needs to change and be done.

Many cultural patterns need to be inspected for the illogic they contain, because their common denominator is that genitals and sexuality are avoided; they are "thought around" or overlooked on purpose. Patterns of interaction between people need to be created in a new unit of time, *without* seeing the big hole in the center of a person's body that the culture has been putting there in an act of successful mass hypnosis. To *undo society's mass hypnosis* is probably the most important component of truly integrating sexuality into our lives. Some people can do that in an instant after understanding the concept - others may need more time - weeks, months, even years of processing which is specifically designed to dismantle group agreements.

When looking at a body, it is unbelievably simple to just *see what is there* in a new unit of time. A small kindergarten kid can do it - *before* he or she has learned that with some kind of very essentially necessary mental trick (necessary for the culture to keep it from having to change) he or she needs to see a hole in the center, an emptiness, instead of the genitals which are located there - together with all their sensations, needs, rhythms and other specifics.

### **Permeation and Taking Ownership**

New elements in our lives tend to have an



"outside" quality to them. We perceive them but haven't yet permeated them enough to have a feeling of ownership.

With a healthy sex drive we tend to permeate the area and its physical objects (body parts, motions, sights, smells, in some cases where necessary also additional tools, medication etc.) quickly and thoroughly, but the "outside of myself" feeling could become so strong that it recoils on the sex drive itself and then things come to a standstill.

Here it is necessary to develop and practice specific permeation and ownership drills. The basic "reach and withdraw" process is already helpful, but this can still leave things outside our space. It is essential to *internalize* the component parts, objects and motions of sexual activity, to literally DIGEST them in order to become their real owner. It may be a funny idea to visualize eating them up, but on a mental/spiritual level it pretty much comes to exactly that.

### Finding a Balance

Sex in the center of attention all the time (except when first encountered) is out of balance just as sex getting only little attention, or no attention at all would be. (This is of course modified by individual needs or perception of needs - which sometimes must first be separated from the cultural trends or hidden standards described above. Different hormonal con-

figurations don't make people unhealthy or abnormal - also young kids, teenagers or very old or very sick people can be assumed to have sexual needs different from the average - from total absence of needs all the way to hyper-sexuality.)

It would be ideal to educate children in such a way that they can integrate their own sexuality into their single lives, long before they ever meet their first partner and have to cope with the much greater challenge of integrating the partner's needs with their own!

To first experience sexuality with a partner is really a steep gradient and can be too much if a person is left alone by their culture or even has to work *against* it in order to come to a successful integration of sexuality into their lives. Knowing our own sexual needs and reactions first, is a more gradual and gentle approach. And it is

essential that we know how to deal with our own sexuality without needing a sex partner. Otherwise our own sexual needs would fog up our clear view of any potential life partner. We would look for a partner, because we depend on another person for sex - instead of treasuring a potential partner for his/her personal qualities that would make him or her the perfect candidate for a permanent team. Again - a team where sexuality is smoothly integrated, but has many other issues to take care of beyond the bedroom.

We are talking about a piano player who practices first the left hand separately,



*What seems like stress to others, may just be an adventure for a couple who is welded together by total commitment – and no "camouflaged holes" in their essential needs.*

then the right hand separately, before he finally integrates both hands to play the piece of music as it was envisioned by the composer.

Learning to know our own body, its erogenic zones and sexual reactions is best done alone, so that when it comes to interaction with a partner, we already have a well working, predictable and reliable tool, and the attention can fully be focused on the other person.

### Free Sweep of Attention and Focus

This should first be practiced without a partner. Focusing and then again unfocusing on sexual activity. A well integrated sexuality allows a strong focus and intense pleasure without any fear of becoming trapped or fixated or stuck – or what is called "oversexed". When we feel the physical sensations "drown the spiritual", this would be an indicator of attention getting stuck, while the attention would move freely onto and away from the physical sensation once sexuality is well integrated.

In this situation, killing the whole subject in a desperate attempt to control it, is the opposite of a real handling. A real handling would lead to a freely moving focus of attention that smoothly can "seize" and "let go" of the physical sensation without staggering or jerking – just like the left and right leg are smoothly alternating once we have learned to walk.

We want to arrive at a comfortable rhythm of *attention on sex* and *attention off sex* - a little like breathing -, resulting in a sexually satisfied body that doesn't crave attention while we want it focused on work or talk or other non-sexual interactions with people from all areas of life.

### Start, Change, Stop

*To be learned while still single: start, change, stop*

or in other words: being cause over each and every element of sexual activity, including all body parts that may appear "ugly" or "dirty" at first (cultural misconceptions again!), and all gradients of energies from fine to strong, from a gentle breeze to a fierce storm. Each element has its own scale which can be used for variation and thrill, but also favorite levels can be found and unfavorable levels identified for exclusion.

Shutting down sexuality is a compulsive STOP. It forbids creativity in the area and closes an important valve of life force both for our own body and that of our partner, as well as the most intimate channel for loving communication. Only when we have become familiar with our own natural patterns of starting, changing and stopping sexual activity by training them well, can we trust to find a partner with a compatible configuration. Otherwise our search for the ideal partner may turn into a series of disasters.

### Relative Size

*To be learned while still single: relative size.*

Especially very spiritual people can feel "pulled in" by strong sexual pleasure and then cannot expand to their previous size again. With our sexuality well integrated, the contraction and focus on a small part of the body would last only as long as the activity as such lasts, and the attention would then expand again to the normal condition of being bigger than the body. This is related to the INT buttons and may get better with the Interiorization Rundown. [Auditing action aimed at handling difficulties after exteriorizing from the body. 'Buttons' are used to find the

specific charge. Examples of Buttons are; Go in, Interiorized into something, Can't go in, Being trapped, Forced in, Pulled in, Pushed in, ed]. Basically it is a matter of training and experience (practice). It requires a safe environment where no "punishment" follows first mishaps, because it probably won't be that smooth at the beginning.

### Caring for a Partner

The keyword here is not sexuality but LOVE, an energy which provides the commitment and motivation to care for another person fully and permanently, no matter what it takes.

Here we are talking about *all* areas of life, and our pride is in creating permanent abundance for the partner, regardless of the specific needs or wants. You want it? you get it! as long as my "breath can be detected" on a mirror!

Sex is just one of many possible items, and is treated with equal importance. In romantic movies we see the hero promise to bring his girl the stars from the sky - this would be a little exaggerated, but basically it is the essence of the matter.

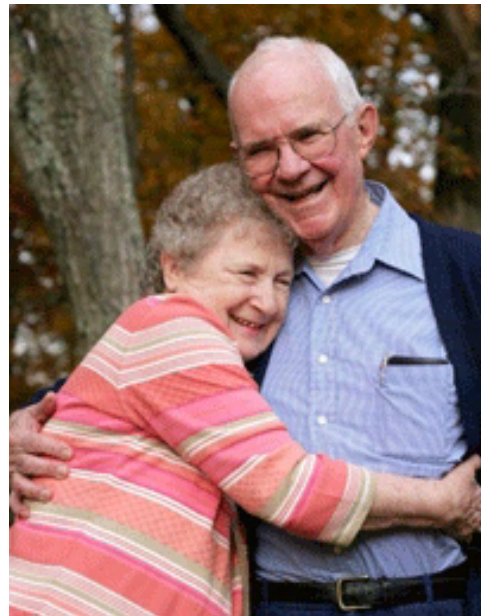
### The Flow of Life Force

Of course, integration with the other dynamics – especially the first – needs to be maintained. It makes no sense to serve a beloved person to the point of self-destruction. In the long run, this wouldn't help anybody. According to the *Roman fountain model* mentioned above, the first dynamic "bowl" needs to be filled with life force BEFORE anything can flow into the second dynamic, the relationship with a partner.

Love should be reciprocated by our partner. If it is one-sided, it will lead to a burn-out sooner or later (fatal exhaustion of energy with a great damage potential for all of life,

not only the relationship!) For this reason, I would not recommend to engage in a one-sided love relationship, even if the temptation to just out-flow love, instead of also insisting on having it in-flowed to oneself as well, may be great to some people, especially women.

The blissful energy of love (for me) comes straight from Heaven, or in other words: from



the non-material energy world that exists beyond Earth life, where we all are rooted and from where we incarnate into physical existence, and where - according to the newest generation of books written by out-of-body travelers - "pure unconditional love" (PUL) is the ruling principle and driving force underlying all planning and developments.

Without a link into this energy, which in fact brings a "bubble of heaven" down to Earth, I would not recommend having a relationship at all. Sexuality can just as well happen without a partner, and good (= well integrated) "solo" sexuality is better than bad shared sexuality, which is inevitable if the wish to form

a unity with another person, the urge to embrace him or her fully and permanently, is missing. Because then our own needs will be in the foreground instead of the care for the other. Such a relationship is destined to fail, and if there are other people (children!) involved, much damage can be done.

### Assessing the Needs

A loving couple instinctively assesses a list all the time without ever consciously thinking of it, with the aim to either sense or learn in any other way (= communication) what the partner needs in any life area. The "assessment beam" of attention goes round and round on this list like the light beam of a lighthouse. As soon as it arrives at the last item, it starts with the first again. It never rests, is always active, while still not neglecting the own needs. This is the first "baby stage" of a group consciousness, where each member of a group will feel the other members' feelings and their needs and wants.

If sex is the only item on this assessment list and the other physical needs - like food, water, air, sleep - or the emotional, health related, practical, intellectual, spiritual needs (to name only a few) are neglected, it is just as unbalanced as if sex is NOT routinely assessed along with the other items (left out, not-ised, unmocked, neglected).

"I will take care of all your needs, except sex" is one of the most aberrated 2D agreements I have seen, and unfortunately it occurs so often that it may appear "normal". It takes the key element of the 2D out of a couple's life and yet blocks other alternatives. It's a potential source of insanity, if they have any sex drive (libido) left that has not rotted away, because the very contract that would take care of their sexuality, suddenly suppresses this sexuality and with it an essential source of life force and creative drive. As it is now out of sight, but not necessarily

dead, its unfulfilled needs can become destructive while unseen in the dark.

Of course, a couple knows after a while how often they need to check for a "read" on sexual needs. Some learn that they never need to check, but this knowledge can come only after an extended time together. It is fine as long as they both have the same no-need and build an active connection from other items from the reservoir of relationship puzzle pieces.

If on the other hand two people are *very* different in the strength or frequency of their sexual needs, and that on a permanent basis, not only caused by a temporary illness or other problem, I would not recommend them to have a sexual relationship (2D). They can have a rich and fulfilling type of 3rd dynamic relationship and each can find a better matching 2D.

If they tried to maintain a 2D, it would be inevitable that one would always feel "too cold" and the other would always feel "too hot", which is bad for both and may cause upsets or disappointments that destroy not only their physical togetherness but also the spiritual, emotional and practical bonds that may keep them connected.

If, of course, their love is very strong and they don't want to be separated, THEN they will also find a way to bridge the gap in their sexual needs. Keywords are creativity, tolerance and the always prevalent urge to create an abundance for the beloved person in anything that he or she may need or want.

Ideally both partners will do this assessment on the other, so that it becomes pretty much unnecessary to think about or care for our own needs, because experience tells that the partner will do it soon enough.

Exceptions from this law of balance are



expected at the beginning and the end of a lifetime (childhood and old age). Typically we "earn" the contributions that come to us during these times by creating abundance for a family *between* the beginning and the end of a lifetime - or if not by working for a family, then by service to others on another dynamic or dynamics.

Temporary illness is hopefully covered by the general abundance in a relationship. Everybody will have moments or periods where they cannot continue to deliver their usual contributions. As broken bones or fever can hit either partner, we can expect the contributions to level out over time.

This balance of flows should not be confused with making the other person responsible for our well-being. We are not talking about a dependency here, where one is strong and the other is weak, and the weak one makes the strong one responsible for keeping him or her happy.

We are talking about forming a unity where *both* are strong, and each takes care of the other, with forms a constant exchange of caring flows of contribution from either side to the other. If we see these flows as energy strands, their criss-cross pattern sooner or later results in a durable tissue that makes a one-ness out of two individuals.

### Keeping our Case in Shape

Sexuality is a life area that is very neglect-prone and not-is-prone, due to our culture which is full of errors and leads to incompetence in that area. Rather than integrating sexuality by looking at it from all angles and doing it a lot, until it feels really easy and smooth to manage, there can be a temptation to avoid it and look away as soon as something comes with an energy or impulse that is too new or too strong to deal with it easily.

Part of the integration of sex into our lives is to deal with these case issues. Sessions where necessary, practice (drills) where needed, and a clever application of ethics conditions (sorting out successful actions or applying other condition formulas where errors have led to an upset with the partner) can all help to move sexuality up the tone scale to a level of "spirit of play" where it is light, happy, fulfilling and loving, sending its heartwarming sensual rays into all other areas of life and making them more creative and productive.

As long as it is massive and heavy, integration is not yet complete and more work needs to be done. This is quite similar to other subjects which may appear difficult and complicated at first, while they become smoother with time, until when really well integrated they finally are on the spontaneous, creative and totally natural level of true mastery.

The early stages of fixation either inside ("dependency", "addiction") or outside (making less of it, avoiding it, "looking around it") of our sexuality, can then be recognized as the typical beginner's difficulties. From other life areas we know that this can be overcome with the help of others. When it comes to sexuality it is more difficult, because here the older people who are supposed to train and coach us where we need training and coaching, are not up to the job.

We realize that we need to perfect ourselves without coaches. In a way, the "children need to be wiser than the parents". It is possible to do this once the necessity is clearly seen.

### Heidrun Beer

Workgroup for Fundamental Spiritual  
Research and Mental Training  
<http://www.sgmt.at>  
<http://www.RecastReality.org>





# The Scientology the Church Forgot

*By Michael Moore, IFA*

Last year, a debacle between the Church of Scientology and the British BBC opened the eyes of many independent and past scientologists with regard to the application of the Scientology philosophy by the very church itself. Many will be familiar with this debacle as it achieved worldwide notoriety at the time.

Both sides then produced a video which turned out – not to be about scientology, the technology or the philosophy or the religion – but mainly about defending their own positions and attacking the other party. They were both screaming and shouting accusatory words at each other; that was the main component of both videos.

Most notable, and a somewhat damning indictment of the church, was that none of the basic principles of the philosophy, or the applied science and technology, were mentioned by either party.

On the part of the BBC, one would not really expect any different, they being a media channel. Although the BBC has, in the past, had a proud tradition of being impartial, this has been lost in an effort to be popular and more controversial (and by definition biased) in order to attract more viewers from the commercial channels.

## On the Wrong Track

But can the church be forgiven for attacking the BBC with verbal force, using not-is-ness and alter-is-ness as they did?

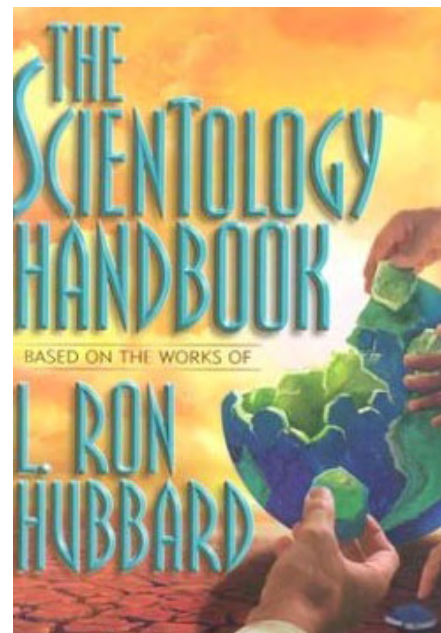
Are they stuck in the past? Unable to handle even the basic and probably now redundant 'cult' accusatory attacks? This was the 1960s and 70s all over again. Has nothing been learned? Where was the explanation of the basic principles by which scientologists live? The ARC triangle, granting of beingness? Handling on the tone scale, Improving ones confront and responsibility to handle one's life? Where were the success stories? It was as if the church wanted to lose. All they could do was to attack by defending their right to practice their religion, (a right not willingly granted to independent scientologists I might add). One might also consider, this was actually done with malice aforethought. Surely, no one can be that 'stoopid!'

It is observable these days that there is little to commend the church.

The media consider them easy meat for controversy when there is nothing else to keep the masses enthralled. The public generally has no knowledge of what scientology really is – except the misemotional and idiotic fodder spewed out by the media. So most people in the West generally, and understandably, consider the church, at best, odd ball, at worst, crazy. The real scientologists in the freezone has no love for the church due to it continuously attacking the Freezone independent scientologists overtly and covertly, as well as evidently being hell bent on self destruction and taking a priceless technology with them.

...Seems there is little love for the church all around.

How could an organization that had the best technology in the world, nay, the universe, that has grown from one man into a worldwide organization worth millions, end up on the proverbial slab heap?



*The glossy cover doesn't tell the real story. Simply by reading the small print you can see that the book is based on the works of L. Ron Hubbard and is not written by him at all.*

### Held Down Statistics

Part of the philosophy by Ron includes the statement that statistics do not simply drop; they are 'held down'. If an organization is shrinking, doing badly, or even not expanding or, in this case, becoming a laughing stock, then the organization is being *held* back. The PR stats are certainly nothing to boast about. Yes, they are getting more coverage but at what price? Does quality not figure in here anywhere? Or is quantity the only criteria?

A number of other factors figure in here also. Other pearls of wisdom [policies. Ed.] seem not to be used here. Handling the Public Individual. Using Affinity, Reality and, importantly, Communication. Operating a closed shop. Expelling prime and experienced individuals from the church. Dramatizing the basic principle of A=A=A and assuming that everyone not in agreement with the church is an SP. Currently, this would make the vast majority of people who watch the media suppressive as well as the four thousand people they have expelled since the demise of the Founder.

## Altering the Books

Being not quite with Ron, is demonstrated by the Church today by virtue of the massive number of changes it has made to his works. The sneaky, covert deception practiced on the book-buying public by inferring that Ron Hubbard wrote the later editions of books the RTC produces, when he did not. Such books are poorly constructed bits of the philosophy with vital pieces deliberately left out. The name 'L. Ron Hubbard' is not the author's name, but now incorporated in the title to give people the impression he wrote the revised editions. Blatantly not true and a deception no less.

## Truth and Lies

With such untruths and lies, it is quite understandable that the church has changed course and is now heading in a southerly direction. No religion can survive on lies and deception. It is no wonder they are attacked and vilified and spend inordinate amounts of time trying to defend themselves. The truth needs no defense but lies certainly do.

The basic principles of scientology, as researched and discovered by L. Ron Hubbard, hold truth. The understanding of the composite parts of man, the guidelines for improving mans health and well being. The ability to get along with one's fellow man and to aid and assist him to have a better life. All these main parts of the applied philosophy seem to have been forgotten by the church management.

It is left to the independent Scientologists to spread the word and make people aware of what scientology really is. As a result of the church's activities and mishandling of the media, this has become an uphill battle. But people are still basically good and are still looking for the answers. They will still listen as they do understand that the media is hype and no substance. Go into the street and survey people's thoughts about the accuracy of the media and you will be surprised how derisory they regard the media.

Interestingly, as the church slowly disappears into its own insular world and closes itself off from those it was set up to assist, the independent scientologists are out there paving the way to a fresh and new future with the original philosophy of Ron Hubbard. Helping people and building, step by step, a brighter future for us all.







# Ron Hubbard – As I Knew Him

*By Thok Søndergaard<sup>1</sup>*

In the year 1964, I was working in London for the Halas & Bachelor Cartoon Film Company, and at the place where I lived I met a girl who told me about Scientology. I had never heard the word, but wanted to know what it was, so I went to a Personal Efficiency Course, an introductory lecture, in the Fitzroy Street, and I was immediately attracted to what I heard and bought the book: A History of Man.

## **Insanity or Track?**

I read it the same night, and was deeply touched by it, because I recognized a lot of elements of similar things that had happened to me during a very heavy period of what I thought was insanity.

At that point in time I was working with film-animation. After having gone through several years of Psychoanalysis, I came to England and went into a heavy Key-In, and I had no explanation for all the weird pictures that were running through my mind in my attempts to understand what Time and Motion Is.

After having gone to different Insane Asylums in England three times inside the same year, I managed to do 26 short animated films with a paper dog chasing a bone. This became known as the Snip and Snap Series.

## **“May You Never be the Same”**

Back in Danmark, after having read “Dianetics, The Modern Science of Mental Health,” where the final words in the Prolog had made me cry of joy for several hours, I decided to write to the author, L. Ron Hubbard. The final words that rang in my mind were: “May you never be the same!” These words were for me the opening to a new life, and I have never been the same since, thanks to Ron.

I wrote to Saint Hill and told Ron Hubbard, at that time titled Dr. Hubbard, that I would be interested in coming to Saint Hill and make animated films, showing the basic principles of Dianetics and Scientology, and I got a nice letter back saying: ‘Come as soon as you can!’ Of course, I came as soon as I could.

Footnote 1: Thok, now deceased, Has contributed many of his upton and theta drawings to Ivy over the years. Se the pages following this article about his work and career as a stage magician, animator and origami artist; the latter, under the name of Thoki Yenn, is portrayed on the website: [britishorigami.info](http://britishorigami.info).

## At Saint Hill

When I arrived at Saint Hill, in January 1966, I was shown to the office where I was supposed to work in the Audio Visio Department. It was the place where Ron kept all his Photographic Equipment, and I was put in charge of all that. It was overwhelming for me. The place was in the main building on the first floor, and the first day I went up the big front stairs in the Manor House. Suddenly a door opened, and a man came out, with a deep red and angry look at his face; and he was looking at me very fiercely. I did not understand the situation until much later. He asked me what I was doing there, and I went up to him and shook his hand and told him, that I was the person, that was going to do films for him and that I was very glad to meet him.

He calmed down and now spoke very friendly to me and said I was welcome, but I was not to use these stairs to get to my working room. I was to use the backstairs elevator that went up past the bedroom of Mary Sue, so as not to disturb him.

Every morning Mary Sue's little Corgi dog started barking when I tried as silently as possible to sneak by it to get to work. Later I understood that I had interrupted Ron in one of his research sessions, where he apparently was in the middle of something heavy. It made a very strong impression on me and I have not forgotten that picture.

***“Every morning Mary Sue's little Corgi dog started barking when I tried as silently as possible to sneak by it to get to work.”***

## Making Films

I knew very little about the subject, at that time so my mind was putting all kind of weird explanations to the situation.

I made a 16 mm animated film about Affinity; the plan was, that I should make several small films, a long series starting with Affinity, Reality, Communication and Understanding. Then a series of films about TR's. All films were to give basic education in Scientology. At that time I also made animated titles for the Clearing Course Films, which some of you were shown while you were doing the Clearing Course.

I did not manage to do very much in the film department, because at that time I was a confused and mixed up person. I had no idea about who or what I was. This has later improved quite a lot, thanks to auditing and study of Scientology.

## Filming Ron

When Ron came back from Rhodesia, I managed to take a little bit of 16 mm film of when he was received at Victoria Station in London. Later the same day, when he came out and said “Hello” to the crowd that had gathered in front of the Manor House, I took a whole roll of pictures of him. When I sent them to him by putting them into his In-basket, he sent me a note asking, what kind of lens I had been using. I informed him that it was a 54 mm lens. He then answered me saying, that he was not to be photographed with a 54 mm lens, because it gave a slight distortion to the portrait. A difference that my eyes were not able to distinguish. So I

kept all these dias to myself and they are sitting around somewhere. I don't know where they are now.

## The Sea Project

When the Sea Org was started, I went along on the first ship from Hull down to the Canary Islands. At the time the operation was called the Sea Project. There was much work to be done on the vessels. The Avon River, later the Athena, was to be converted and refitted, before we could sail it into the Mediterranean.

While we, the crew, consisting only of people that newly had gone Clear, was helping rebuild and paint the ship, Ron came on board every day. He was living in a neighboring village in a rented house. During that time, I had the opportunity to experience Ron in his personal relationship with Mary Sue. I will put no interpretation of what I saw and heard, I will just tell it as well as I recall it.

Ron had ordered a certain white paint for his cabin, and when it was painted, he did not like it. So the paint was removed and the walls repainted. He did not like that either, it had a wrong smell; in fact, he was very difficult to satisfy, and he had a great argument with Mary Sue about the paint, and he was giving her a lot of rough language. I was horrified by listening to the way he scolded her.

## A Magic Indication

One day I was walking around feeling very low toned and awful. Ron ran into me, as I came up from the tween-decks, and he said: 'What's the matter Thok?' I said: 'I don't know!' Then he looked me straight into the eyes, and what he said made the whole silly mess in my head go away and started me laughing and cogniting for a long time. He simply said: 'I should like to indicate, that it is something, that you don't know!'.

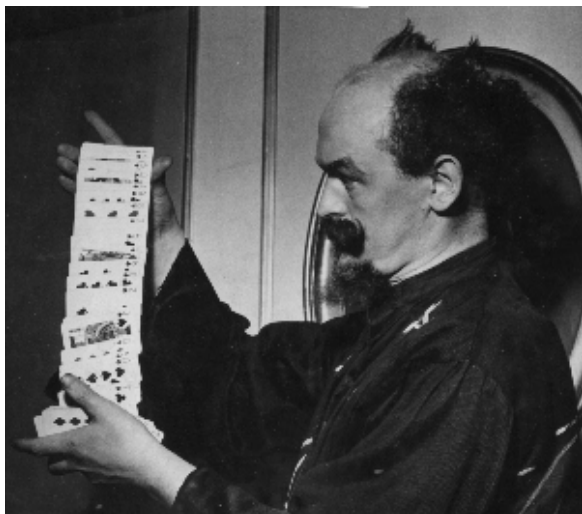
Another little interesting interlude: I was First Mate on the ship, having been promoted from Bosun, which was my job on the voyage down to Las Palmas. As First Mate I had to check the purchase orders for the material and the work that had to be done, and I had okayed the purchase of a hood over the stove in the galley [kitchen], without checking properly whether it would be the right thing to purchase. Later, it turned out to be the wrong thing for the purpose. I met Ron on the deck a few days later. He stopped me and said: 'It saved your neck, that I had put my Okay on it too!' And he laughed.

The thing that I at the time found most surprising and confusing about LRH, as we called him then, was that he changed his mind about things so often. I did not understand then, that this is a very high ability. In fact it is one of the most powerful processes, if you can do it. 'Whatever is bothering you, change your mind about it!'

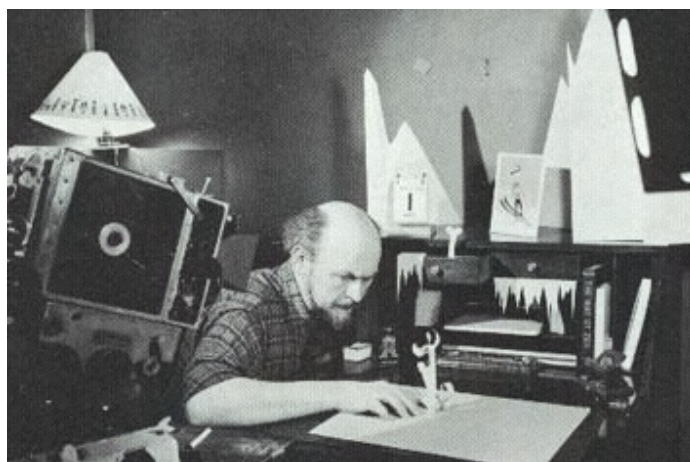
@From IVy, Issue 2 - August 1991

The original print magazine can be ordered from Antony Phillips.

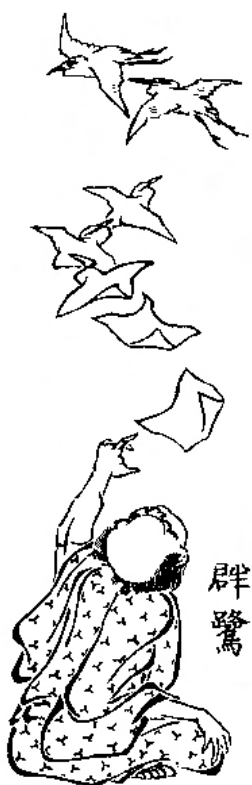




*In the 1940s, Thok was a stage-magician. Later he had his own magic show for children on Danish TV.*



*Thok at work in his animation and origami studio.*



*An artistic portrait of Thok as the Origami Master, Thoki Yenn. It builds on the Japanese tale of the man who folded birds in paper so skillfully so they came alive.*

*More pictures (photos and artwork) at: [www. BritishOrigami.info](http://www.BritishOrigami.info)*

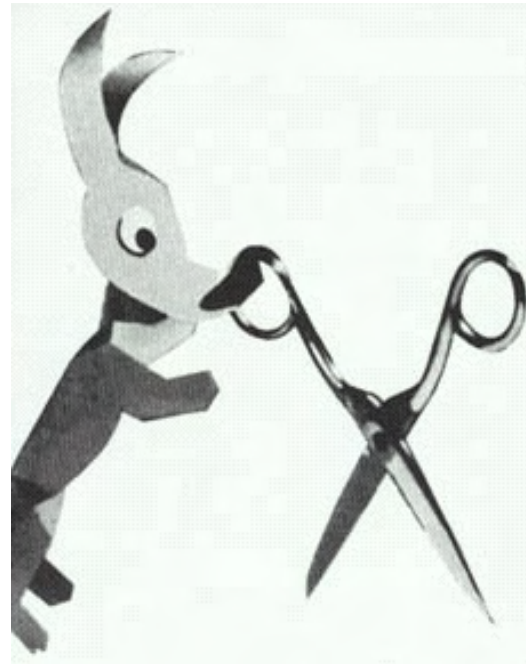




Some of Thok's characterful drawings. They were at one time used throughout Scientology in promotion, and IVY has since used many of Thok's drawings with permission.



*The Snip and Snap Series: consisted of 26 films, each 8 minutes long. Thok made them in 2 years, in the 1960s, and sold them to ABC TV, London. They have been shown on TV in 76 countries.*



More pictures (photos and artwork) at: [www. BritishOrigami.info](http://www.BritishOrigami.info)



# What Makes You Tick?

By Clearbird

*An Excerpt from Clearbird's book, "What Makes You Tick?". We will, with permission, bring sections from the book. The present excerpt is the book's introduction.*

In this introduction we will answer some frequently asked questions and outline what the applied philosophy is and isn't.

In the foreword we quoted Ron Hubbard's definition of his philosophy as: "...that branch of psychology which treats of (embraces) human ability." In the original context of this definition, he also points out the true meaning of the word "Psychology" as: "The study of the psyche; the human soul or spirit" (1); in other words, it is the study of the psyche, spirit, or soul with special interest to abilities. By the spirit is not meant the brain nor some mysterious entity, as it sometimes is described in various subjects. It's what in literary language is called the human spirit, the best and most decent side of us that apparently has hidden, but enormous, resources of power. What we are talking about is the core personality, the self, YOU. "Spirit" comes from Latin "breath". The classical idea is it's "the breath of life". It is indivisible from being alive. It's the non-material part of man and the seat of his consciousness. It is in charge of his decisions, goals and purposes; it's what he feels with and views life from; it is the unit that is aware of the surroundings and self.

The meaning of the spirit or psyche as the non-material Awareness Unit was well understood in the distant past and up through the most of the 1800s. You see classical philosophers, from Socrates and Plato to Descartes, Leibniz, and many others, firmly hold the view that man is more than a body. Descartes "proved" the existence of the human spirit with his famous philosophical maxim: "I think, thus I am!" The personality and the mind, through history, were never viewed as a conditioned brain or simply manifestations of the central nervous system.

The way Mr. Hubbard has done his research and study of this non-material entity is practical and result oriented; in this respect he is removed from classical philosophy's more speculative approach. Once he accepted man's awareness as seated in a sep-



**Rene Descartes (1596-1650).**

French philosopher, mathematician and physicist. He is called the father of modern philosophy. He wrote in Latin.

*The famous maxim: "I think thus I am" is in Latin: "Cognito, ergo sum".*

*'Cognito' means mainly to know, be cognizant of. So his maxim should translate into "I know thus I am" or "I am aware thus I am". He is talking about being aware and knowing independently of the physical universe. In his writings he clearly distinguishes between the spirit and the body.*

1. Per Webster's Dictionary, Psychology: (Greek) Psyche=Spirit; soul; -ology=Study of; discourse. Also from Webster's, Spirit: the intelligent or immaterial part of man as distinguished from the body. The animating or vital part or principle in living things. (from Latin, spiritus: breath, the classical idea being, the spirit is the "breath of life". It's indivisible from being alive).

arate non-material entity, called ME and YOU in daily language, and started to work systematically from this basic assumption, the supporting evidence became overwhelming and the results convincing. The results possible to achieve through counseling and personal development exercises were, and are, remarkable and trail-blazing. He has succeeded in uniting two schools of thought: spiritual philosophy and a practical experimental and scientific methodology and has come up with something that has dozens of practical and daily life applications.

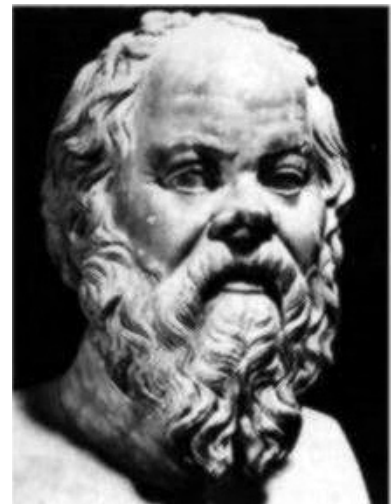
### Psychology

Psychology today is many, many things. There is tremendous activity and thousands of bookshelves in libraries filled with books on the subject. There seems, however, to be little agreement on facts and findings when it comes to the very nature of man and how to treat his psychological shortcomings. The prevailing school of thought in leading universities teaches that the brain is the mind and personality (2). The founder of experimental psychology, the Leipzig professor Dr. Wilhelm Wundt (1832-1920), officially tried to "kill" the human soul and spirit when he published his work, "Elements of Physiological Psychology" (1873-74). Here the mind and personality is reduced to secondary physiological and biochemical phenomena. It has been an ongoing battle ever since. Someday we may, again, be recognized as sentient Beings, not as biological robots or meat computers.

The extensive and systematic studies of human behavior, the brain, and the nervous system have, of course, revealed much useful knowledge. But in terms of helping the individual in living happier and more productive life and fulfilling his or her dreams and goals, this school of thought has little to show. The problem was, and is, to treat a non-material entity as a physical object. This study of the personality and mind as a 'thing' does little in terms of explaining what "makes man tick" (motivates him), how he can improve his relationships with his fellow man, and how he can increase his intelligence and ability. Instead, it seems, that mainstream psychology with its biochemical model all too often has depended on new drugs developed by the pharmaceutical industry and used on all types of people, from unruly school children, to teenagers and adults with a wide variety of personal problems and unresolved issues.

### What is Processing?

The body and its physiology can, obviously, deeply affect how we feel, think and act; but so can our personal belongings, our health, our friends, our luck in life, and a dozen other things that clearly are separate from who and what we are as individuals. In Clearing Technology we work with the basic individual, the Being or Awareness Unit. We work with his points of view. We sometimes work with traumatic experiences that deeply affected and shaped these points of view. Sometimes we inspect assumptions and data the individual holds as true due to experiences, education, tradition, associates, or culture. This is all done in a manner so as to let the individual freely work it out for him or herself and arriving at answers that are true to him/her. "If it isn't true for you, it isn't true," is the guiding maxim in this type of self-improvement work.



Socrates

This type of work is mainly done in counseling sessions, sometimes called auditing, sometimes processing. A counselor or practitioner of Clearing Technology will administer a process or drill to the individual. She (3) will ask the client questions or give instructions. You can see a relationship between Clearing Technology and Socrates and Plato. These classic philosophers used a similar

2. We  
It is, however, the prevailing model taught in universities.

3. The practitione  
about 50/50 men and women as practitioners and clients. It is also a way to express our non-sexist attitude.

method with their students. Socrates formulated the Socratic Method. He only asked questions; his students had to find their own answers. Socrates worked on the assumption that his students could arrive at the right answers by themselves as long as they got a little support and help. He had great confidence in the power of reason and sound judgment of the human spirit. In the renaissance, this method was renamed the Maieutic method, meaning 'acting as midwife'. This was when Socrates' and Plato's work resulted in a second enlightened era of human history. The same approach is also known as the Heuristic method of teaching.

In a fashion similar to Socratic Teaching, the practitioner expects the client to answer truthfully the questions she asks and after he has worked things out for himself. Sometimes she expects the client to carry out an instruction physically. This all depends on the technique or process applied and will be explained further throughout the book. The practitioner's job is primarily to keep the client's attention focused on the task at hand and get him through any difficulties, including painful moments, impulses to back off, give up, or change course, away from what needs to be looked at or done. The processes are carefully designed to lead to a new ability and overcome difficulties by breaking through narrow mental barriers and apparent fences. As a result and by design, the client will reach new insights, new clarity, new vigor and joy of life. The practitioner's role is that of an executive secretary, you could say, where her client is in the role of an empowered boss. She anticipates what needs to be done, but only because she has a deep understanding of her client's goals and objectives, weaknesses and strong points. Without the client having to express it, she knows exactly what is going on and gets the client to perform at his best, confront the issues at hand and overcome any barriers. She does not engage in discussions with her client, nor does she pass any judgment whatsoever. Effortlessly she guides and empowers her client to reach his goals and overcome any barriers and difficulties in the way.

### Does Processing Work?

Clearing Technology has been in existence and has been practiced, in one form or another, since 1950. Tens of thousands of clients have received processing in all parts of the world. It has been applied to individuals from totally different cultures, backgrounds, educations and religious beliefs. Uniformly we have seen rave reports from clients after they have completed their processing. Psychometric testing has proven that processing can indeed raise intelligence, aptitude, literacy level, well-being, and general feeling of satisfaction and happiness. It can resolve conflicts in families and in the work environment. Frequent job promotions of clients after processing, give statistical support to the fact that it increases ability, socially and professionally.

### Did Ron Hubbard Invent the Subject?

According to his book 'Fundamentals of Thought': "Scientology was discovered (found), not invented (created). It was organized by L. Ron Hubbard."

When you study the subject, you will recognize many principles, bits and pieces, known to other fields. It's the organization, the testing that went into validating techniques and methods, and the practical application and results in the realm of the humanities, the human mind and spirit that makes this applied philosophy unique. It was a daring attempt into a dark realm, "the Terra Incognita (4), one inch behind our foreheads," as Mr. Hubbard expressed it in 1950. In developing the subject from 1950 onward, he was assisted by a corps of loyal practitioners, who would test, and sometimes design and suggest, techniques to forward the workability and reach of the technology. The practical techniques have undergone many changes since 1950. Yet, many of the early techniques are still in use to this day and have produced stellar results for over 50 years.



*L. Ron Hubbard*  
(Press photo)

4. Terra Incognita: (Latin) Unknown land. On old maps unknown continents and territories would be marked as 'Terra Incognita'.



Ron Hubbard was born in Tilden, Nebraska on March 13 of 1911, son of a naval officer. He grew up near Seattle on the US West Coast. He spent much of his time away from the books. He became an able yachtsman and skipper and also an early small planes pilot. He first made his mark as science fiction writer. He was in the 1940s accepted as a member of the prestigious Explorer's Club of New York based on his many travels and explorations. In all that he did, writing, traveling and study, his underlying passion was to understand and be able to help his fellow man. He served as a naval officer during World War II. He never completed any formal higher education but relied on his ability to quickly study a subject. He relied on his intuitions when it came to understanding the mind and spirit and come up with hypotheses for testing. His best known book, the first on the subject, is "Dianetics, the Modern Science of Mental Health" from 1950. It became an international bestseller and is currently reported to have been sold in over 20 million copies.

Hubbard was the founder and leader of Church of Scientology until around 1978. He retired completely in 1980 and reports will have that he was incapacitated around 1981. He died in January of 1986 under mysterious circumstances that never were fully revealed.

### What Is the Freezone?

In 1982 a power struggle took place inside the Church of Scientology. It resulted in a new generation and style of leadership. The new leadership apparently had dreams of turning the Scientology Organizations into a tightly controlled multi-national corporation and economical powerhouse. The new leadership's vision was to turn 'Scientology™' into a slick trademarked brand name. The whole subject became commercialized beyond recognition. Internal harsh "ethics rulings" and expulsions of loyal supporters of Ron Hubbard and his original vision were rampant during those times. Hundreds, maybe thousands, of loyal old-timers were expelled during that period.

As a predictable result a schism took place. A large number of members, from top leaders, experienced practitioners to lay members, left the organizations. Many professionals started their own practices and organizations. Best known are Rons Organizations, founded by a personal friend and trusted executive of Mr. Hubbard's, Captain Bill Robertson. This whole movement is called Free Scientology or the Freezone.

### Is it a Religion?

The Church of Scientology™ is registered as a religious organization. It has a number of court rulings confirming the legitimacy of this status. The Church was originally formed in 1954 for better legal protection under the US Constitution. It operated, however, as an organization delivering self-development courses and counseling to the public at large. The teachings were presented as an applied philosophy of non-denominational nature. The services were all aimed at self-improvement. These services, regardless of how one classifies them, will always be at the core of the subject.



David Miscavige

David Miscavige became the defacto leader of Church of Scientology in 1982 at the age of 22.

Part of his publicized vision was to turn 'Scientology' into a corporate brand name "like Coca Cola."

His vision was, and is, to turn the organizations into a multi-national corporation with strict discipline and central control.

Today it seems more like a cult. Yet, the original philosophy and technology are still in Ron Hubbard's works and is practiced in the Freezone.

To some individuals, Scientology Church members and Freezoners alike, the official status as a religion is important and personal. To others, like the author, it is not. We reserve our right to remain non-denominational and regard it as a philosophy. Although the subject adds to our understanding of the human situation there are plenty of unanswered questions for keen minds to research. As a tool for assisted self-help we find it unsurpassed. To go beyond that is a matter of...well, faith. In our books on the subject, we do not profess any specific religious beliefs or doctrines as we find them based on personal beliefs and unnecessary to the technology. Our interest is practical and pragmatic. What we write about, is the applied philosophy and the technology derived from it. Ron Hubbard said, that the subject will only go as far as the workability of the technology goes. Although his research was comprehensive and complete in its time, there are still many issues that require research or validation. Among those are high spiritual states of beingness envisioned but not stably attained. Looking upon the subject as a technology, things can be researched, advanced levels added. In the realm of religion such research would be unthinkable. Currently there is no research taking place in the Church. Any and all research and development is taking place in the Freezone.



### David Findlay in Memoriam

David Findlay passed away Friday, February 6, 2009, in Clearwater, Florida, at the age of 69. David was British of birth but lived many years in Skaane, Southern Sweden, where he was running a Scientology mission in Hassleholm together with his Swedish wife at the time. In the late 1970s, David moved to the USA. He became educated in Applied Metapsychology (developed by Sarge Gerbode and David Mayo) and joined a practice in Clearwater, together with Robert Moore, Ph.D. and metapsychologist. He worked in this practice for over 20 years.

His colleague expressed these words upon his passing: "All those who knew David for more than a moment were struck by his invincible serenity and good cheer. His every waking gesture was kind; his every comment, intelligent and understanding. Those of us who knew David professionally, as well, kept faith with a Grand Master, a facilitator's facilitator, a case-cracker for all seasons."

David had had a five years battle with a particularly pernicious lymphoma (cancer in the lymph system.)

He is survived by his wife, Dee, in Clearwater; a daughter, Elka (by an earlier marriage), in Sweden; and a brother, Alan, and other kin in Britain.

### Dhyan Marple in Memoriam

aka." Lone Ranger," "Sam"  
I am sad to inform you that Dhyan dropped her body this past Monday (mid April.) She had been suffering from cancer for many years, now she has chosen to take a new body. She was in her mid 60s.

Dhyan is/was a friend of mine and I have appreciated her very much. Her life and her doingness were fully dedicated to Scientology and to help Ron that the tech is correctly applied and disseminated. She did an incredible job in transcribing lectures and to distribute LRH's legacy to all who where applying the tech and needed it. Whenever I needed something she replied instantly. Every letter got answered. She trained people and made them into auditors, she audited PCs up the bridge and brought them to the OT levels. She took full responsibility for her people. She was very dedicated to standard tech.

She also fully understood the importance of Captain Bill's work and that we cannot make it without it. She was fully backing that and was a real avant-garde for the legacy of CBR. She always supported and defended him. She never avoided her responsibility, she did what has to be done.

A Kha-Khan has gone.

Dhyan, I am not sad you passed away, I am happy for all what you did. It's a pity we don't have you anymore but all who knew you know that you are still with us and will continue with what we have started.

Dhyan, I as the Chairman want to say thank you in the name of the Rons Orgs Committee for all you did. Thank you! We will miss you.

Galak Patra! Good bye, see you!

Yours, Max Hauri  
Rons Orgs Committee Chairman

# The Story behind Pilot's Self Clearing in Second Edition

## Editorial Introduction

At Ken Ogger's tragic death in May, 2007, he had left us a legacy of two very groundbreaking books: *Super Scio* and *Self Clearing*. They had since the late 1990s been made available to the public via the internet. At Mike Hunsaker's website, "FreezoneAmerica.org, they were featured prominently and the Pilot had his own homepage there. Besides the two books, a series of essays, first published to the newsgroups, "Alternative Clearing Technology" and "Alternative Religion Scientology," were featured as well. Some of them were scathing analyses of what had gone wrong in CoS. But the best of his writing reached far beyond that and were philosophical essays that had a brilliance and freshness to them that inspired us all.

After a severe illness around 2000, where Ken was unconscious for weeks and all feared for his life, he had a long and difficult recovery. He never fully regained his strength and energy. He withdrew from publishing things to the internet, or otherwise; but unbeknown to us all, he was still very active. He was working on an edition of *Self Clearing* intended for broad publication. He had made his peace with CoS and instead concentrated on servicing his many

readers and remote preclears. The result became this new edition of *Self Clearing* of which we bring the author's introduction. In this edition, the Pilot finally made him self free of the conflicts he had had with the Church. He stopped the attacks and instead communicated the tech for solo use without any references to Scientology. Depending of affiliations, some will think this inappropriate. But the truth is that "Scientology" as a concept in the public mind has become a very charged concept and a severe barrier to the basic message of hope and a brighter future for Man and his mental and spiritual state.

This edition had been ready since 2004. It was however never published by Ken. As a matter of fact, it was first after his tragic death in 2007 that it was discovered under dramatic circumstances. From a reliable source we have been told that the manuscript took a computer expert to recover. The expert was called to examine Ken's personal computer and he was able to recover the manuscript which the Pilot for unknown reasons had tried to delete to a point that it took an expert to recover. Now this manuscript has been published to the internet on FreezoneEarth.org with permission from Ken's heirs.

# Pilot's Self Clearing in Second Edition

*By Ken Ogger, Alias The Pilot*

*We bring here the author's introduction*

## SELF CLEARING

A handbook for self enlightenment

REVISED EDITION

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By Ken Ogger (AKA The Pilot)

The first experimental version of the Self Clearing book appeared on the Internet in 1997. Since that time, it has been used successfully by hundreds of thousands of people and Russian, German, Spanish, and even Hungarian versions have spread around the world.

The original version was labeled as a "Beta Release" and a promise was made to collect and study the enormous amount of feedback which was sent in via email and other means to produce a "Revised and Tested" version which would be published as a printed book.

This is that revised and tested version, and it incorporates the results of years of experience in applying what proved to be extremely beneficial mental exercises and techniques.

## **SELF CLEARING: PREFACE**

"And The Truth Shall Set You Free"

- Jesus of Nazareth



*Ken Ogger*

The truth shall not seek you, you must go forth and search for it. And laying hands upon it, you must clean the dirt from the gemstone, separating the wisdom from the falsity which has been encrusted around it. For mortals, when they find the divine, rarely let it soar upwards but instead surround it with their desires for wealth and power and self-righteousness.

For this you need tools.

This book is a tool kit for the seekers after



truth.

## **SELF CLEARING: INTRODUCTION AND PURPOSE**

The hardest road is the road that you walk alone.

But the bridge that you build with your own hands is the most satisfying to walk upon.

Here is a guidebook for those who would find their own way out of the trap.

This will be an introductory book in the sense that it will not assume that the reader has already engaged upon any particular course of study, but it is not really a beginners book. It will demand much of the reader and will pull no punches as far as introducing powerful and advanced concepts.

Unlike most metaphysical books, this one will include a great deal of mental exercises and techniques. The theories will be intertwined with practical actions to clear oneself of mental barriers and aberrations and to regain abilities, awareness, and recall of one's past existence. We do not have all the answers. We do not have a complete road map. But metaphysics is now going through the equivalent of the industrial revolution. I invite you to participate in the forefront of this revolution.

-----

### **Spiritual Orientation:**

If we continue beyond the withering and death of our mortal shells, then the most reasonable conclusion would be that we

live many lives. To live one life and then be fixed and frozen in position for all of eternity would not only be cruel, it would also be absurd and a waste of life-force.

If one lives again in the future, then the logical conclusion is that one has lived before as well and that some mechanism interferes with the recollection of it.

If we are immortal spirits, then there are only two possibilities, namely that we are creations, set upon our roadlike clockwork toys by a greater being, or that we are parts of the creator.

The shadows of creative power that remain to us, whether symphonies or paintings or stories, show that we do have the capabilities of creation. And the projection of our own realities within our dreams show that this creativity can be extended to the creation of material forms from nothingness.

If we create, then we are creators rather than creations. This implies that we are fragments or mirror images of God, portions of His consciousness which are trapped within the created universes.

If God made man in his own image, then that image would be bodiless for how could God be locked within a body. And that image would be capable of creating because the matter and energy within the universes does not create itself.

Furthermore, if we are part of God, then we have decayed from a godlike state, for God would not begin in a trapped condition. This tells us that the problem must be due to blockage added on rather than an inherent lack of ability. In other words, the aberrations (distortions) and inabilities are due to additives rather than things which are missing.

Before all creations, there can only be nothingness. Therefore, God must be a nothingness with the power to conceive and create. This implies that at basic there is no personality for there would be no context in which a personality could manifest. So let us put aside all personification of God and instead refer to an infinite nothingness with the potential for infinite creation.

And the creation would take place to balance the nothingness with somethingness. And thus God would be all accepting and all embrative. And from this it could be said that God is love. Not just love of goodness, but love of ALL. And the only evil would be in denying one's true nature as part of this infinite and creative nothingness.

And as shadows or fragments or children of God, we too would each be a nothingness of infinite potential, striving to create and engaging in an exchange of creations.

And our decay, at basic, would consist of denials of our true nature. Decisions to not create, not to experience, not to perceive, and not to communicate; Denials of responsibility and causation. And by our very nature, no blockage would succeed unless we ourselves created it.

## **THE DECISIONS**

For the sake of an easier road, I will ask you to make a number of decisions and adopt a number of attitudes which will aid your progress.

These are not prerequisites. If you can't

accept some of these, then carry on anyway.

These are things that I believe an advanced student will come to eventually and which will seem natural and rational to you when you are far enough along. If you can accept them now, it will act as a shortcut.

These are not absolutes, and an advanced student would apply them with understanding rather than blind faith. But in the absence of full awareness, you will be right a majority of the time if you use these rather than their opposites.

### **1. Communication**

All indications are that willful decisions not to communicate were a significant part of the original factors which caused us to deteriorate.

In any situation where you are unsure as to whether to say something or not, your best course (lacking any other reasons) would be to communicate rather than to keep your mouth shut. And if you do get in trouble for communicating, the solution is often to communicate more rather than to back down.

### **2. Confront**

Flinching at things and backing down from them leaves them free to operate against you. That which is not confronted tends to persist. That which is fully viewed tends to come back under one's control and ceases to affect one adversely.

And so it is generally better to face up to things rather than to suppress them or hide them.

### 3. Forgiveness

We have been at each others throats for a long time, in a mutually destructive tit for tat. We have taken turns for lifetime after lifetime playing good guys and bad guys. Both Jesus and Buddha saw this one and it is an important part of the road out. If you need more encouragement, then please realize that forgiving others lessens the weight of your own karma, for in forgiving them you forgive yourself as well. And we have all been around long enough to have tried every possible role and committed every dastardly deed at least a few times. The only way out is mutual forgiveness and an abandonment of vengeance and getting even.

### 4. Responsibility

At the top, responsibility means causation and control rather than blame. If you are responsible for something, it is part of your creation and if you reject responsibility and shift blame to others, it is a denial of self and an abandonment of control. In modern times people fight to avoid

responsibility, but in the early days we fought to become the one who was responsible for something, for with responsibility comes power.

### 5. Love

Love is the highest form of acceptance. Here is the way to embrace and permeate the universe and it can be used to dissolve as well as to encourage. For with love, an evil thing can be brought to fulfillment and changed so that it need no longer struggle to maintain its evil. Turning again to the wisdom of Jesus, we find "Love thy neighbor as thyself", "Love thine enemies", and "God is Love".

### 6. Wisdom

Knowledge is power. Do not be afraid to learn anything. Do not flinch from

complexity or difficulty. Learn everything you can, and do not be satisfied with the mere collection of data but strive for understanding and practical application. Always search for the reasons why that lie behind things.



*Ken Ogger was also a competent musician – here he is at the piano.*

## **7. Rightness**

Rightness is earned and comes most to those who are willing to be wrong. Never blindly cling to your own correctness and always be willing to re-examine your premises. The road out is long and complex and you will have to revise your thinking many times along the way. Be flexible and allow yourself to grow.

## **8. Viewpoints**

At basic we are all interconnected in the infinite nothingness of which we are a part. Anyone can and has taken on any role. Strive to see things from other's viewpoints as well as your own. At the top, mutually exclusive and contradictory viewpoints can be held simultaneously. Consider playing both sides of a chess game. As black one is determined that black shall win and as white one intends the opposite. One person can hold both ideas. This is the key to dissolving a game in which one has become entrapped. Furthermore, your efforts to communicate with others are best done from the context of their viewpoints rather than your own.

## **9. Life**

Do not reject life. Do not suppress all desire. Do not seek to stop all motion. As you expand, you become more alive and more in motion. You can have more things and enjoy more things. At the top it is infinite creation and the motion and the things that you have are also infinite for you can create them at will.

But do not let yourself be ruled by passions or desires. Do not allow yourself to be consumed by greed or lust. Do not become so attached to the physical that you become entrapped within it.

Broader, lighter desires lead outward. Narrow, fixated desires lead to entrapment.

Enjoy passions and desires as part of the richness of your creation, but always at your will. Do not let them dominate. You are the greater and they are the shadows that you create by choice to add interest and variety to life.

## **10. Help**

The best help is that help which eliminates the need for help. It is far better to teach someone to make money rather than to give them money, for with the one comes dependence and with the other comes greater ability and freedom.

We are in this together and there is a great need for us to help each other. But "God helps those who help themselves" and you would be wise to do the same.

Give help freely. Do not use it as a means of domination.

And most important, if you yourself wish to attain freedom and enlightenment, then guide others on the same path. The best way to learn something is to teach, and the best way to gain something is to share it with others.

## **11. Opponents**

If you are striving to be the best at something, always do it by raising your own skills and never by diminishing the



skills of your competitors. You run fastest when there is somebody in front of you setting the pace. Always be glad to have a strong competitor for it leads you towards new heights.

We are not really in competition. It is only a game. In the long run we will all be teammates together in the game of escaping from the trap.

Do not crush your opponents. You will want them around later.

## **12. Goals**

We are all capable of infinite creation. There is no shortage of resources at the top. Appearances to the contrary, we are not in competition with each other. The idea that only one will survive is false.

An immortal godlike being's greatest need is for others like himself all adding to the richness and variety of creation for that is the only way to avoid boredom and hubris. Work towards greater ability and creativity both for yourself and others.

This book is not a complete answer. It is the beginning of a long and difficult, but most rewarding road.

It is my goal to leave the reader better prepared than any past student of metaphysics. Oriented to the highest truths and the most advanced techniques, the student begins as an initiate rather than a novice.

When we introduce children to science, we do not hide the existence of chemistry or physics or nuclear energy. The entire framework is presented early. But this does not substitute for the long and detailed study needed to master these

areas. They know the law of gravity and the basic principles involved, but they are a far cry from calculating orbital insertion speeds.

Studying this book is a beginning rather than an end. -----

By working alone instead of with an expert practitioner who already knows the territory, you are constrained to moving forward in a simple and orderly series of steps, taking each action as far as you can. By doing this entire book, you will raise your ability and horsepower even though you might not completely master each step on the first time through.

You will then be in a position to go through the book a second time, taking each action further as needed. It is this second pass that will give strength and stability.

This means that you cannot count on handling any specific difficulty as you go through the book. Instead you are working for a general gain in ability with the confidence that eventually you will push through the various things that are currently bothering you.

So don't judge your progress by any specific standard such as a problem or disability that you feel should be handled. That will only lead to invalidating the real progress that you might be making. The only valid criteria for judging your progress on this route would be in terms of a broad increase of abilities with the recognition that there might be blind spots and troublesome areas that do not resolve until you are extremely far along.

In other words, this is not a therapy.

-----

Do not get stuck on the first pass through

this book. Take each step as far as you can and keep moving forward. The drills in the first chapters are in some respects the most advanced ones and are useful at higher levels. So do plan on going through the book twice, once in a light manner and again in a thorough one.

If a process seems too difficult on the first pass through the book, you can skip it and leave it for the second time through. But don't skip too much or you will find that the later chapters are too difficult or run too slowly.

Also, don't run a process if it seems really wrong to you. The most likely reason for

feeling this way is simply that it is not the right time for you to run that processes, you may need to run other things (earlier or later in the book) first. It is also possible that for you specifically, the particular process is an unnecessary action, we all have our particular areas of strength as well as weakness. And, since this edition is new and experimental, it is possible that a process is poorly worded, inadequately explained, or has other errors.

Do push yourself to overcome any laziness or reluctance to face up to things, but do not force yourself against your better judgment.

**Note:** There is now an IVY email group dedicated to "Self Clearing 2004" and it's free. To sign up via the web, use this link:

**[Http://lists.worldtrans.org/mailman/listinfo/selfclearing2004](http://lists.worldtrans.org/mailman/listinfo/selfclearing2004)**



*Ken at a garden party in L.A. In 2006.*



# Stimulate Your Spirit, Mind and Body!

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# IVy Conference 2009

**When: August 22-23, 2009**

**Where: Copenhagen, Denmark**

This annual event is still some months away and the program has not yet been finalized. We can only promise that we are negotiating with various knowledgeable speakers. There will be lectures for all participants and the opportunity to discuss subjects of special interest in the Open Space format.

Like last year, we are renting a big hall in a suburb of Copenhagen (Valby) and we need to fill it with activity, and life of individuals that are willing to contribute to the usual excellent atmosphere.

Details will be sent to you and will also be in the next issue of Ivy. Make sure to reserve the weekend for this conference. More information is also available, when it develops, from:

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Phone: (45) 45888869

Website: [IVyMag.org](http://IVyMag.org)

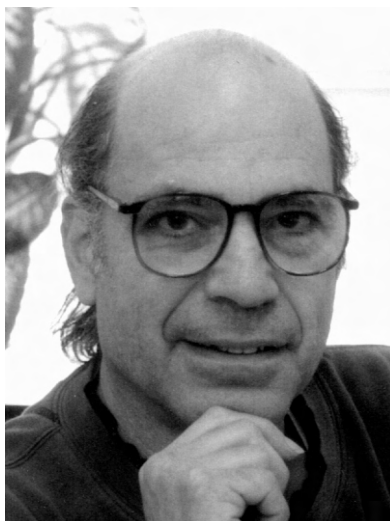


Ever get trained in *any* Clearing/auditing modality?  
 Ever dream of helping people through Clearing/auditing?  
**What happened to that dream?**

**Why aren't you using what you learned to help people?**

Do you realize that *whatever* kind of Clearing you learned ("standard," Idenics, Dianetics, etc.), and at whatever level you were trained to, you have better tools to help people ease their mental suffering and succeed in life than virtually any psychologist or psychiatrist?

Ever fantasize about doing this for a living; or perhaps just sharing your abilities with family and friends? Maybe doing a "coaudit"? What's stopping you? Chances are that a long time ago you made a decision that this dream was just not "practical", that it would never happen. Perhaps you came to that conclusion after getting only a small amount of training. Or, perhaps you stuck it out for many months or years before finally deciding that it wasn't worth the hassle.



My name is **Hank Levin**. You may have heard of me. I was the editor of *The Free Spirit Journal* for many years a magazine that was dedicated to alternative therapies, with a special focus on various modes of Clearing. I've also been involved with the distribution of Clearing biomonitors, and written several books on the subject. My personal purpose has been *the empowerment and support of anyone who has ever dedicated themselves to some aspect of Clearing/auditing*, and encouraging them to utilize what they have already acquired and not throw out the baby with the bathwater!

I know that enough people have been sufficiently trained in Clearing/auditing techniques to make an *enormous* difference in the wellbeing of people on this planet, if

they will only decide to use that training. After 45 years of involvement with Clearing about 25 of them as a professional I have a pretty good idea of what holds people back *and what can be done about it*.

If you have had any level of training in Clearing/auditing, and if you checked one or more of the items on the list above, I can help you revitalize your purpose to help others, at any level or gradient you choose. You do not have to be retrained in a new modality; you can use whatever you already learned.

If you feel you would like to explore the possibility of using your valuable, hardearned skills to help others in ways that other wellness practitioners can only dream, I want to invite you to enroll in our upcoming internetbased, interactive *Revitalize Your Purpose Webinar!*

*[Webinar a Webbased workshop or seminar that is transmitted over the Web. A key feature of a Webinar is its interactive elements the ability to give, receive and discuss information.]*

**To sign up, go/click here and fill out the application form: [www.revitalizeyourpurpose.com](http://www.revitalizeyourpurpose.com).**

This will put you on our priority notification list, and will be contacted with pertinent information on the exact time and sign-in details for the Revitalize Your Purpose Webinar. (All of your contact information will be kept strictly confidential, and never shared with anyone.)

Questions? 14154920728, [info@clearinginstitute.com](mailto:info@clearinginstitute.com)

**Here's a short questionnaire that might help to indicate what happened to that dream**

☐ Did someone convince you that you could hurt someone irreparably if you made some technical mistake?

☐ Have you felt that you could not help others until you were a lot happier with your own life?

☐ Did someone convince you that you must not do this activity without some individual's or organization's permission or certification?

☐ Did you decide that, for one reason or another, you could not do this without the support, blessings and/or certification from an organization you felt you could no longer trust or align with?

☐ Did you feel that because you had never actually attained a level of enlightenment or outrageous abilities you had been promised, you could not fairly offer to help others using Clearing/auditing?

☐ Were you so badly or unjustly handled by the purveyors and supposed "guardians" of Clearing/auditing that you no longer wanted anything to do with it?

☐ Were you so disillusioned by the insanity of some organizational executive or practitioner that you lost respect for the entire subject?

☐ Are you concerned about legal action by some organization or government entity if you were to use what you know to help